### 2023-2024 Proposed Athletic Programs and Clubs

Hello Trinity Families. We are excited to get back on track with an active sports/activity program. Listed below are the proposed offerings for the 23-24 School Year. Execution will depend on varying factors such as student interest/participation and availability of coaches/volunteers.

## **Proposed Sports for Grades 5-8**

#### **Fall Sports**

**Boys Soccer** – Trinity Lions - Three days per week – 1 hour to  $1 \frac{1}{2}$  hours per day Need a minimum of 14 students for a team – otherwise it will be a Soccer Club (Skills, Drills, and Scrimmages)

Girls Volleyball Club – learn skills and drills

#### **Winter Sports**

**Boys Basketball** - Three days per week -1 hour to  $1 \frac{1}{2}$  hours per day **Girls Basketball** - Three days per week -1 hour to  $1 \frac{1}{2}$  hours per day

#### **Spring Sports**

Girls Soccer - Three days per week – 1 hour to 1 ½ hours per day

**Track and Field** – 1 day per week – 1 hour per week – after school for 6 weeks Grades 3-8 – We will prepare for the Spring Field Day at Concordia Prep.

#### **Spring Boys Intramurals**

Baseball Flag Football Floor Hockey

# **Proposed Sports for Grades 1-4**

#### Fall Sports

**Soccer** – 1 day per week – 1 hour per week – after school Skills and Drills – No Games Grades 1 and 2 (Co-Ed) Grades 3 and 4 (Co-Ed)

#### **Winter Sports**

Basketball – 1 day per week – 1 hour per day (evening) Grades 1 and 2 (Co-Ed) Grades 3 and 4 (Co-Ed)

#### **Spring Sports**

**Track and Field** – 1 day per week – 1 hour per week – after school for 6 weeks Grades 1 and 2 (Co-Ed) – We will have our own race day at Trinity.