

Explanation of Sweat Equity Program Due to COVID-19

UHC has expanded the eligible fitness activities for Sweat Equity Program due to the COVID19 pandemic. Please see highlighted below.

Sweat Equity Program during COVID-19

Can eligible UnitedHealthcare (New York, New Jersey) members still earn rewards for the Sweat Equity program during the COVID-19 pandemic?

Yes, eligible members may continue their participation in the Sweat Equity program. To help make participation easier during this time when many gyms have closed and organized in-person fitness classes and events have been canceled, beginning March 1, 2020 through the end of your state's declared emergency, members may record their home-based exercise activities (one per day: virtual fitness (app, video), walk, run, bike ride, home workout equipment, etc.) on their Sweat Equity reimbursement form.

We are temporarily waiving the following program requirements, which would not apply to home-based exercise activities:

- submission of documentation supporting the cardio benefits of the equipment, class, facility or event used by the member;
- receipts for fitness-related expenses incurred;
- facility/instructor attestation as a qualification for reimbursement of eligible exercise-related expenses.

When recording home-based workouts on the reimbursement application (claim form):

- Under **Fitness Events, Facility Visits and Classes**, indicate "home" for **Session Type** or leave blank;
- Under **Fitness Event, Class, Session, Facility Information**, indicate "home" for **Organization name** or leave blank;
- Under **Fitness Facility/Instructor Information**, indicate "home" for **Facility employee/Class instructor name** or leave blank.

All other program requirements will continue to apply:

Record the 50 fitness dates that you went in a six-month period.