

TRINITY LUTHERAN ELC MENU

Week One: August 30-September 3

MONDAY 30	TUESDAY 31	WEDNESDAY 01	THURSDAY 02	FRIDAY 03
BREAKFAST				
Cereal	Pancakes	Waffles	Cereal	Bagels
LUNCH				
Chicken Nuggets Peas Fruit	Sloppy Joe Potato Wedges Fruit	Spaghetti w/Meatballs Salad Roll Fruit	Pizza Cucumbers/Dip Fruit	Hot Dogs Tater Tots Fruit
SNACK				
Pretzels	Cheez-its	Ice Pops	Rice Krispy Treats	Oreo Cookies

Week Two: September 6-10

MONDAY 06	TUESDAY 07	WEDNESDAY 08	THURSDAY 09	FRIDAY 10
BREAKFAST				
	Cereal	French Toast Sticks	Cereal	English Muffins
LUNCH				
ELC Closed Labor Day	Chicken Quesadilla Corn Fruit	Mac & Cheese w/Hot Dogs Mixed Veggies Fruit	Pizza Celery/Dip Fruit	Hamburger/ Cheeseburger French Fries Fruit
SNACK				
	Goldfish	Chex Mix	Watermelon	Animal Crackers

Week Three: September 13-17

MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
BREAKFAST				
Cereal	Yogurt	Pancakes	Cereal	Waffles

LUNCH				
Chicken Patty Sandwich Lima Beans Fruit	Scrambled Eggs Biscuit Turkey Sausage Links Fruit	Mac & Cheese w/Ground Beef Mixed Veggies Fruit	Pizza Salad Fruit	Hot Dogs Baked Beans Fruit
SNACK				
Graham Crackers	Apples	Oranges	Bananas	Chocolate Chip Cookies

Week Four: September 20-24

MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
BREAKFAST				
Cereal	Scrambled Eggs Turkey Sausage	Waffles	Cereal	Bagels
LUNCH				
Chicken Taco Corn Fruit	Meatball Sub Green Beans Fruit	Ham & Cheese Sandwich Soup Fruit	Pizza Cucumber/Dip Fruit	Hamburger/ Cheeseburger Smiley Fries Fruit
SNACK				
Pretzels	Cheez-its	Ice Pops	Rice Krispy Treats	Vanilla Wafers

Week Five: September 27-October 1

MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 01
BREAKFAST				
Cereal	Pancakes	Bagel Egg Sandwich	Cereal	French Toast Sticks
LUNCH				
Chicken Tenders Fruit	Baked Ziti Salad Roll Fruit	Turkey/Cheese Sandwich Soup Fruit	Pizza Celery/Dip Fruit	Hot Dogs Tater Tots Fruit
SNACK				
Goldfish	Watermelon	Chex Mix	Apples	Oreo Cookies



NOTES

- *Low Fat White Milk, 100 % Juice & Water provided for all ELC students.*
- *Menus are subject to change without notice*