## **Our Principles**

# Whānau Ora (community wellbeing) begins with you.

Whānau /family is the heart of the people, it is the foundation on which our country thrives. It is about reaffirming a sense of self-belief. It encompasses:

Manaakitanga: aroha, respect ... Rangatiratanga: leadership ... Whanaungatanga: social connections ... Kotahitanga: unity ... Wairuatanga: spiritual existence .... Mana Whenua: where you belong ... Kaitiakitanga: quardianship ... Whakapapa: links to ancestors ... Te Reo Rangatira: learn Māori language ... Pūkengatanga: higher learning ... Whirinakitanga: support and trust ... Whakapono: belief in yourself ... Tūmanako: hope ...

Nau mai, haere mai welcome

#### **TE WHARE KOHA**

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Join us on Facebook
TeWhareKohaHighbury

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If we continue to pull people out of the river we need to go up river and find out why people keep falling in.

- Desmond Tu Tu

## Te Roopu Oranga o Highbury Charitable Trust

# TE WHARE KOHA



A place for people, by the people, building our ability to find our own solutions

Supporting Highbury community spirit

## HE WAKA EKE NOA

A canoe which we are all in with no exception

### Our Kaupapa Vision

#### The Trust is committed to :

- Provide a community driven and independent organisation to improve the health and wellbeing of the Highbury community and surrounding suburbs
- 2. Work with other agencies, including health, social development, justice and housing, to improve the wellbeing of whānau in our community
- Use the guiding Whānau Ora values and principles to benefit all people in our community
- Enhance the knowledge and skills of whānau to better enable them to overcome health and social issues
- Assist whānau to contribute to and participate in local government projects and other initiatives that are whānau led and driven to combat poverty
- 6. Respecting and recognising with its practices the dual heritage of the partners of Te Tiriti o Waitangi

# Te Whare Koha

is a place to:

- Develop solutions for community issues
- Learn new skills and share the skills and experience you have
- Improve access to the right service
- Share what's' happening in our community & how to improve things
- Develop initiatives that build our health and wellbeing
- Volunteer your support and gain work experience within the community
- Find peer support and develop skills
- Be involved in community development
- Be a voice and kaitiaki for the community

## Volunteering

We are always recruiting new volunteers to work at Te Whare Koha and on community projects. What are we doing?

What we can help with

A Koha shop (Free food, clothing, shoes & household items) open Monday to Friday 9.00am - 12 noon.

- Transport support to Health & Social services for Highbury residents (contact us for requirements)
- Transport to Just Zilch for Highbury residents Monday to Friday at 2.00pm (Contact us via messenger, email or phone to book)
- Information, advice & peer support
- Connecting people to the right support
- Free community phone

## Donations

Donations can be delivered during open hours. We accept almost anything - clothing, shoes, homeware, home decor, toys, bedding, kitchen ware, unopened food, makeup, toiletries, nappies.

#### Some donation maybe used for fundraising.

Donations not accepted: damaged or stained clothing, odd shoes, broken small appliances, old TVs, old computers/modems, beds/mattresses, large furniture that cannot fit in our free shop, rusty pots & pans, rubbish.