

TRINITY LUTHERAN SCHOOL SYSTEM MENU

Week One: August 3-7

MONDAY 03	TUESDAY 04	WEDNESDAY 05	THURSDAY 06	FRIDAY 07
BREAKFAST				
Cereal	Bagel	Scrambled eggs Turkey sausage links	Cereal	English Muffins
LUNCH				
Chicken Nuggets Mixed Veggies Fruit	Ham & cheese wrap Tater tots Fruit	Pizza Carrots/dip Fruit	Spaghetti w/meatballs Salad Fruit	Hot dogs Baked beans Fruit
SNACK				
Ice cream	Pretzels	Watermelon	Apples	Vanilla Wafers

Week Two: August 10-14

MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
BREAKFAST				
Cereal	Pancakes	Waffles	Cereal	English muffins
LUNCH				
Chicken Tenders Mixed veggies Fruit	Sloppy joes Green beans Fruit	Pizza Cucumber/dip Fruit	Turkey & cheese wrap Potato wedges Fruit	Hamburger/ cheeseburger Fruit
SNACK				
Orange sherbet	Goldfish	Chex mix	Cheese its	Animal crackers

Week Three: August 17-21

MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
BREAKFAST				
Cereal	Blueberry muffins	Bagel egg sandwich	Cereal	French toast sticks
LUNCH				
BBQ chicken Corn Fruit	Meatball sub Green beans Fruit	Pizza Carrots/dip Fruit	Grilled cheese Tomato soup Fruit	Hot dogs Peas Fruit
SNACK				
Oranges	Goldfish	Watermelon	Graham crackers	Oreo cookies

Week Four: August 24-28

MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
BREAKFAST				
Cereal	Waffles	Cereal		
LUNCH				
Chicken & cheese sub Peas Fruit	Hamburgers Tater tots Fruit	Pizza Salad Fruit	CLOSED	CLOSED
SNACK				
Chocolate chip cookies	Goldfish	Chex mix		

**NOTES**

***All Lunches & Extra Items Must Be Ordered In Homeroom
No Cash Exchanged in the Cafeteria***

- *Low Fat White Milk & Fat Free Chocolate Milk for TLCS*
- *Low Fat White Milk, 100 % Juice & Water provided for all ELC students.*
- *French Fries For Sale Every Friday*
- *Soft Pretzels For Sale Every Thursday*
- *Daily Extra Items Available - \$1.00 each*
 1. *Nachos and Cheese*
 2. *Ice Cream, Sherbet, and Fruit Juice Bars*
 3. *Assorted Non-Carbonated Drinks*
- *Menus are subject to change without notice*