

# TRINITY LUTHERAN SCHOOL SYSTEM MENU

## **Week One: July 1-5**

MONDAY 01	TUESDAY 02	WEDNESDAY 03	THURSDAY 04	FRIDAY 05
<b>BREAKFAST</b>				
Cereal	Bagel	Waffles		Cereal
<b>LUNCH</b>				
Chicken Patty Sandwich French Fries Fruit	Taco Salad Broccoli Fruit	Pizza Salad Fruit	CLOSED	Hot Dogs Baked Beans Fruit
<b>SNACK</b>				
Apple	Watermelon	Bananas		Oreo Cookies

## **Week Two: July 8-12**

MONDAY 08	TUESDAY 09	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
<b>BREAKFAST</b>				
Cereal	Pancakes	French Toast Sticks	Cereal	English Muffin
<b>LUNCH</b>				
Chicken Cheese Steak Tater Tots Fruit	Baked Ziti Salad Roll Fruit	Pizza Celery w/ Dip Fruit	Turkey/Bologna Wrap Pretzels Smily Fries Fruit	Hamburgers Green Beans Fruit
<b>SNACK</b>				
Goldfish	Nachos w/Cheese	Pretzels	Ice Cream	Vanilla Wafers

## **Week Three: July 15-19**

MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
<b>BREAKFAST</b>				
Cereal	Yogurt W/ Half Banana	Pancakes	Cereal	Waffles
<b>LUNCH</b>				
Chicken Nuggets Broccoli Fruit	Ham & Cheese Wrap Tater Tots Fruit	Pizza Cucumber/Dip Fruit	Mac & Cheese W/Ham Fruit	Hot Dog Peas Fruit
<b>SNACK</b>				
Apples	Banana	Watermelon	Oranges	Animal Crackers

**Week Four: July 22-26**

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
<b>BREAKFAST</b>				
Cereal	French Toast Sticks	Scrambled Eggs and Turkey Sausage	Cereal	Bagels
<b>LUNCH</b>				
Chicken Tenders Broccoli Fruit	Meatball Sub Green Beans Fruit	Pizza Salad Fruit	Turkey & Cheese Wrap Macaroni Salad Fruit	Hamburger French Fries Celery/Dip Fruit
<b>SNACK</b>				
Cheese Its	Graham Crackers	Chex-Mix	Ice Cream	Oreo Cookies

**Week Four: July 29- Aug 2**

MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 01	FRIDAY 02
<b>BREAKFAST</b>				
Cereal	Pancakes	Bagel Egg Sandwich	Cereal	Bagels
<b>LUNCH</b>				
Chicken W/Gravy Mashed Potatoes Green Beans Fruit	Grilled Cheese Tomato Soup Fruit	Pizza Carrots/Dip Fruit	Beef-A-Roni Green Beans Fruit	Hot Dog Baked Beans Fruit
<b>SNACK</b>				
Apples	Strawberries	Bananas	Oranges	Choc. Chip Cookies

**NOTES**

***All Lunches & Extra Items Must Be Ordered In Homeroom  
No Cash Exchanged in the Cafeteria***

- *Low Fat White Milk & Fat Free Chocolate Milk for TLCS*
- *Low Fat White Milk, 100 % Juice & Water provided for all ELC students.*
- *Menus are subject to change without notice*