WWW. ALPHABETSOUP.WORK 619 . 405 . 3900



Text or email me the #
of the design you
want. Give me an idea
of the background color, light or dark.

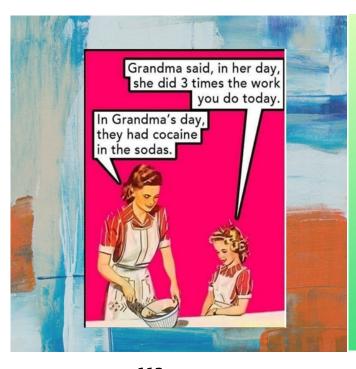
Haute Holders \$14 or 2/\$25 or 6/\$70

Made with love in a non-smoking home in Hilo, HI—these Haute Holders are made mostly of 100% organic cotton plus 3 layers of batting including a layer of Insulbrite. As me about bulk pricing.

See other handmade products at www.alphabetsoup.work or my Etsy store at www.etsy.com/shop/AlphabetSoupByDonna

Donna Nichols donnacnichols@gmail.com





Have you ever listened to someone for a while and wondered "who ties your shoelaces for you?"

I have a pretty
big ass so when I
half ass
something you're
still getting
something
impressive.

113 114 115

I didn't wear earrings for a long time and the holes closed.

Now I'm worried about my vagina.

DON'T TELL
SECRETS IN
THE GARDEN.
THE POTATOES
HAVE EYES,
THE CORN HAS
EARS AND THE
BEANSTALK.



116 117 118

LIFE is not about how fast you run or how high you climb but how well you bounce.

~Tigger





101 102 103



When I see people around my age mountain climbing, I feel good getting my leg through my underwear without losing my balance.





AT MY FUNERAL TAKE
THE BOUQUET OFF MY
COFFIN AND THROW IT
INTO THE CROWD TO
SEE WHO IS NEXT

YOU KNOW YOU'RE
GETTING OLD
WHEN A RECLINER
AND A HEATING
PAD IS YOUR IDEA
OF A HOT DATE

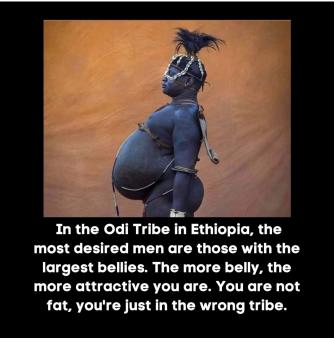
107 108 109



I don't have a bucket list but my fuck it list is a mile long



110 111 112



I LIKE TO MAKE
LISTS.
I ALSO LIKE TO
LEAVE THEM ON
THE KITCHEN
COUNTER AND
THEN GUESS
WHAT'S ON THE
LIST WHILE I'M AT
THE STORE.

I wish pets lived longer & life wasn't so expensive & cake didn't make you fat & people weren't idiots.

119 120 121

WHEN THE
POWER OF
LOVE
OVERCOMES
THE LOVE OF
POWER THE
WORLD WILL
KNOW PEACE

Whatever you do today make sure you do it with the confidence of a 4 year old in a Batman T shirt



If lots more of us loved each other, we'd solve lots more problems.

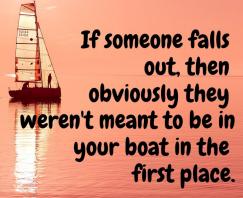
Louis Armstrong

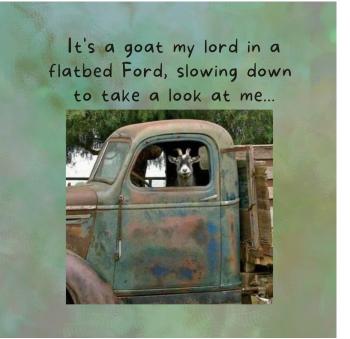


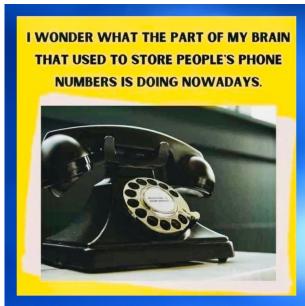
I'd rather regret the things I have done than the things that I haven't.

125 126 127

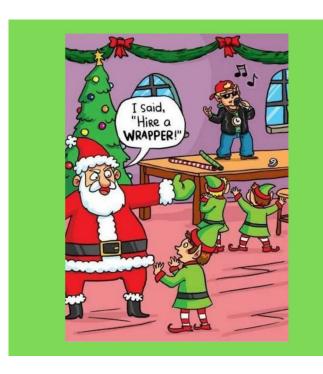
Don't be afraid to rock the boat once in a while.







128 129 130







131 132 133









The longer I live the more convinced I am that this planet is used by other planets as a lunatic asylum.

-George Bernard Shaw

IF YOU'RE GOING TO BE A SMARTASS FIRST YOU HAVE TO BE SMART, OTHERWISE YOU'RE JUST BEING AN ASS!

137 138 139

Procrastination is totally a good thing. You always have something to do tomorrow plus you have nothing to do today.

Anyone can be passionate, but it takes real lovers to be silly.

Rose Franken, author and playwright

When I see people around my age mountain climbing, I feel good getting my leg through my underwear without losing my balance.

I refuse to argue with anyone born after 1995, y'all can't even write in cursive





143 144 145

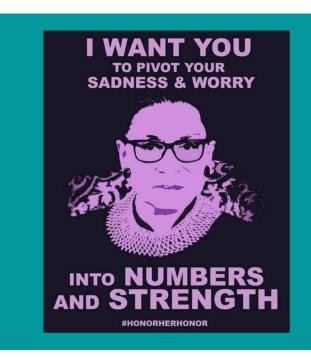
Always carry a potato wrapped in foil to a party.

It's a conversation starter: "Ever seen a lion's egg?"

A conversation avoider: "Excuse me! Hot Hot Hot!"

A conversation ender: "Just got this cyst removed. Feel how heavy!"

Always carry a potato wrapped in foil to a party.





BE THE BEST VERSION OF YOU UNLESS YOU'RE AN ASSHOLE. DON'T BE A BETTER ASSHOLE.



Sometimes I open my mouth and my mother comes out.

149 150 151

Always be the girl on the right



Whatever you do today make sure you do it with the confidence of a 4 year old in a Batman T shirt

I was led to believe that adulthood would involve more cocktail sipping and less everything sucking.

Today I'm doing nothing because I started doing it yesterday and I wasn't finished.

I'm no quitter.

I've found that growing up in the 60's was a lot more fun than being in my sixties.

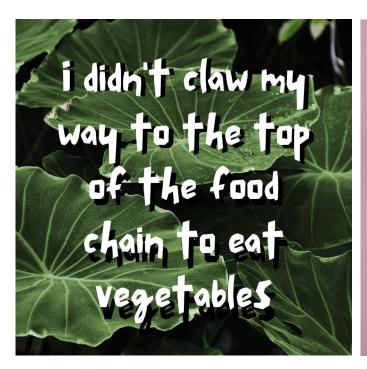
Some of us are born with the beach in our souls.

The easiest way to organize your stuff is to get rid of most of it.



If only men were as satisfying as chocolate







Imagination is more important than knowledge.

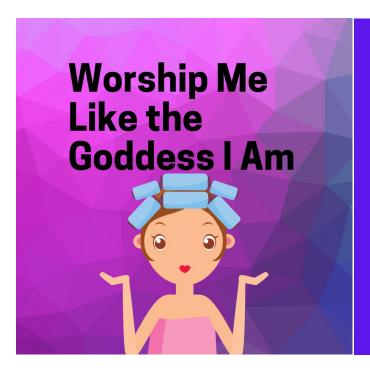
~Albert Einstein

161 162 163





Remember: The Better You Do, The More They Expect.



If I can't do it NAKED, it isn't worth doing.

I Know. I Know. I'm Fucking Fabulous.

167 168 169

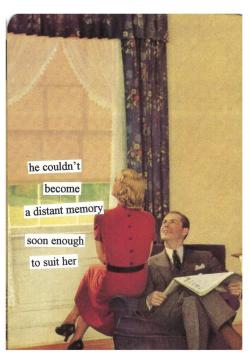
Remember: The Better You Do, The More They Expect. I'll have a Cafe'-Mocha-Vodka-Valium-Latte to go, please.

So many men, so many reasons to sleep alone

170 171 172

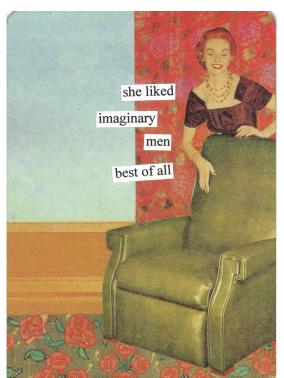






173 174 175







176 177 178

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Rose Franken, author and playwright



OF ALL THE
THINGS MY
HANDS HAVE
HELD, THE
BEST BY FAR
i & y & w

179 180 181

Mr. Rogers did not adequately prepare me for the people in my neighborhood.



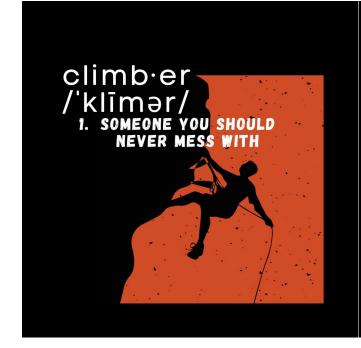




When I see people around my age mountain climbing, I feel good getting my leg through my underwear without losing my balance.

Talk with
your
racquet,
play with
your heart.

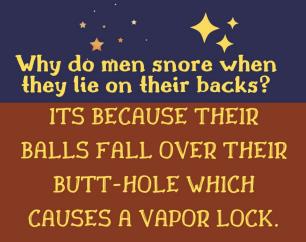
185 186 187







We do not throw away perfectly good food in this house.
We put it in tupperware until it goes bad, THEN throw it away.



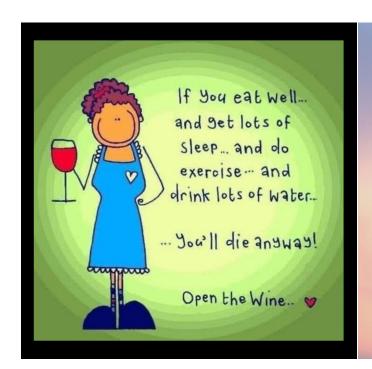
Who knows why we were taught to fear the witches, and not those who burned them alive.

191 192 193

I don't want to
brag or make
anybody jealous,
but...
I can still fit into
the earrings I wore
in high school.

I JUST FIRED MYSELF FROM CLEANING MY HOUSE. I DON'T LIKE MY ATTITUDE & I GOT CAUGHT DRINKING ON THE JOB.





BREAD IS LIKE THE
SUN. IT RISES IN
THE YEAST AND
SETS IN THE
WAIST.

I DON'T MEAN TO BRAG BUT I'M PRETTY GOOD AT WORRYING ABOUT SHIT THAT I HAVE ABSOLUTELY NO CONTROL OVER

197 198 199

WHEN I WAS YOUNG
I WAS POORL BUT
AFTER YEARS OF
HARD WORK I AM
NO LONGER YOUNG.

I finally did it!
I bought a new pair
of shoes with
memory foam
insoles so I can
remember why I
walked into the
kitchen!

LAUCHING OUT
LOUD IS FOREIDOEN
IN HAMAIT
ESCAUSS ITS
A LO HA STATE

202

I yelled "COW" at a woman on a bike and she gave me the finger. Then she plowed her bike straight into the cow.

I tried.

My Roomba just
beat me to an
M&M that fell on
the floor. I guess
this is how the war
against machines
will begin.



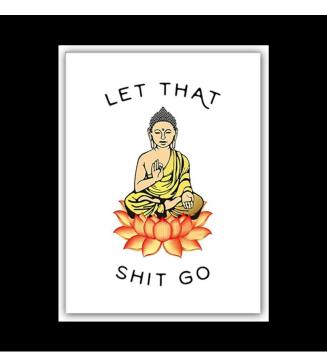
if you dont bring me a drink.... i'm gonna scream like a little fucker. just sayin

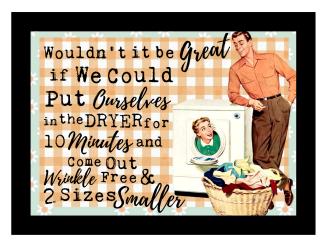
203 204 205

Why was Darth Vader always referred to as Lord Vader?
Calling him
Master Vader made all the Stormtroopers giggle.

I won't be remembered as a woman who kept her mouth shut.

I'm OK with that.









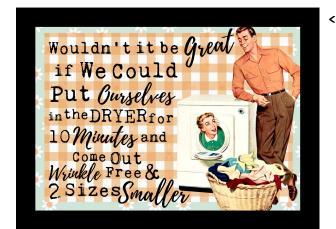
213 214 215







216 217 218->



<-- 219 220-->

To laugh often and much, to win the respect of intelligent people and the affection of children, to earn the appreciation of honest critics and endure the betrayal of false friends, to appreciate beauty, to find the best in others, to leave the world a bit better, whether by a healthy child, a garden patch... to know even one life has breathed easier because you have lived. This is to have succeeded! ~Emerson



say gay.
protect trans kids.
read banned books.
teach all history.
show love.



209 210 211

Motivational tip of the day:

Get your shit together





THE SMALLEST
DEED IS BETTER
THAN THE
GRANDEST
INTENTION.

Be Sociable
Make Lasting Connections
Keep Your Feathers Clean
Eat Plenty of Fiber
Take a Nap in the Sun
Fly High
Look Both Ways Before
Crossing the Road!

I would like to
thank my middle
finger for always
standing up for
me when I need it

215 216 217

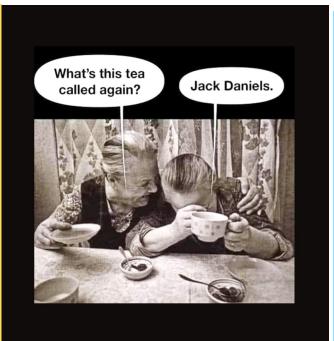
People are excited about the new iPhone but no one has caught up with the awesome technology of using your blinker when you drive.

WHEN MY
GREATEST
ACCOMPLISHMENT
IS JUST KEEPING
MY MOUTH SHUT.

Once in his life, every man is entitled to fall madly in love with a gorgeous redhead.

Until you're ready to look foolish, you'll never have the possibility of being great.

- Cher



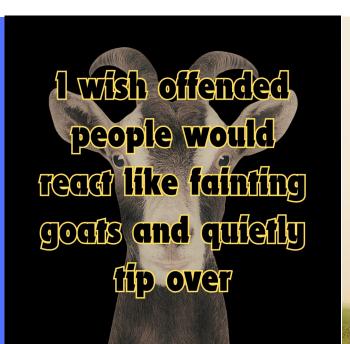
Do you ever go out and while you're out you think, "This is exactly why I don't go out"?

221 223

One minute you're happily married and the next minute you've discovered the chip bag he put away has only one chip left in it.

If a drummer comes out of retirement will there be repercussions?

I accidentally wore a red shirt to Target today and, long story short, I'm covering for Debbie this weekend. My Saturday
was going pretty
well until I
realized it was
Sunday.



Madonna is 65 and her boyfriend is 27...

Cher is 77 and her boyfriend is 35...

Ladies if you're still single just relax, your boyfriend isn't even born yet!



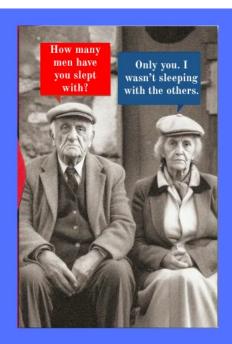
227 228 229

Today's work
from home tip:
Blowing on your
wine in the mug
will convince
your team that
your tea is hot.

All I want for Christmas is to be off the extended car warranty call list.

Silly girls. Black
Friday is for
amateurs. Real
Women shop all
the time.

I have a let to be thankful for but I'm going to give a special shout out to elastic





233 234 235

I finally know why they call me a "grown up."

I groan every time I get up.

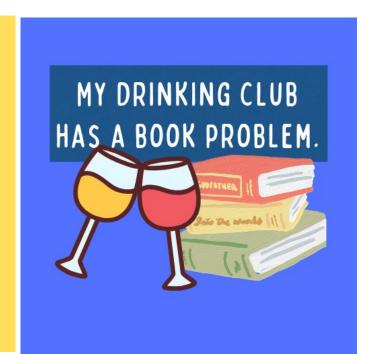
"you look so
familiar" reply with
"were we in prison
together?"
It's nearly always a
conversation ender.

My new car has a button for pretty much everything.

There's even one that says "rear wiper."

Still too afraid to try



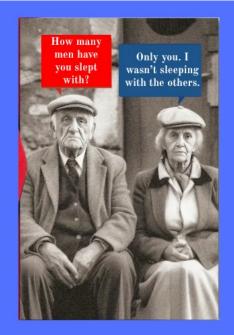


239 240 241

Adding new ideas all the time... Check back!

242 243 244







Always be the girl on the right



LIFE is not about how fast you run or how high you climb but how well you bounce.

~Tigger



Procrastination is totally a good thing. You always have something to do tomorrow plus you have nothing to do today.



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Mr. Rogers did not adequately prepare me for the people in my neighborhood.

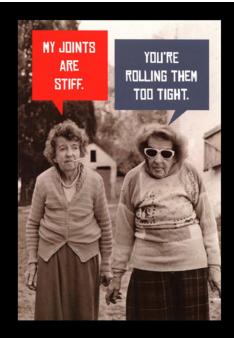
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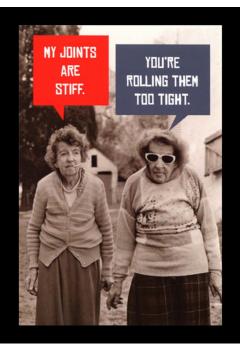
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Always be the girl on the right



I've found that growing up in the 60's was a lot more fun than being in my sixties.

The longer I live the more convinced I am that this planet is used by other planets as a lunatic asylum.

-George Bernard Shaw



In the Odi Tribe in Ethiopia, the most desired men are those with the largest bellies. The more belly, the more attractive you are. You are not fat, you're just in the wrong tribe.

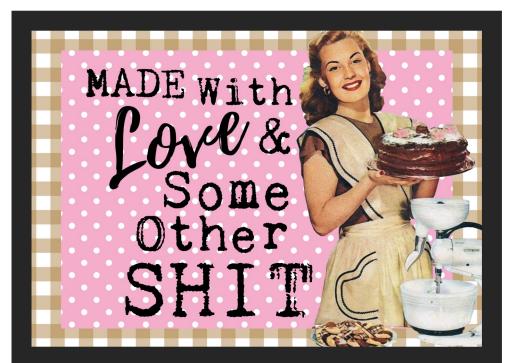
I LIKE TO MAKE
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I ALSO LIKE TO
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WHAT'S ON THE
LIST WHILE I'M AT
THE STORE.

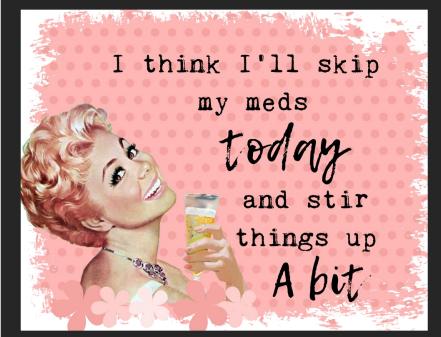


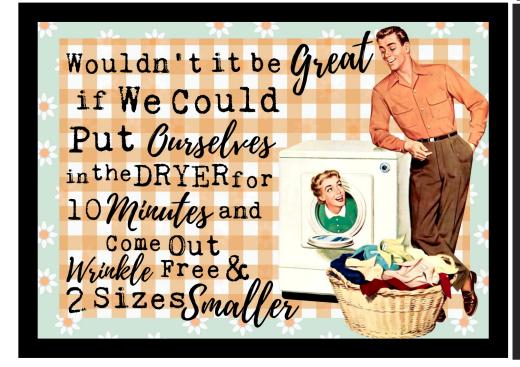
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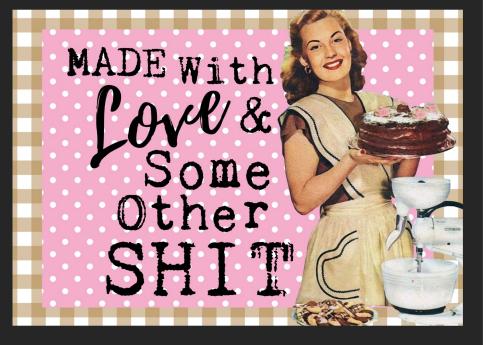


I'M HAVING FRUIT
SALAD
FOR DINNER.
WELL, IT'S
MOSTLY GRAPES
ACTUALLY.
OK, ALL GRAPES.
FERMENTED GRAPES.
I'M HAVING WINE
FOR DINNER.









Always be the girl on the right



Sometimes I open my mouth and my mother comes out.

I didn't wear earrings for a long time and the holes closed.

Now I'm worried about my vagina.

The first two husbands are just for practice





The longer I live the more convinced I am that this planet is used by other planets as a lunatic asylum.

-George Bernard Shaw

The LORD is my light and my salvation

Psalm 27:1







The LORD is my light and my salvation

Psalm 27:1



I didn't wear earrings for a long time and the holes closed.

Now I'm worried about my vagina.

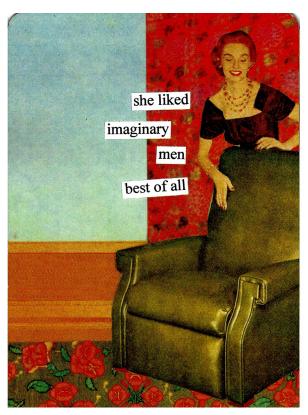




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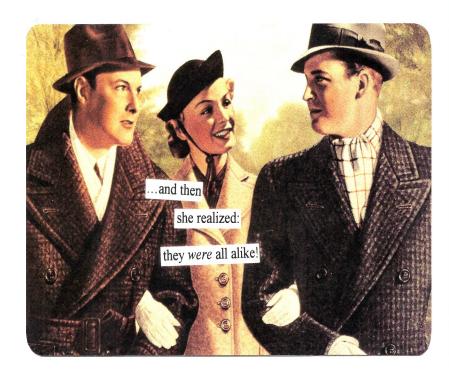
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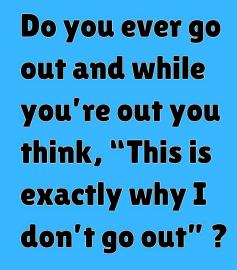


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Handmade with Love in Hilo, Hawai'i

OK to wash on cool and dry on delicate. OK to use a really hot iron with spray starch to make it less fluffy. OK to love it a lot. Enjoy.

Donna, 2024

Alphabet

Alphabet

Handmade With Love in Hilo, Hawai'i

OK to wash on cool and dry on delicate OK to use a really hot iron with spray starch to make it less fluffy. OK to love it a lot. Enjoy.

Donna, 2024



Handmade with Love in Hilo, Hawai'i

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Alphabet

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Donna, 2024

Handmade With Love in Hilo, Hawai'i Alphabet

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Donna, 2024

Handmade with Love in Hilo, Hawai'i





Prayer Quilt

I'm a little prayer quilt, to hold in your hand. To help when trouble arises those things you did not plan.

When your fingers touch the cross tucked inside, remember that God is always by your side.

Hold me tight in your fist, if it helps calm your fears; And don't be afraid to use me to wipe away your tears.

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