

## Firearm Training www.citizen-1.com

## Dot Drill Instructions

Most ranges may not allow you to draw from holster, you can begin from the Low Ready position to substitute for "Draw". The high compressed start position reduces the intention of this drill and is not suggested.

Use any caliber, it is common to use .22 due to ammo cost & hole size.

## All shots must be inside the circle, or touching the line to count.

Safety First! When returning a loaded gun to holster; if it has a safety engage it, if it is double action decock it, and always look directly at the holster when returning the gun to holster and look for any clothing obstructions that might get in the trigger guard.

- **Circle 1** Load a magazine with 5 rounds, load and make ready. Begin firing when you are ready and take your time, use a 2 handed grip.
- **Circle 2** Load a magazine with 6 rounds, load and make ready. Begin firing draw from holster or low ready when you are ready to begin and take your time, use a 2 handed grip when firing. Fire 1 shot and return to holster or low ready position, repeat 4 more times for a total of 5 shots.
- Circle 3 & 4 Load a magazine with 10 rounds, load and make ready. Begin firing draw from holster or low ready when you are ready to begin and take your time, use a 2 handed grip when firing. Fire 1 shot in circle 3 and then immediately 1 shot in circle 4 and return to holster or low ready position, repeat 4 more times for a total of 5 shots.
- Circle 5 Load a magazine with 5 rounds, load and make ready. Use only 1 hand, your normal strong hand, shoot 5 shots in a row without returning to holster or low ready between each shot. Begin firing draw from holster or low ready when you are ready to begin and take your time.
- Circle 6 & 7 Load a magazine with 20 rounds or 2 magazines with an even number each (12 & 8) totaling 20, load and make ready. Begin firing draw from holster or low ready when you are ready to begin and take your time, use a 2 handed grip when firing. Fire 2 shots in circle 6 and then immediately 2 shots in circle 7 and return to holster or low ready position, repeat 4 more times for a total of 20 shots.
- Circle 8 Load a magazine with 5 rounds, load and make ready. Use only 1 hand, your opposite or weak hand only, shoot 5 shots in a row without returning to holster or low ready between each shot. Begin firing from low ready when you are ready to begin and take your time.
- Circle 9 & 10 Load 2 magazines with 1 round each or 8 magazines with 1 round each totaling 8 rounds, load and make ready. Begin firing draw from holster or low ready when you are ready to begin and take your time, use a 2 handed grip when firing. Fire 1 shot in circle 9 then speed reload and then immediately 1 shot in circle 10 and return to holster or low ready position, repeat 3 more times for a total of 8 shots.

When you get good enough and it gets easy, or all shots are inside the circle, move the target to a longer distance. Keep moving the target to a longer distance until you just can't get 100%. Keep practicing at the longest distance you can.