

## SIWA VAATS NEWS

PUBLICATION OF THE CHEMEHUEVI INDIAN TRIBE

### DEPARTMENT LISTING

Tribal Administration 760-858-4219

Agriculture 760-858-1135

Community Center 760-858-5103

Conservation 760-464-7457

Cultural Center 760-858-1115

Education Center 760-858-1063

Environmental Department 760-858-1140

Diabetes Department 760-858-4240

Gaming Surveillance 760-858-4045

Head Start 760-858-4918

Health & Wellness 760-858-5426

Housing Department 760-858-4564

T.E.R.O. 760-858-5100

Tribal Court 760-858-4219

Havasu Landing Resort 760/858-4592

Havasu Landing Casino 760-858-4593

TRIBAL COUNCIL MEMBERS

Glenn Lodge, Chairman

Sheridan Silversmith, Vice Chairwoman

Raymond Mejia, Secretary-Treasurer

Levi Esquerra

Kostan Lathouris

Tito K. Smith

**Candice Chandler** 

Edward "Butch" Ochoa

**Daniel Leivas** 



## CHEMEHUEVI INDIAN TRIBE

Chemehuevi Indian Tribe P.O. Box 1976

1990 Palo Verde Drive Lake Havasu, CA 92363

Phone: 760-858-4219 Fax: 760-858-5400 Submit commentaries for future publications by e-mail to: exec.sec@cit-nsn.gov
Or fax to:

760-858-5401
View Newsletter online:
www.chemehuevi.org

Tribal Council
Regular Meeting
Saturday,
August 24, 2024
9:00 a.m.





## CHEMEHUEVI INDIAN TRIBEY: Regular Monthly Tribal Council Meeting

Saturday, August 24, 2024, 9:00 am Tribal Administration Building 1990 Palo Verde Dr. Chemehuevi Valley, CA 92363

## MEETING RULES

- (1) To provide for the efficient operation of the Tribal Government, the Council has adopted Ordinance No. 8-26-01-A, "An Ordinance of the Tribal Council of the Chemehuevi Indian Tribe Enacting a Tribal Code" (the "Tribal Code").
- (2) Tribal Code § 2.02.030, Open to the Public: Exception. All regular and special meetings of the Council shall be open to members of the Tribe, spouses of members, and invited guests of the Council; provided, however, the Council may hold executive sessions during a regular or special meeting, from which all members of the public may be excluded, for the purpose of considering the matters set forth.
- (3) Tribal Code § 2.02.050, Presiding Officer. The Chairman shall be the presiding officer at all meetings of the Council. In the absence of the Chairman, the Vice-Chairman shall preside. In the absence of both the Chairman and the Vice-Chairman, the Secretary of the Council shall call the Council to order, whereupon a temporary presiding offer shall be elected by the Council members present to serve until the arrival of the Chairman or Vice-Chairman or until adjournment.
- Tribal Code, § 2.02.070, Agenda. All reports, communications, ordinances, resolutions, contract documents, or other matters to be submitted to the Council at a regular meeting shall be delivered to the Tribal Secretary not later than ten (10) days preceding the meeting. The Secretary of the Council shall prepare the agenda of all such matters. The agenda and supporting documents shall be delivered to the Secretary-Treasurer by 12:00 p.m. on the Friday, six (6) business days prior to any regularly scheduled meeting to which the agenda pertains and it shall be made available to Tribal members for inspection and copying at least two (2) days prior to the regularly scheduled meeting to which the agenda pertains. Any employee of the Tribe, other than the Executive Committee, wishing to place an item on the agenda shall complete a "Tribal Council Agenda Summary" form setting forth: (1) a brief summary of the issue to be presented; (2) an estimated time for presentation; (3) the recommended solution; and (4) a recommended motion. The Tribal Council Agenda Summary shall be in a form adopted from time-to-time by Council resolution. Any item or supporting documentation submitted to the Secretary-Treasurer for inclusion on the agenda after the time periods set forth in this Section shall not be included on the agenda but shall be placed on the agenda for the next meeting, provided, however, if the Secretary-Treasurer determines that the item constitutes an emergency item then the item will be added to the agenda but will only be considered if the Council, by a majority vote, votes to hear the item. An item is considered an "emergency item" when there is a great public calamity; there is an immediate need to prepare for national or local emergency; there is a breakdown in machinery or essential service which requires the immediate procurement of supplies and equipment to protect the public health, welfare, or safety; or an essential departmental operation affecting the public health, welfare, or safety would be greatly hampered if the prescribed purchase would cause an undue delay in procurement of the needed item. When it is in the best interests of the Tribe or its members, agenda items may be added at any time at the request of any Council member, the Chairman, Tribal Administrator, or Tribal Attorney.
- (5) Tribal Code, § 2.02.080, Order of Business. The business of the Council and the order of its agenda shall be in such form as the Council may from time to time adopt by resolution.
- (6) Tribal Code, § 2.02.160, Rules of Decorum for Council and Staff. (1) While the Council is in session, the Council members shall preserve order and decorum, and a Council member shall neither, by conversation or otherwise, delay or interrupt the proceedings or the peace of the Council, nor disturb any Council while speaking, nor refuse to obey the orders of the Chairman. Council members shall not leave the meeting while it is in session without first obtaining the permission of the Chairman. (2) Tribal staff and employees shall observe the same rules of order and decorum as are applicable to the Council; (3) any person making impertinent,

- discipline, or termination of an employee; and (4) any final approval of any union or personnel contracts.

  Zoom Attendance. Meetings are available via Zoom for viewing only. Tribal members wishing to attend via Zoom must register with the Tribal Administrator in advance by contacting administrator@cit-nsn.gov. If a Tribal member has not used Zoom, they will be asked to create an account. After a Tribal member has been approved, they will receive information to attend.
- (11) Public Comments.
  - Regular monthly Council meetings are for the Council to conduct the Tribe's business and is not to be considered a public community meeting. This is an opportunity for Tribal members to make suggestions and identify concerns about matters on the agenda or other Tribal related matters.
  - Each Tribal member desiring to address the Council must fill out a "Public Comment Notice" pertaining
    to items specific to the agenda, PRIOR to the approval of the agenda. During that item on the agenda,
    Tribal members will be recognized to speak on that item in the order that their Public Comment Notices
    were received.

## <u>AGENDA</u>

- (1) Roll Call/Quorum
- (2) Meeting Rules Reminder/Housekeeping Announcements
- (3) Last Call for Public Comment Notices

If you wish to address the Council on any item on the agenda (aside from "Comments from the Audience"), please complete a Public Comment Notice, and return to the Secretary-Treasurer PRIOR to this portion of the meeting.

(4) Approval of Agenda

The Council may approve the agenda as is or with changes, as needed.

- (5) Approval of Minutes #13 July 27,2024 RCM minutes Draft
- (6) Executive Committee Reports:
  - (A) Chairman's Report
  - (B) Vice Chairman's Report
  - (C) Secretary-Treasurer's Report
- (7) Council Members' Reports
- (8) Tribal Administrator's Report
- (9) Staff Monthly Report/Financial
  - (A) Tribal Administration
  - (B) Resort
  - (C) Casino
  - (D) Hotel

slanderous, or profane remarks or who becomes boisterous while addressing the Council shall be called to order by the Chairman and, if such conduct continues, may, at the direction of the Chairman, upon approval of the Council, be ordered to leave the audience and Council Chambers for the duration of that Council meeting; (4) any such persons in the audience who engages in disorderly conduct, such as clapping of the hands, stomping of the feet, whistling, using profane language, yelling, or similar demonstrations which conduct disturbs the peace and good order of the meeting, or who refuses to comply with the lawful orders of the Chairman, upon instructions from the Chairman, with the approval of the Tribal Council, shall be requested to leave. If the person refuses, the Council shall recess, and the Chairman shall call the Sheriff to have the person removed from the meeting room.

- (7) Tribal Code, § 2.02.170 (1), Rules of Decorum for Public: Manner. Each person desiring to address the Council shall state their name for the record, state the subject they wish to discuss, state whom they are representing if they represent an organization or other person(s), and, unless further time is granted by a majority vote of the Council, shall limit their remarks to three (3) minutes. All remarks shall be addressed to the Council as a whole and not to any member thereof. No question shall be asked of a Council member or a member of the Tribe's staff without being recognized by the Chairman.
- (8) Tribal Code, § 2.02.170 (3), Rules of Decorum for Public: After Motions Are Made and Hearings Are Closed. After a motion has been made or a public hearing has been closed, no member of the public shall address the Council from the audience on the matter under consideration without first securing permission to do so by a majority vote of the Council.
- Tribal Code § 2.02.040, Executive Sessions.
  - The Council may exclude all persons from a meeting and hold a closed session to discuss or consider any of the following: (1) whether, based on existing facts and circumstances, a closed session is necessary or authorized by the Tribal Code; (2) the appointment, employment, evaluation, performance, disciplinary action or dismissal of a Tribal employee or to hear complaints or charges brought against such employee by another person or employee; (3) to confer with its negotiator prior to the purchase, sale, exchange, or lease of real property, including property held in trust for the Tribe, and to give instructions to its negotiator regarding the price and terms of payment for the purchase, sale, exchange, or lease (provided, however, that prior to the closed session, the Council shall hold an open and public meeting in which it discloses that it is meeting with its negotiator to purchase, sell, exchange, or lease real property, or properties, and the person(s) who will be negotiating on behalf of the Tribe); (4) to confer with its attorney regarding the introduction of pending legislation or to confer with or receive advice from its attorney regarding pending or threatened litigation; (5) to confer with federal, state, or Tribal law enforcement personnel to discuss an ongoing criminal investigation or to discuss matters posing a threat to the security of Tribal lands, buildings, or a threat to the public right of access to public services or public facilities; (6) to confer with its attorney or insurance agent/adjuster to discuss a pending or threatened administrative claim for the payment of private and public liability losses or workers compensation liability or an unemployment claim; (7) to confer with its negotiator over the terms and conditions of any contract proposed by any developer for the financing, construction, or operation of any economic development project proposed for the Reservation; and/or (8) to confer with the Tribe's designated representative and/or chief negotiator regarding the salaries, salary schedules, or compensation paid in the form of fringe benefits of its union or other represented and unrepresented employees and for represented employees any other matter within the scope of representation provided for in the Tribe's Tribal Labor Relations Ordinance.
  - No member of the Council, employee of the Tribe, or any other person present during an executive session of the Council shall disclose to any person the content or substance of any discussion which took place during such executive session unless the Council shall, by a majority vote, authorize the disclosure of such information.
  - The Council shall have the right during all executive sessions to have legal counsel present for the
    purposes of obtaining legal advice on any item discussed in executive session, and any employee of the
    Tribe if the employee's expertise is necessary to assist the Council in reaching a decision on the issue
    that prompted the holding of the executive session.
  - The Council shall announce publicly any of the following actions taken in an executive session and the
    vote or abstention on each issue: (1) any fiscal approval of any agreement concluding real estate
    negotiations; (2) any final approval given to its legal counsel to defend or initiate litigation or seek or
    refrain from seeking appellate review or relief, or to enter a case as an amicus curiae or to settle pending
    or threatened litigation; (3) any final approval of any personnel action resulting in the exoneration,

## (10) Board/Committee Reports/Vacancies/Applications

#32 Verner Escobar HLH/HLC Board Application #26 Alicia Adams HLH/HLC Board Application

## (11) Consent Calendar

(A) Attorney Invoices #30 Les Marston Invoice #26 Williams and Cochrane Invoices #29 David Dehnert Invoice

## (12) Action Items

## #6 Request for Resolution of support for the Designation of KW'TSAN National Monument Quechan Tribe.

Ron Escobar Recommends adopting a Resolution in support of the KW'TSAN National Monument.

## #7 Resolution opposing the Cadiz project

Ron Escobar Recommends a Resolution by Tribal Council opposing the Cadiz Project

## #20 Proposed New Gaming Ordinance

Vice Chairwoman recommends approving with changes or tabling till next council meeting.

## #21Amendment to the Employee Handbook Policy IX Drug Free Workplace SS 9.01

Vice Chairman and HR Manager are proposing amendments to the Drug Free Workplace Policy implementing mouth swab kits for pre-employment hiring and random or suspicion drug screens. We would keep the lab the tribe utilizes now for back up and contested results. Introducing this type of screen of mouth swab kits would allow the employer to conduct onsite, as well as saving money and time. Vice Chairwoman recommends more discussion and if all concerns are addressed that it be the recommendations are approved.

## #24 Approval of Enrollment Board Recommendation(s)

The Chemehuevi Enrollment Board met on August 1, 2024, and has reviewed the Four applications. These Applicants have met the following Requirements. The Board members recommend the Council approve these applications by resolution as presented.

- (13) Old Business
- (14) New Business
- (15) Comments from the Audience

- (16) Executive Session #17 Casino GM and HLC Board Discussion
- (17) Public Announcement Post-Executive Session
- (18) Adjournment

## CONSTITUTION OF THE CHEMEHUEVI INDIAN TRIBE

## CERTIFICATE OF RESULTS OF ELECTION

Under a Secretarial election authorized by Jessie Durham,	
Bureau of Indian Affairs, on June 20, 3034 the attack	ched Amendment A to the Constitution
of the Chemehuevi Indian Tribe was submitted to the regis August 25, 3034 duly adopted / rejected by a vote of	
against andcast ballots found spoiled in an election	
of the 152 members entitled to vote cast their	ir ballot in accordance with Section 16
of the Indian Reorganization Act of June 18, 1934 (48 Sta	t. 984), as amended.
	*
	South Japin Chair of the Secretarial Election Board
*	Election Board Member
	Election Board Member
	Election Board Member

Date: 8/25/24

## **BOARDS & COMMITTEES**

## **VACANCIES**

HLH/HLC BOARD (1) Vacancy
Gaming Board (1) Vacancy
Enrollment Board (2) Vacancies

Interested in serving on one or more Boards or Committees? (LIMIT 3)

Obtain your application on-line or contact the Tribal Office 760-858-4219





## **EMPLOYMENT OPPORTUNITIES**

Come Apply:

\*Planner Director \*Needed

\*HeadStart Cook \*Needed

Contact HR Monica Mcgovern,

TO APPLY FOR RESORT OPENINGS CONTACT HR DEPARTMENT @ 760-858-4592
TO APPLY FOR CASINO OPENINGS CONTACT HR DEPARTMENT @ 760-858-4593
ext. 301

TO APPLY FOR TRIBAL OPENINGS CONTACT TERO OFFICER @ 760-858-5100.



## **TERO**

TRIBAL EMPLOYMENT RIGHTS OFFICE

## WHAT DO WE DO?

- The TERO program enforces tribally enacted American Indian preference law, which ensures American Indians gain their rightful share of employment, training, contracting, subcontracting, and business opportunities occurring on or near reservations.
- The Chemehuevi Tribal Employment Rights Office (TERO), by virtue of a contractual agreement with the Equal Employment Opportunity Commission (EEOC), is authorized to interview and counsel individuals with potential employment discrimination charges. The TERO employees address draft charges of alleged violations of Title VII, file complaints with the EEOC and attempt to resolve the charge by mediation within 30 days.
  - Call the TERO Office if you are a youth worker 14 - 17 or an adult looking for a temporary job

OR

If you want to speak with someone about a discrimination issue

CONTACT

VARNER ESCOBAR TERO OFFICER

760-858-5100 DIR.TERO@CIT-NSN.GOV



## CHEMEHUEVI INDIAN TRIBE

## NUWUVI PARK USE POLICY

## FACILITY USE/RESERVATIONS

Application and Fees submitted to: Chemehuevi Administration Office: P.O. Box 1976 1990 Palo Verde Drive Havasu Lake, CA 92363 Ph: 760-858-4219

## RESERVATION POLICY AND PROCEDURES:

- Realty and Planning will assist the responsible party in completing the Park Registration Form when requested.
- Forms needed for the application will be provided by and or made available by printed copy or email, the documents needed to secure reservation.
- Persons apply will need to provide (1) check for the park fees (see fee schedule) and one (1) check for the security deposit.
- Day Use Fees are deposited with the Tribal Administration.
- Security Deposit Fees are held at the Administration office until the signed Park Exit
  form is completed after inspection. This process is to ensure the Park is left clean
  and there are no damages, following any event, and the form is submitted for
  refund.
- Attach copy of both checks to the Registration Form and place in the Park Log at the Administration office.

## PRIOR TO THE EVENT:

 Notify the Realty and Planning Office of the event, dates and times, to ensure the Park building and grounds are prepared for the Event and that the air conditioner and propane is turned on.

## FOLLOWING THE EVENT:

- Notify and schedule with the Realty Department, to complete the Park Exit Form to
  ensure the building and grounds are left clean and there are no damages.
- Attach the Exit Form from Realty Department to the Registration Form and place in the Park Log at Administration.

## CAMPGROUND/RV SITE

PARK HOURS: 8 A.M. TO 10 P.M.

## ONLY REGISTERED CAMPERS ARE ALLOWED AT PARK AFTER 10PM

With exceptions for Permitted Special Events.

## RESERVATIONS

Reservations for campsites and RV slots can be made up to six months in advance of planned arrival date for overnight lodging and day-use. Long-term RV use can range from "1 to 3 months" and will need to be arranged with the Realty Office prior to arrival. Reservations for camping and RV use within the Nuwuvi Park location are for Tribal members only.

- Check-in on your arrival date is 3 p.m. and check-out on your departure day is 1 p.m. for camping and RVs.
- A responsible person (18 years or older) must register and be a member of the party camping each night.
- Camping/RV Use must check in upon arrival, at the Realty Office M-F 8 a.m. 4 p.m.
   Arizona time. If you arrive after Realty Office hours, please call (# )
- Cancelations: Customers may cancel their reservation 3 days prior to arrival both by phone or email at 760-858-1116 or <a href="mailto:sec.realty@cit-nsn.gov">sec.realty@cit-nsn.gov</a>. A \$10 service fee will be withheld from any refund for a cancellation.

## CAMPING/RV USE:

- No more than 6 people per site and 2 vehicles per site.
- Tent-only campsites: as many tents as necessary to accommodate a single camping party are permitted within the boundaries of the site.
- Campfires are permitted in designated fire rings only.

## PARK RULES

- Discharge of firearms, air guns, slingshots or arrows are not permitted anywhere in park.
- · Radios, generators or other amplified devices may not create excessive noise.
- · Quite time is 10pm

## DUMP/SANITATION STATION FEES FOR LONG-TERM STAY

 In an effort to reduce the impact to infrastructure and protect natural resources, all long-term campers and RV users are required to pay an additional \$20 monthly fee.
 Other fees may be associated with waste disposal in accordance with the camp ground fee structure.

## PETS

- Pets are permitted but must be under immediate control of the owner, on no longer then a 6-foot leash inside park boundaries at all times.
- Unless Pet is a service animal, pets are not permitted in buildings at any time.
- · Owners are required to clean up after pets and repair any damages caused by pets.
- · Only domesticated pets are allowed inside park boundaries.

## EVENTS

Any events which are held in NUWUVI Park, must be approved by the Realty and Planning department and or Tribal Council with proper notification. This should be in accordance with all park rules and regulations.

### FIREWOOD

· Please purchase on site in order to avoid the spread of foreign insects and bacteria

## HUNTING & FISHING

- Hunting is not permitted within the Nuwuvi Park area. All other regulations for hunting are governed by the Conservation Code.
- Fishing is permitted for Tribal Members only (Tribal members are required to show ID). Guests of Tribal Members are permitted to fish from shoreline with fishing permit purchased through the Chemehuevi Conservation Department.

## FIREWORKS

Fireworks are not permitted.





## CHEMEHUEVI INDIAN TRIBE

## NUWUVI PARK REGISTRATION

## Nuwuvi Park Hours

Summer Hours 7:00 AM - 9:00 PM / Winter Hours 7:00 AM - 6:00 PM

Submit application and Fees to: Chemehuevi Tribal Administration Office: (760) 858-4219
P.O. Box 1976 1990 Palo Verde Drive
Havasu Lake, CA. 92363

## PARK REGISTRATION FORM FOR TRIBAL MEMBERS AND THEIR GUESTS



CHEMEHUEVI



INDIAN TRIBE

## BHANKS

## SEPTEMBER 13

## SEPTEMBER 14

4:30 AM NuKwi Run - Meet at Nuwuvi Park

4:00 PM Cooking Contest at the Community Center Frybread, Chili Bean, Salsa

Mens' & Womens' Horseshoes 5:00 PM

Kickhall - Warriors Field 6:00 PM

Event sign-up deadline is 30 mins. prior to event

> This is a drug & alcohol free event

Event times are subject to change

Fun Run/Walk 5:00 AM Meet at Health & Wellness

10.00 AM Volleyball - Teams of 5

Water Balloon Toss Ages 6-9, 10-15 11:00 AM Watermelon Eating Contest

Canoe Races Ages 14-17, 18+ 11:30 AM

1.00 PM Elder Games - Inside Building

1.00 PM Archery Ages 6-9, 10-13, 14-17, 18+

2:30 PM Tug '0' War Ages 10-13, 14-17, 18+

Dinner 5:00 PM sponsored by Havasu Landing Resort

7:30 PM South Image Chicken Scratch Band Tohono/Akimel O'odham

Cornhole Tournament 9.00 PM \$15 buy-in CASH ONLY

## 



NUWUVI PARK, 13251 HAVASU LAKE RD. | LOT K

VENDORS CONTACT: LENASILVERSMITH 760-858-4219 GENERAL INFORMATION:

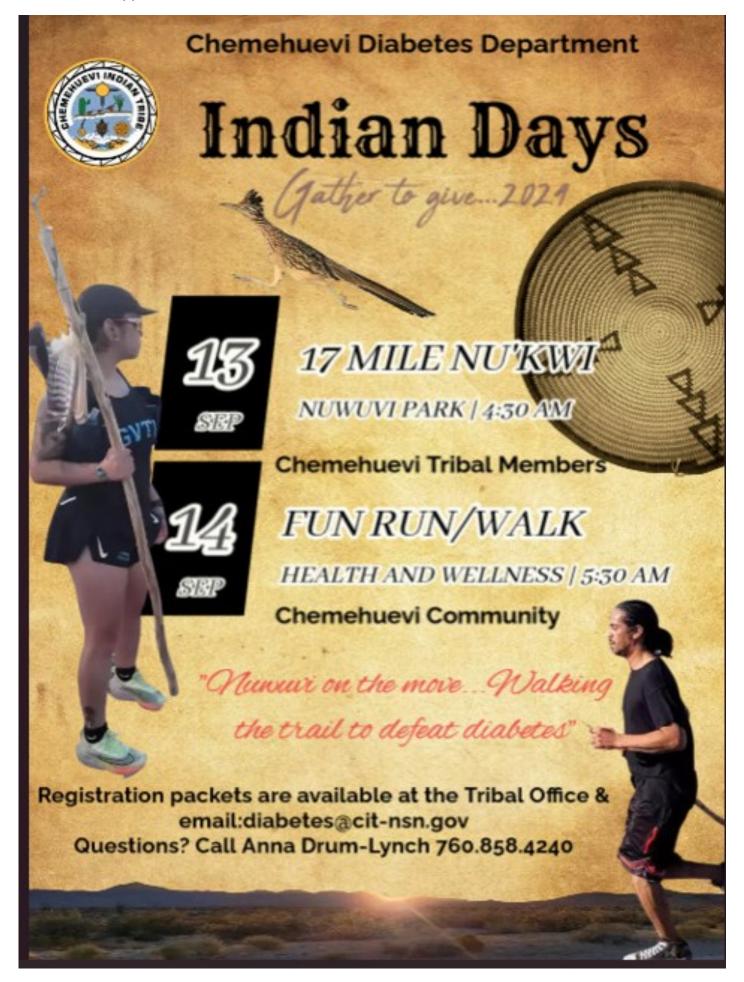
SHERIDAN SILVERSMITH 928-777-3956





THE CHEMENUEVI INDIAN TRIBE IS NOT RESPONSIBLE FOR LOST, DAMAGED OR STOLEN PROPERTY 💥

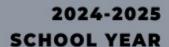








## CHEMEHUEVI TRIBE EDUCATION CENTER



Lets welcome our student's back into a new school year! Our students are onto a new chapter and new life lessons they will hold on to for the rest of their lives. As we start the new school year we will strive for ambitious and greatness within our selves.





## Welcome, Children.

I am happy you are here. We're all going to have a wonderful year

We'll Read

We'll write

And we'll sing

And We'll play

We'll Build

And we'll paint

And learn new thing's

Each Day!

-Anonymous

A new school year means new beginnings, new adventures, new friendships and new challenges. The slate is clean, and anything can happen

Denise Witmer



## **Head Start Happenings**

Chemehuevi Head Start / September 2024 Addition of Monthly Newsletter

## WHAT HAPPENED IN AUGUST:



- We have successfully started our 2024-2025 School Year on Wed. August 14th. Our Education Team is working hard to make the Home-to-School transitions as smooth as possible and are actively working to help build positive relationships within the classroom community through strong and consistent school routines.
- Transporting students from across the lake is not new to our school but is a fluid community outreach that has been a triumph this year, and our goal is to continue. Our staff work hard to keep the children happy, engaged and always learning, no matter where they are.
- Head Start staff had CPR/ First Aid training on 8/21.







-Our Annual Health Round-up was this week, Wed. 8/28. This event was open to all Head Start enrolled children. IHS conducted vision and hearing screenings, and physical and dental exams. Transportation for our LHC families was provided.

## WHAT'S HAPPENING IN SEPTEMBER:

- -Head Start will have a booth at our local Chemehuevi Indian Days Event, Sat. 8/14.
- -Head Start OPEN HOUSE is coming soon. Date TBD.

## **Chemehuevi Community Center**

\*Temporary\* Staffing Hours
Monday -Friday: 9:00am-7:00pm
Wednesday: 9:00am - 7:00pm
Saturdays: 9:00am-6:00pm

(760) 858-5103

Summer Break Hours: 9am-7:00pm

The weight room is open for community members. All participants will need to sign the Weight Room Consent & Acknowledgement Waiver. Youth ages 16 and up with a waiver on file are required to check in with staff before using the weight room. To use the weight room, all participants need to sign in.

Weight Room will remain locked at all times. All patrons of the weight room will need to check in with a Building Staff Member for access.

- Weight room has a limit of 2 teens at a time.
- No one under 16 years of age is permitted into the weight room.

The Community Center provides free meals for all youth and teens Mondays-Saturdays. Snack is served at 3:00pm and Supper is served at 5:00pm.

## August Events & Fundraisers

- Ferry boat tour to Havasu Palms"
- > Field Trip to Aquatic Center
- Field trip to Cowabunga Bay
- Summer art contest ends
- Fishing Seminar with Isac Ochoa
- Cornhole
- Back pack give away and Back to School pizza party
- Lemonade and bake sale
- San Manuel tribal youth gathering

## Community Center Welcomes Youth for Fun!





SUMMER Art Contest Winners AGES 6-12  $\underline{1}^{st}$ . Kayden Knappe  $\underline{2}^{nd}$ . JORDAN SCOTT









## COWABUNGA BAY









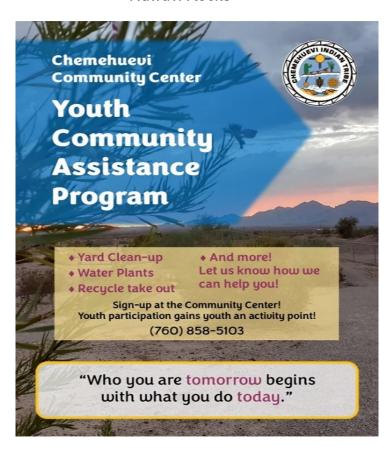
## **September Events & Fundraisers**

## Indian Days

The Community Center has started the trial-development of the Youth Community Assistance Program where youth can gain an activity point for their participation. This program was designed to teach youth how to be a helpful hand in their community by helping out their neighbors and elders with yard clean-up, recycling take out, watering plants and other projects around their home. If you are interested in this service, please stop in to fill out a community survey. Parent and community surveys are available at the Community Center, your feedback is appreciated.

The Community Center encourages parent and youth participation in fundraisers to work towards our goals. We would like to take field trips and are beginning our planning process. If there is anything you would like to see from us or would like to assist with, please stop in and let us know. We also encourage you to stop in and say hi and to join us in our activities! All events are open to our community members and families.

Follow us on Facebook!
Chemehuevi Community Center
Nuwuvi Rocks







Sun	Mon	Tue	Wed	Thu	Fri	Sat
BARONA POW WOW	BARONA POW WOW	3	4	5	6 SYCAN POWWOW	7 SYCAN POWWOW
7000 0000	CLOSED FOR LABOR DAY	CRIT LANGUAGE CLASS 5-7pm 3:30 Boat	TULE WORKSHOP 1-3:30	HEADSTART IN THE GARDEN 10:30	GATHERING OF OUR MOUNTAIN	GATHERING OF OUR MOUNTAIN
SYCAN POWWOW	9	10	11	12	13 SANMANUAL POW WOW	14 SANMANUAL POWWOW
GATHERING	Vava's	CRIT	OPEN	HEADSTART		alassassi.
OF OUR	Yaya's	CLASS 5-7pm	WORKSHOP 1-3:30	IN THE GARDEN	Chemo	
MOUNTAIN	1-4pm	3:30 Boat	1-3:30	10:30	Indian Da	ays 2022
15	16	17	18	19	20	21
SANMANUAL POW WOW	SEWING WORKSHOP 1-4pm	CRIT LANGUAGE CLASS 5-7pm 3:30 Boat	Beads Bracelets 1-4	HEADSTART IN THE GARDEN 10:30	GARDEN WALK/WORK 7-8AM	
22	23	24	25	26	27 MORONGO	28 MORONGO
		CDIT	OPEN	HEADSTART	POWWOW	POWWOW
MORONGO	Yaya's	CRIT LANGUAGE CLASS	WORKSHOP	IN THE	GARDEN	Monthly
POWWOW	1-4pm	5-7pm 3:30 Boat	1-3:30	GARDEN 10:30	WALK/WORK 7-8AM	Council Meeting
29	30		CHEMEHUEVI CULTURAL CENTER			
	SEWING		1990 PALO VERDE DRIVE			
	WORKSHOP		P.O. BOX 1979  HAVASU LAKE CA 92363			
	1-4pm		(760	))858-1115 EXT.	150	1,32





## epartment of Housing

Housing office hours are 7:30-4:00 p.m. Maintenance office hours are 6:30-3:00 p.m. Contact 760 858-4564 Recp.hsg@cit-nsn.gov

1-4 bedroom homes are available to low-income Chemehuevi Tribal Members and other Native Americans. Quail Trail 1-2 bedroom apartments are available for qualified low-income families regardless of race. If interested contact Housing for an application or you can stop by and pick one up. Keep in mind Housing does have a waiting list, it is posted in the Housing office lobby.

## FY 2024 Income Limits Documentation System

California

1 Person

3 Persons 4 Persons 5 Persons 6 Persons 7 Persons 8 Persons

**Extremely Low Income Limits** 

\$35,900 \$41,000

\$46,100

\$51,250

\$55,350

\$59,450

\$63,550

\$67,650

NOTICE: If you are not feeling well, please call Housing personnel rather than visiting the office. If you prefer not to visit the Housing office with your payments, Vanessa or Housing administrative Employees can process electronic phone payments with debit or credit cards. Housing Drop-box is also available at the front door.

We are no longer using Baron Pest Control. Bug Emergency will handle our pest control needs as of August 1, 2024. Be aware critters will come out once units have been sprayed.

New address numbers are being hung on the units. These new numbers are what you will give to 911 dispatch-

## Covid Bags

Housing Department is offering Covid bags to Community members that are affected by Covid, please call the Housing Department for info.

American Rescue Plan. Although we are currently not accepting new applications Housing continues to work on this program.

## p Coming Events

Indian Days 2024 Gather to Give

September 13-14, 2024

## Community (HIP) Meeting **Indian Housing Plan**

October 3, 2024 5pm-7pm Join us at the Community Center Home Improvement Workshop & priz-

HEAP Applications: Care Act funding available. Housing has received the new 2024 applications. Please contact Housing if you would like an application or if you need any assistance completing the forms. You will need to brin current electric bill and propone receipt, valid identification, also br security cards for household membe

A & B Propane: If you are intered Department a call, or you can call t ery is September 20

## PLEASE JOIN US!

In the Housing office Resource Center

The Department of Aging and Adult Services' Senior Information & Assistance Program staff will be available to answer questions and provide information about programs and services available to you!

## **Limit Added Sugar**

Sugar in food can occur naturally or can be added. Sugars (simple carbohydrates) are digested quickly and change to glucose as fuel for the body. Too much sugar is not good for you.



**Natural Sugar** 

Natural sugar is in fruits and naturally sweetened fruit juices, milk, and some vegetables.





Added Sugar

Added sugars are syrups and sugars that are added to foods and drinks during preparation, processing, or at the table.

Too much added sugar may contribute to health problems such as, weight gain, obesity, and diabetes.

Eating large amounts of added sugar may make it difficult to get all the daily nutrients your body needs and may cause you to consume too many calories.

## **Major Sources of Added Sugar**



## Sugar Sweetened Drinks

Sodas & Soft Drinks
Teas & Coffees
Energy & Sport Drinks
Powdered Drink Mixes
Fruit Drinks



### Desserts

Cupcakes & Muffins
Cakes & Pies
Ice Cream
Cookies & Donuts
Candy



## **Sweet Breakfasts**

Sweet Cereals
Cereal Bars
Pastries
Pancakes with Syrup
Flavored Yogurt



## Syrups and Sweets

Jams
Jellies
Chocolate Syrup
Honey
Molasses



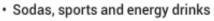
## **Reducing Added Sugar**

- Choose sugary foods and drinks less often.
- Have smaller servings of sugary foods or drinks.



## **SWAP THIS**





- · Sweet desserts
- · Candy bar
- Cookies
- Sweetened cereals

## FOR THAT



- Fruit infused water or tea
- · Fresh fruit or frozen fruit pops
- · Smoked salmon or dried meat
- · Peanut butter with celery
- Blue corn mush or cereals with less than 3 grams (g) sugar



## **Nutrition Facts**

8 Servings Per Container
Serving Size 8 fl.oz.

ue*
0%
0%
0%
0%
0%
0%
6%
0%
0%
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\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Let the Nutrition Facts Label Be Your Guide

## Check the label to see if foods are LOW or HIGH in added sugars.

- 5% Daily Value or less is LOW in added sugar
- · 20% Daily Value or more is HIGH in added sugar

In this example, the added sugar is 23 grams, and the Daily Value is 46%. This food is high in added sugar.

## The Daily Value for added sugars is 10% of total calories per day.

For example, if your daily food intake is about 2,000 calories, this would be 50 grams of added sugars.



Iron 0mg

Potassium 40mg

0%

## EPTEMBER

# Chemehuevi Diabetes Department

		13.			No.	
SATURDAY	7	Chemehuevi Indian Days 14 Fun run/walk 530am Health & Wellness	21	28		
FRIDAY	Out of 6 office	Chemehuevi Indian Days "Nu'Kwi 17 4:30am Nuwuvi Park	20	Out of 27 office		dhood Obesity Awareness Month"
THURSDAY	S.	12	Tribal Elders MTG gam-12pm-Community center	26		y Awa
WEDNESDAY	Out of 4 office	11	Chemehuevi 18 Town Hall Meeting Spm-Community Center	25		<b>Obesit</b>
TUESDAY	8	10	Healthy Cooking L7 Class 10am-1130am Community center	24		hood
MONDAY	2	6	16	23	30	"Child
SUNDAY	1	8	15	22	29	
	110	1011925		* 1	1	A STATE OF THE PARTY OF THE PAR

Anna Drum-Lynch, Diabetes Coordinator Phone: 760.858.4240 Email: diabetes@cit-nsn.gov

Diabetes Self Management Classes offered on Monday-Wednesday-Friday by appointment, Please call to schedule yours! Mawk!



## CHEMEHUEVI DIABETES DEPARTMENT



## Healthy Cooking Class

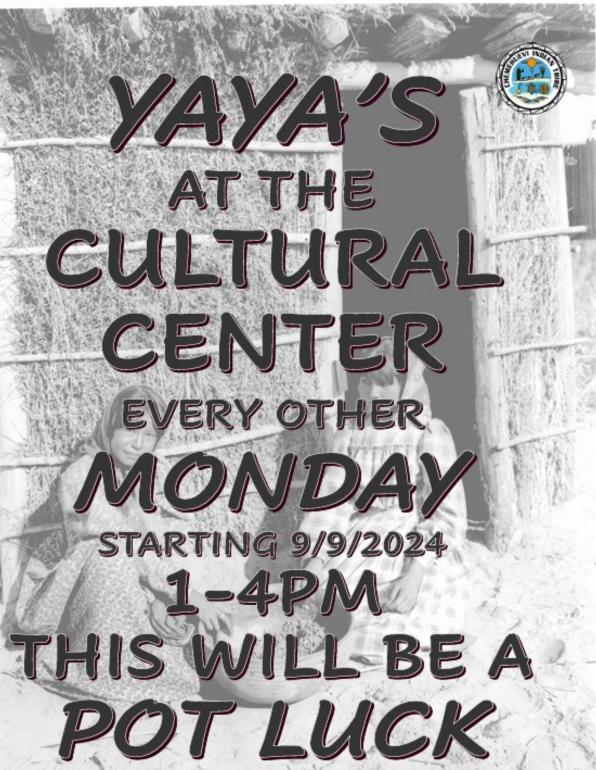
## Black tepary bean tostadas

Tuesday, September 17
2024
10 am - 1130 am
COMMUNITY CENTER

Class size is limited, You must register by September 11, 2024 to participate.

For more information or to sign up, please call

Anna Drum-Lynch 760.858.4240



BRING YOUR FAVORITE DISH.
SEW, BEAD, WEAVE, COOK

## Attention Chemehuevi Water Department Account Holder's

It is getting close to Per Capital distribution time and the Chemehuevi Water Department would like to remind you that outstanding balances will be sent for deductions. The Chemehuevi Water Department has decided to submit account holder's who owe fifty dollars (\$50.00) or more on their account, which is half of a delinquency notice. If the account is under fifty dollars (\$50.00) and the account holder would like for their outstanding amount to be deducted from their Per Cap, please call the CWD @ (760)858-5370. The deadline for the 2024 Per Capital withdrawals is Friday, October 18<sup>th</sup> 2024.



Chemehuevi Indian Tribe Code Enforcement P.O. Box 1976 Havasu Lake Ca. 92363 (760)401-4207 aco@cit-nsn.gov

Hello Tribal Members,

The weather here on the reservation is cool in the mornings dropping into the lower 70s and reaching 110 in the afternoons.

The Code Enforcement Department along with help from the Excutive Committee, and the IT Department has emplimented its digital pay for tribal permit fees. This step is huge for the department. This will allow recreational enthusist to purchase permits without visiting a tribal permit vendor. It also speeds up the fee collection process when the officers are collecting revenue.

I wanted to take this time to speak to our members about the importance of writing complaints when it comes to situations pertaining to the Code Enforcement Department. A written compliant hold more water than a verbal complaint. This starts a paper trail. This also allows the department to react to certain situations that needs immediate attention. When the department receives a written complaint, officer respond to start their investigation. This is taking photos, and writing an incident report that is attached to the complaint. If a violation has occurred a citation is issued.

Remember to becareful when driving around the reservation. The burros are everwhere. The BLM has been notified. We are waiting on thier response.

Respectfully Submitted, Frederick Rivera Chief Code Enforcement Officer



## CHEMEHUEVI INDIAN TRIBE

A MONTHLY PUBLICATION OF THE CHEMEHUEVI INDIAN TRIBE

## SEPTEMBER 2024

TRIBAL MEMBERS: WANT QUICK ACCESS TO THE NEWSLETTER!
GO ON THE WEB SITE OR ADD YOUR E-MAIL ADDRESS TO OUR
"E-MAIL NEWSLETTER DISTRIBUTION LIST". SEND YOUR REQUEST
TO: EXEC.SEC@CIT-NSN.GOV

