

# TRINITY LUTHERAN SCHOOL SYSTEM MENU

## **Week One: April 1-5 2019**

## **Second Choice: Ham & Cheese**

MONDAY 01	TUESDAY 02	WEDNESDAY 03	THURSDAY 04	FRIDAY 05
<b>BREAKFAST</b>				
Cereal	Pancakes	Bagels	Cereal	English Muffin
<b>LUNCH</b>				
Chicken Nuggets Buttered Noodles Broccoli Fruit	Meatball Sub Mix Veg. Fruit	Pizza Salad Fruit	SloppyJoe Green Beans Fruit  <b>Pretzels For Sale</b>	Hot Dog Carrots/Dip Fruit  <b>French Fries For Sale</b>
<b>SNACK</b>				
Pretzels	Nachos/Cheese	Chex-Mix	Cheese Its	Chocolate Chip Cookies

## **Week Two: April 8-12**

## **Second Choice: Turkey & Cheese**

MONDAY 08	TUESDAY 09	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
<b>BREAKFAST</b>				
Cereal	Yogurt W/Banana	Blueberry Muffins	Cereal	French Toast Sticks
<b>LUNCH</b>				
Chicken Tenders Rice Carrots Fruit	Grilled Cheese Tomato Soup Fruit	Pizza Cucumber/Dip Fruit	Scrambled Eggs Home Fries Turkey Sausage Links Fruit  <b>Pretzels For Sale</b>	Hamburger/ Cheeseburger W/ Bacon Celery/Dip Fruit <b>French Fries For Sale</b>
<b>SNACK</b>				
Goldfish	Oranges	Banana	Rice Krispy Treat	Oreo Cookies

## **Week Three: April 15-19**

## **Second Choice: Ham & Cheese**

MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
<b>BREAKFAST</b>				
Cereal	Waffles	Bagel	Cereal	
<b>LUNCH</b>				
Chicken Cheese Steak Peas Fruit	Beef –A-Roni Broccoli Fruit	Pizza Carrots/Dip Fruit	Turkey & Cheese Wrap Chicken Noodle Soup Fruit	TLCS & ELC CLOSED
<b>SNACK</b>				
Orange Sherbet	Goldfish	Nachos/Salsa	Vanilla Wafers	

**Week Four: April 22-26****Second Choice: Turkey & Cheese**

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
<b>BREAKFAST</b>				
	Cereal	Egg & Bagel Sandwich	Cereal	French Toast Sticks
<b>LUNCH</b>				
TLCS & ELC CLOSED	Ham & Cheese Wrap Cucumber/Dip Fruit	Pizza Salad Fruit	BBQ Chicken Strips Corn Fruit <b>Pretzels for Sale</b>	Hot Dog Baked Beans Fruit  <b>French Fries for Sale</b>
<b>SNACK</b>				
	Vanilla Pudding	Chex Mix	Cheese Its	Animal Crackers

**Week Four: April 29- May 3****Second Choice: Ham & Cheese**

MONDAY 29	TUESDAY 30	WEDNESDAY 01	THURSDAY 02	FRIDAY 03
<b>BREAKFAST</b>				
Cereal	Pancakes	Scrambled Eggs Turkey Sausage Links	Cereal	Waffles
<b>LUNCH</b>				
Chicken Patty Sandwich Buttered noodles Mixed Vegies Fruit	Stuffed Shells Mixed Vegies Fruit	Pizza Cucumber/Dip Fruit	Mac & Cheese w/Hot Dog Broccoli Fruit  <b>Pretzels for Sale</b>	Hamburger/ Cheeseburger W/ Bacon Peas Fruit <b>French Fries for Sale</b>
<b>SNACK</b>				
Pretzels	Bananas	Apples	Oranges	Chocolate Chip Cookies

**NOTES**

***All Lunches & Extra Items Must Be Ordered In Homeroom  
No Cash Exchanged in the Cafeteria***

- *Low Fat White Milk & Fat Free Chocolate Milk for TLCS*
- *Low Fat White Milk, 100 % Juice & Water provided for all ELC students.*
- *French Fries For Sale Every Friday*
- *Soft Pretzels For Sale Every Thursday*
- *Daily Extra Items Available - \$1.00 each*
  1. *Nachos and Cheese*
  2. *Ice Cream, Sherbet, and Fruit Juice Bars*
  3. *Assorted Non-Carbonated Drinks*
- *Menus are subject to change without notice*