

TRINITY LUTHERAN SCHOOL SYSTEM MENU

Week One: March 4-8 2019

Second Choice: Ham & Cheese

MONDAY 04	TUESDAY 05	WEDNESDAY 06	THURSDAY 07	FRIDAY 08
BREAKFAST				
Cereal	Waffles	Egg/Turkey Bacon Bagel Sandwich	Cereal	English Muffin
LUNCH				
Chicken Tenders Rice Carrots Fruit	Meatball Sub Green Beans Fruit	Pizza Salad Fruit	Scrambled Eggs Home Fries Turkey Sausage Links Fruit Pretzels For Sale	Hot Dog Baked Beans Fruit French Fries For Sale
SNACK				
Pretzels	Apples	Bananas	Cheese Its	Chocolate Chip Cookies

Week Two: March 11-15 Soup:

Second Choice: Turkey & Cheese

MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
BREAKFAST				
Cereal	Bagels	Scrambled Eggs Turkey Bacon	Cereal	Waffle
LUNCH				
Chicken Quesadilla Tater Tots Fruit	Taco Salad Corn Fruit	Pizza Cucumber/Dip Fruit	Ham & Cheese Wrap Carrots/Dip Pretzels For Sale	Hamburger/ Cheeseburger W/ Bacon Broccoli Fruit French Fries For Sale
SNACK				
Goldfish	Oranges	Rice Krispy Treats	Graham Crackers	Oreo Cookies

Week Three: March 18-22

Second Choice: Ham & Cheese

MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
BREAKFAST				
Cereal	Pancakes	French Toast Sticks	Cereal	Bagel
LUNCH				
Chicken Mashed Potatoes W/Gravy Green Beans Fruit	Baked Ziti Salad Roll Fruit	Pizza Carrots/Dip Fruit	Turkey & Cheese Wrap Smiley Fries Fruit Pretzels for Sale	Hot Dogs Peas Fruit French Fries For Sale
SNACK				
Apples	Banana	Chex-Mix	Cheese Its	Vanilla Wafers

MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
BREAKFAST				
Cereal	Waffles	Scrambled Eggs Turkey Sausage Links	Cereal	French Toast Sticks
LUNCH				
Chicken Patty Sandwich Peas Fruit	Spaghetti W/Meatball Salad Roll Fruit	Pizza Celery/Dip Fruit	Mac & Cheese with Ham Broccoli Fruit Pretzels for Sale	Hamburger/ Cheeseburger W/ Bacon Baked Beans Fruit French Fries for Sale
SNACK				
Goldfish	Nachos w/ Salsa	Orange Sherbet	Vanilla Pudding	Animal Crackers



NOTES

***All Lunches & Extra Items Must Be Ordered In Homeroom
No Cash Exchanged in the Cafeteria***

- *Low Fat White Milk & Fat Free Chocolate Milk for TLCS*
- *Low Fat White Milk, 100 % Juice & Water provided for all ELC students.*
- *French Fries For Sale Every Friday*
- *Soft Pretzels For Sale Every Thursday*
- *Daily Extra Items Available - \$1.00 each*
 1. *Nachos and Cheese*
 2. *Ice Cream, Sherbet, and Fruit Juice Bars*
 3. *Assorted Non-Carbonated Drinks*
- *Menus are subject to change without notice*