TLCS School Menu September 30-November 1, 2024

Monday, Sept 30	Tuesday, Oct 1	Wednesday, Oct 2	Thursday, Oct 3	Friday, Oct 4
Cereal	Pancakes	Cereal	Waffles	Cereal
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Chicken Nuggets	Sloppy Joes	Pizza	Penne Alfredo	Burger/Ch. Burger
Homemade Chicken	Beef Tacos w/Fixin's	Mozzarella Sticks	Penne Alfredo with	Chicken Nuggets
Patty Sandwich	Mozzarella Sticks	with Marinara	Chicken	Homemade
Mozzarella Sticks with	with Marinara	Sauce	Penne Marinara	Mac/Cheese
Marinara Sauce	Sauce			
Above Served With:	Above Served With:	Above Served With:	Above Served With:	Above Served With:
Waffle Fries	Corn on the Cob	Carrots/Dip	Salad	Yogurt
Fruit	Fruit	Fruit	Fruit	Apple Slices
PB/Jelly Sandwich	PB/Jelly Sandwich	PB/Jelly Sandwich	PB/Jelly Sandwich	PB/Jelly Sandwich
w/Chips & Fruit	w/Chips & Fruit	w/Chips & Fruit	w/Chips & Fruit	w/Chips & Fruit
			Ind. Garden Salad w/Grilled Chicken served w/ Fruit	Ind. Garden Salad w/Grilled Chicken Served w/Fruit
Nachos \$1.25	Nachos \$1.25	Nachos \$1.25	Nachos \$1.25	Nachos \$1.25
				French Fries \$1.25
Pretzels	Jell-O	Apples	Goldfish	Oreo Cookies

Monday, Oct 7	Tuesday, Oct 8	Wednesday, Oct 9	Thursday, Oct 10	Friday, Oct 11
Cereal	Blueberry Muffins	French Toast Sticks	Yogurt	Cereal
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Chicken Nuggets	Homemade	Pizza	Boneless BBQ Pork	New – Large All Beef
Chicken Parmesan	Macaroni & Cheese	Mozzarella Sticks	Rib Sandwich	Hot Dog Served with
Sandwich		w/Marinara Sauce	Sliced BBQ Chicken	Baked Beans &
			Breast	Sliced Apples
Above Served With:	Above Served With:	Above Served With:	Above Served With:	
Green Beans	Celery/Dip	Cucumbers/Dip	Macaroni & Cheese	Cheese or
Yogurt	Fruit	Fruit	Fruit	Pepperoni Personal
Fruit				Pizza Served with
				Sliced Apples
Ham/Cheese	Ham/Cheese	Ham/Cheese	Ham/Cheese	
Sandwich Served	Sandwich Served	Sandwich Served	Sandwich Served	Ham/Cheese
w/Chips & Fruit	w/Chips & Fruit	w/Chips & Fruit	w/Chips & Fruit	Sandwich Served
				w/Chips & Fruit
Hot Wings Served	Field Trips Today			
with Fruit			Ind. Garden Salad	Ind. Garden Salad
			w/Grilled Chicken	w/Grilled Chicken
			Served w/Fruit	Served w/Fruit
Nachos \$1.25	Nachos \$1.25	Nachos \$1.25	Nachos \$1.25	Nachos \$1.25
				French Fries \$1.25
Cheez-it's	Nutri-Grain Bar	Chex-Mix	Bananas	Vanilla Wafers

TLCS School Menu September 30-November 1, 2024

Monday, Oct 14	Tuesday, Oct 15	Wednesday, Oct 16	Thursday, Oct 17	Friday, Oct 18
	Cereal	Pancakes	Cereal	English Muffins
TLCS and ELC Closed	Choice of: Chicken Nuggets Chicken Tenders	Choice of: Pizza	Choice of: Chix Cheesesteak Sub Steak & Cheese Sub	Choice of: Burger/Ch. Burger Homemade Mac & Cheese
	<u>Above Served With</u> : Peas Rice Fruit	Above Served With: Cucumbers/Dip Fruit	Above Served With: Curly Fries Fruit	<u>Above Served With:</u> Celery/Dip Yogurt Fruit
	Turkey/Cheese Sand. Served w/Chips & Fruit	Turkey/Cheese Sand. Served w/Chips & Fruit	Turkey/Cheese Sand. Served w/Chips & Fruit	Turkey/Cheese Sand. Served w/Chips & Fruit
	Beef Nachos Grande Served w/Fruit	Beef Nachos Grande Served w/Fruit	Ind. Garden Salad w/Grilled Chicken Served w/Fruit	Ind. Garden Salad w/Grilled Chicken Served w/Fruit
	Nachos \$1.25	Nachos \$1.25	Nachos \$1.25	Nachos \$1.25 French Fries \$1.25
	Nacho Chips/Cheese	Apples	Banana	Animal Crackers

Monday, Oct 21	Tuesday, Oct 22	Wednesday, Oct 23	Thursday, Oct 24	Friday, Oct 25
Cereal	Waffles	Yogurt	Cereal	Bagel
Choice of:				
Chicken Nuggets	Ham & Cheese Wrap	Pizza	Egg Biscuit with	New – Large All Beef
Homemade Chicken	Turkey & Cheese	Mozzarella Sticks	Bacon or Sausage	Hot Dog Served with
Patty Sandwich	Wrap	w/Marinara Sauce	Served with Home	Baked Beans &
			Fries and Fruit	Applesauce
Above Served With:	Above Served With:	Above Served with:		
Green Beans	Chicken Noodle Soup	Baby Carrots/Dip	Pancakes with	Cheese or
Apple Slices	Fruit	Fruit	Bacon, Yogurt &	Pepperoni Personal
			Fruit	Pizza Served with
PB/Jelly Sandwich	PB/Jelly Sandwich	PB/Jelly Sandwich		Applesauce
Served with Chips &	Served with Chips &	Served with Chips &	PB/Jelly Sandwich	
Fruit	Fruit	Fruit	Served with Chips &	PB/Jelly Sandwich
			Fruit	Served with Chips &
Hot Wings Served	Hot Wings Served			Fruit
w/Fruit	w/Fruit			
			Ind. Garden Salad	Ind. Garden Salad
			w/Grilled Chicken	w/Grilled Chicken
			Served w/Fruit	Served w/Fruit
Nachos \$1.25				
				French Fries \$1.25
Pretzels	Jell-O	Chex-Mix	Oranges	Choc. Chip Cookies

TLCS School Menu September 30-November 1, 2024

Tuesday, Oct 29	Wednesday, Oct 30	Thursday, Oct 31	Friday, Nov 1
Pancakes	Scr. Eggs/Turkey	Cereal	French Toast Sticks
	Sausage Links		
Choice of:	Choice of:	Choice of:	Choice of:
Orange Chicken	Pizza	Cheese Stuffed	Burger/Ch. Burger
Served w/White Rice	Mozzarella Sticks	Shells	
Broccoli & Fruit	w/Marinara Sauce		Homemade Mac &
		Meatball Subs	Cheese
Baked Ziti Served	Above Served With:	Above Served With:	Above Served With:
with Broccoli & Fruit	Celery/Dip	Salad	Vegetable
	Fruit	Fruit	Applesauce
Ham/Cheese	Ham/Cheese	Ham/Cheese	Ham/Cheese
Sandwich Served	Sandwich Served	Sandwich Served	Sandwich Served
with Chips & Fruit	with Chips & Fruit	with Chips & Fruit	with Chips & Fruit
		Ind. Garden Salad	Ind. Garden Salad
		w/Grilled Chicken	w/Grilled Chicken
		Served w/Fruit	Served w/Fruit
Nachos \$1.25	Nachos \$1.25	Nachos \$1.25	Nachos \$1.25
			French Fries \$1.25
Carrot Sticks w/Dip	Apples	Banana	Oreo Cookies
	Pancakes Choice of: Orange Chicken Served w/White Rice Broccoli & Fruit Baked Ziti Served with Broccoli & Fruit Ham/Cheese Sandwich Served with Chips & Fruit Nachos \$1.25	PancakesScr. Eggs/Turkey Sausage LinksChoice of: Orange Chicken Served w/White Rice Broccoli & FruitChoice of: Pizza Mozzarella Sticks w/Marinara SauceBaked Ziti Served with Broccoli & FruitAbove Served With: Celery/Dip FruitHam/Cheese Sandwich Served with Chips & FruitHam/Cheese Sandwich Served with Chips & FruitNachos \$1.25Nachos \$1.25	PancakesScr. Eggs/Turkey Sausage LinksCerealChoice of: Orange Chicken Served w/White Rice Broccoli & FruitChoice of: Pizza Mozzarella Sticks w/Marinara SauceChoice of: Cheese Stuffed ShellsBaked Ziti Served with Broccoli & FruitAbove Served With: Celery/Dip FruitMeatball Subs Above Served With: Salad FruitHam/Cheese Sandwich Served with Chips & FruitHam/Cheese Sandwich Served with Chips & FruitNachos \$1.25Nachos \$1.25Nachos \$1.25

The Breakfast menu is for ELC and Before/After-Care Students. The Afternoon Snack is for ELC & After-Care Students. Low-Fat White Milk, 100% Juice and Water provided for all ELC Students. Menus are subject to change without notice.

Grades K-8 and Staff will have the option to purchase the following items at an additional cost: Assorted Chips, Sun Chips, Pretzels, Teddy Grahams, Cookies, Rice Krispies Treats, Goldfish, Nutri-Grain Bars, Yogurt and Snowballs for \$1.00 - French Fries, Ice Cream and Drinks for \$1.25 "This Institution is an Equal Opportunity Provider"