Close Contact - CDC Definition

Close Contact through Proximity and Duration of Exposure: Someone who was within 6 feet of an infected person (laboratory-confirmed or a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes). An infected person can spread SARS-CoV-2 starting from 2 days before they have any symptoms (or, for asymptomatic patients, 2 days before the positive specimen collection date), until they meet criteria for discontinuing home isolation.

• **Exception:** In the **K-12 indoor classroom** setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory-confirmed or a <u>clinically compatible illness</u>) if both students <u>correctly and consistently</u> wore well-fitting <u>masks</u> the entire time.

This exception does not apply to teachers, staff, or other adults in the indoor classroom setting.

Public Health Recommendations:

Except in certain circumstances, people who have been in close contact with someone who has COVID-19 should <u>quarantine</u>. However, the following people with recent exposure may NOT need to quarantine:

- People who have been fully vaccinated
- People who were <u>previously diagnosed with COVID-19</u> within the last three months

Additional Information:

A number of factors can influence a person's risk of exposure to COVID-19, including the <u>type</u>, <u>proximity</u>, <u>and duration of their exposure</u>, environmental factors (such as <u>crowding</u> and ventilation), <u>vaccination status</u>, <u>prior COVID-19 infection</u>, and <u>mask use</u>.

Correct and consistent <u>mask use</u> is a critical step that people can take to protect themselves and others from COVID-19. However, the <u>type of masks used</u> and whether they are used consistently and correctly varies throughout the general population. Except in K-12 indoor classroom settings as described above, mask use is not considered when defining a close contact during case investigation and contact tracing, regardless of whether the person diagnosed with COVID-19 or the person exposed to SARS-CoV-2 was wearing a mask. (Note: Exposure risk in the healthcare setting is determined separately and outlined in CDC <u>guidance</u>).