

TRINITY LUTHERAN SCHOOL SYSTEM MENU

Week One: Aug. 5-9

MONDAY 05	TUESDAY 06	WEDNESDAY 07	THURSDAY 08	FRIDAY 09
BREAKFAST				
Cereal	Waffles	English Muffin	Cereal	Pancakes
LUNCH				
Chicken Patty Sandwich Peas Fruit	Scrambled Eggs Turkey Sausage Home Fries Fruit	Pizza Cucumber/Dip	Turkey Bologna Wrap Potato Wedges Fruit	Hamburger French Fries Celery/Dip Fruit
SNACK				
Goldfish	Pretzels	Chex Mix	Ice Cream	Vanilla Wafers

Week Two: Aug 12-16

MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
BREAKFAST				
Cereal	Bagel	French Toast Sticks	Cereal	Scrambled Eggs Turkey Bacon
LUNCH				
Chicken Nuggets Broccoli Fruit	Sloppy Joe Potato Wedges Fruit	Pizza Celery w/ Dip Fruit	Ham & Cheese Wrap Tater Tots Fruit	Hot Dogs Peas Fruit
SNACK				
Apples	Watermelon	Banana	Strawberries	Animal Crackers

Week Three: Aug 19-23

MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
BREAKFAST				
	Cereal	Blueberry Muffins	Cereal	Waffles
LUNCH				
CLOSED	Meatball Subs Green Beans Fruit	Pizza Carrots/Dip Fruit	Turkey & Cheese Wrap Smiley Fries Fruit	Hamburger Baked Beans Fruit
SNACK				
	Graham Crackers	Cheese Itz	Ice Cream	Oreo Cookies

Week Four: Aug 26-30**Second Choice: Ham & Cheese**

MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
BREAKFAST				
Cereal	Yogurt W/ Half Banana	French Toast Sticks	Cereal	English Muffin
LUNCH				
Chicken Tenders Broccoli Fruit	Spaghetti W/ meatballs Salad Roll Fruit	Pizza Cucumber/Dip Fruit	Grilled Cheese Tomato Soup Fruit	Hot Dog Tater-Tots Fruit
SNACK				
Goldfish	Chex mix	Apples	Watermelon	Ice Cream

**NOTES**

***All Lunches & Extra Items Must Be Ordered In Homeroom
No Cash Exchanged in the Cafeteria***

- *Low Fat White Milk & Fat Free Chocolate Milk for TLCS*
- *Low Fat White Milk, 100 % Juice & Water provided for all ELC students.*
- *French Fries For Sale Every Friday Starting 09/06*
- *Soft Pretzels For Sale Every Thursday*
- *Daily Extra Items Available - \$1.00 each*
 1. *Nachos and Cheese*
 2. *Ice Cream, Sherbet, and Fruit Juice Bars*
 3. *Assorted Non-Carbonated Drinks*
- *Menus are subject to change without notice*