TRINITY LUTHERAN ELC MENU

January 11-15

MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15			
Cereal	Bagel	Scrambled Eggs Turkey Sausage Links	Cereal	English Muffin			
		LUNCH					
Chicken Tenders Carrots Fruit	Meatball Sub Green Beans Fruit	Hot Turkey Mashed Potatoes Lima Beans	Pizza Cucumber W/ Dip Fruit	Hamburger /Cheese Burger French Fries Fruit			
SNACK							
Goldfish	Rice Krispy Treat	Banana	Cheese It's	Animal Crackers			

January 18-22

MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
		BREAKFAST		
	Cereal	Blueberry Muffin	Cereal	Pancake
		LEWYOU		
		LUNCH		
Closed	Chicken Patty	Baked Ziti	Pizza	Hot dog
MLK Day	Sandwich	Salad	Celery W/Dip	Peas
	Fruit	Roll	Fruit	Fruit
		Fruit		
	Pretzel	Chex-Mix	Cheese It's	Vanilla Wafers

January 25-29

MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29			
Cereal	Waffle	French Toast Sticks	Cereal	Bagels			
		LUNCH					
Chicken Taco	Hot Beef	Mac & Cheese	Pizza	Hamburger/			
Corn	Mashed Potatoes	W/Hot Dog	Salad	Cheeseburger			
Fruit	Green Beans	Fruit	Fruit	Fruit			
SNACK							
Goldfish	Graham Crackers	Oranges	Apples	Oreo Cookies			



NOTES

- Low Fat White Milk, 100 % Juice & Water provided for all ELC students. Menus are subject to change without notice