

## Trinity ELC Menu July 14 - August 1, 2025

Monday, July 14	Tuesday, July 15	Wednesday, July 16	Thursday, July 17	Friday, July 18
Cereal*	Yogurt	Cereal*	French Toast Sticks*	Cereal*
Chicken Tenders Green Beans Fruit	Chicken with Buttered Noodles Fruit Vegetable	Pizza Pineapple Vegetable	Chicken Quesadilla Celery Fruit	Hot Dogs Baked Beans Fruit
Ice Cream	Nutrigrain Bars*	Pretzels	Oranges	Cucumbers

Monday, July 21	Tuesday, July 22	Wednesday, July 23	Thursday, July 24	Friday, July 25
Cereal*	Blueberry Muffins*	Cereal*	Waffles*	Yogurt
Chicken Nuggets Celery Fruit	Spaghetti and meatballs Fruit	Pizza Pineapple Broccoli	Grilled Cheese Tomato Soup Corn	Hamburger or Cheeseburger Cucumbers Fruit
Oranges	Apples	Graham Crackers	Oreos	Gold Fish*

Monday, July 28	Tuesday, July 29	Wednesday, July 30	Thursday, July 31	Friday, Aug. 1
Cereal*	Bagel w/cream cheese	Cereal*	Pancakes*	Cereal*
Chicken Tenders Corn Fruit	Scrambled Eggs Bacon Fruit	Pizza Pineapple Vegetable	Meatball Sub Fruit	Hot Dog French Fries (Corn) Fruit
Cheez-Its*	Chex Mix*	Nutrigrain Bars*	Rice Krispy Treats	Pretzels

**Low-Fat White Milk, 100% Juice and Water provided for all ELC Students.**  
**Fresh, seasonal fruits and vegetables are used when in season unless**  
**unavailable.**

**All chicken products are baked. An \* denotes a whole grain product.**

**Menus are subject to change without notice.**

**“This Institution is an Equal Opportunity Provider”**