

Holy Communion for Marthoma Lay Assistants

with Illustrations

D1 – Deacon with incense

D2 – Deacon who will read the epistle

D1/D2 check

- ***The gospel/epistle portion is book marked***
- ***Have updated names of the Bishops***
- ***Offertory Bags are ready***
- ***Mic is working, Lights are on***
 - ***Mic is placed so that Deacons stand two feet behind achen
(so that both D1 and D2 can get visual cues from achen.***
- ***Song numbers are given to achen***
- ***Those who are assigned for Bible reading are ready***

-10 mins : D1 lights coals (1 coal tablet)

- 5 mins : Achen Prays with deacons, bible readers and choir

Opening Hymn

Achen makes the call and announces the song

Crown Him with many crowns
The Lamb upon His throne
Hark how the heavenly anthem drowns
All music but his own

Bible Reading

D1/D2 helps achen with vestments

***D1 get fresh incense from Achen and then hands the censer to Achen
Achen prays with Deacons***

2-Kings-23:1-9

Rev 1:1-9

Service start

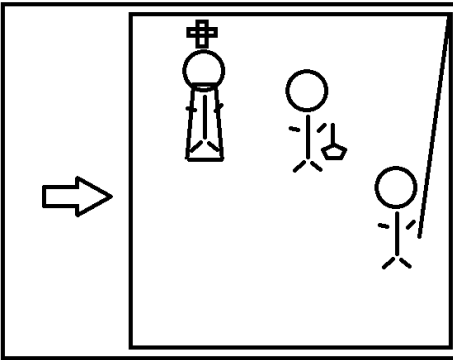
***D1 receives the censer from achen
D2 lights candles***

P: In your light we see the light, Jesus,
full of light
It's your light that shines upon our world,
light our minds

May your light reveal the sin
in our hearts
As we humbly pray, in spirit and truth

C: Pure and holy One who dwells on
high, in mansions of light
Cleanse our hearts and souls,
we lift them up, unto You

D2 opens curtain/veil



Grant us purity of thought and mind,
That our prayers may rise, up to You
The Ante-Communion

As Achen turns to face the congregation D1/D2 face the achen (not the congregation)

P: O Lord Jesus Christ, born of Mary, baptized by John,
have mercy on us.

C: We magnify You,
O Lord our king,
only begotten Son,
Word of the Father,
Lord Jesus Christ,
Immortal in Your nature,
who was born of the Virgin Mary,
for the life and salvation of mankind

Without change of nature
You became the Son of Man
and were crucified for us,
thus trampling death under foot,
and destroying it for ever

You are One in the Holy Trinity,

and are worshipped and glorified
equally with Your Father
and Your Living and Holy Spirit.
Have mercy upon us. Amen

D1 receives the fresh incense from achen

P: Holy art thou, O God

C: Holy art thou, Almighty Lord.

P: Holy art thou, Immortal Lord.

C: O thou that was crucified for us †,
have mercy upon us. (3x)

P: Lord have mercy (2)

C: Lord have mercy (2)

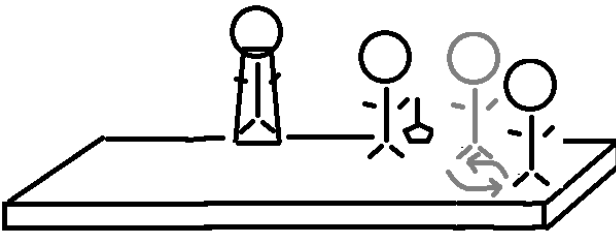
All: Lord have mercy

P: Lord God, fill us with essence of
Your holy Gospel,
the teachings of the Apostles,
the riches of Your
divine wisdom, and the gift of Your
Holy Spirit.

Enable us to obey Your commands gladly
and to fulfill
Your holy will perfectly.

C: Amen

D2 turn to face the congregation and reads the Epistle, D1 Remain facing East



D2 : From the epistle of 1 Pet 1:13-25

C: Praise to you, O Lord of the apostles, O Lord, grant us grace to discern your word.

D2: Reading of the Epistle

After the reading D2 turns around as he/she is saying the following

D2 : Hallelujah, hallelujah.

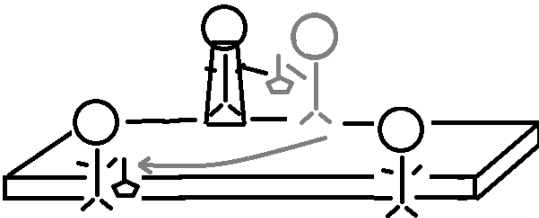
Offer sacrifices of praise to the Lord;

Come and worship in his holy courts.

C: Hallelujah

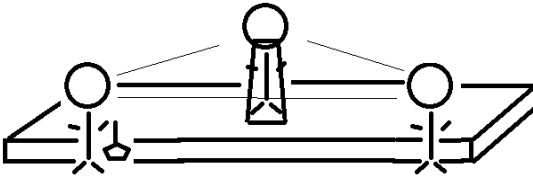
D1 receives incense and walks to the left, lower stage while chanting the below passage.

D2 moves to the right, lower stage



D1: Brothers and sisters, let us stand in silence awe and reverence and listen to the proclamation of the living Word of God from the Gospel of our Lord Jesus Christ.

C: Amen



P: Peace be with you all †

C: May the Lord make us all worthy to listen to His Word

P: The Holy Gospel of our Lord Jesus Christ, which proclaims life and salvation to the world, as recorded by the Evangelist <Gospel>

C: Blessed is He that has come and will come again.
Praise to the Father
who sent Him for our salvation.

May his blessings be ever upon us.

P: In the days of Jesus the Christ,
our Lord and Savior,
the Word of life,
God incarnate of the
Blessed Virgin Mary,
He taught in this manner /
it happened in this way.

C: So we believe and affirm

Reading of the Gospel

~~St. Matt 9:35-38~~

P: Peace be with you all †

Achen turns around and Deacons return to their positions

C: And also with you.
We thank you, Lord,
that you have given us your gospel
which is indeed the light of the world, that we may be drawn closer to you.

Enable us by your grace
to praise you
through the living words of your gospel.

Promeon

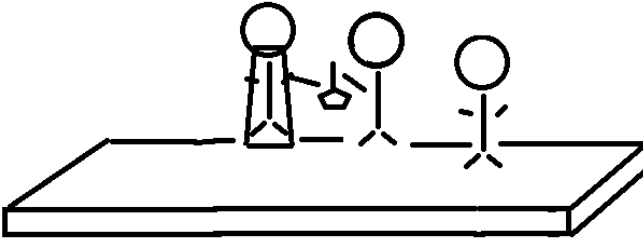
P: Let us pray to the Lord for His
blessings and mercy

C: O Lord who is the source of all blessings, help us and bless us.

P: O Lord, help us continually to
offer praise and thanksgiving
to You. To Him who absolves us
from our debts and pardons our
sins; To Him who receives the
penitent and rejoices
in the return of sinners;
To Him who has promised,
Call and I will answer;
knock and I will open and stretch
forth My hand to pardon your
sins and iniquities;
to Him belong
glory and honor and worship at this
time and all the days of our lives.

C: Amen.

D1 gets incense



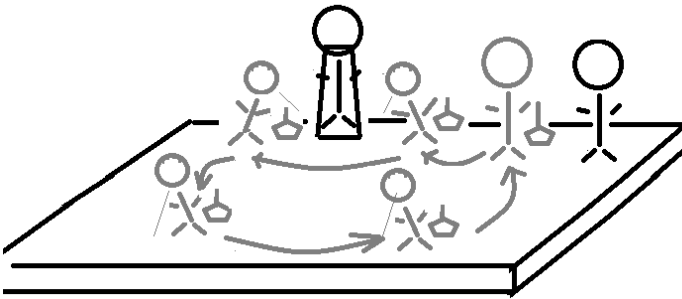
Sedra

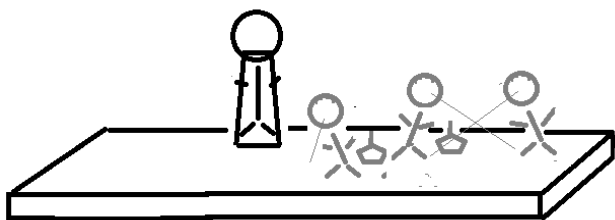
P: Let us pray to the Lord for His blessings and mercy

C: O Lord who is the source of all blessings, help us and bless us.

P: Almighty and glorious Lord,
save us from the vile of the evil one.
Lord, in Your grace and mercy,

***D1 bows to:
altar right
Altar left
Congregation Left
Congregation right
D2***





You took flesh of the Blessed Virgin Mary
and became human. Lord of Lords,
do not banish us from
Your presence and from the company
of the angels who continually praise Your holy name and proclaim aloud
that the Lord God is holy.
Show us the way of life and salvation
so that we may persevere to
attain Your glorious kingdom.
Lord Jesus, look upon us with
the eye of mercy. Save us from
our enemies and all that would hurt us.
Protect us in the shadow of Your cross
Lord Jesus, save us from
all deceit and greed. Save us
from all evil thoughts, defilement
and blasphemy. Lord Jesus, make us
to rejoice with all the children of
Your Kingdom.
To You and to the Father
and to the Holy Spirit, we ascribe all
praise and thanksgiving now and forever.

C: Amen.

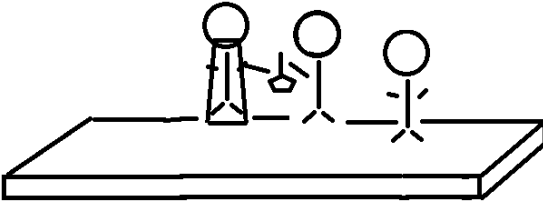
P: O Lord God, who makes the sinner
righteous, pardons our sins and makes
us holy, blot out all my sins.
Through Your loving mercy, good
Lord wipe away the sins of all believers
O Lord God, in Your mercy and goodness,
remember us, our parents, brothers and
sisters, our bishops, clergy, deacons,
evangelists, Social workers and teachers of the faith
and all faithful children of Your
holy and glorious church. Lord God,
comfort us in body, mind and spirit.
Shower Your mercy upon us

Be the remission of our sins.

Make us all worthy of the good
end that is set for all children of peace.
To You, we offer praise and thanksgiving
forever and ever.

C: Amen

D1 gets incense



P: Weak and sinful as we are, let us
confess and together say,

P: Holy is the Holy Father.

C: Amen

P: Holy is the Holy Son.

C: Amen

P: Holy is the living and Holy Spirit.

C: Amen

D: Wisdom cries aloud let us stand in reverence and affirm together.

Nicene Creed

P: We believe in one true God,
the Father Almighty,

C: Maker of heaven and earth

D1 hands censer to achen

and all things visible and invisible.

We believe in one Lord Jesus Christ,
the only begotten son of God,
begotten of the Father
before all the world.

Light of Light,

very God of very God,

begotten not made,

being of one substance with the Father, by whom all things were made;

who for us and for our salvation

came down from heaven

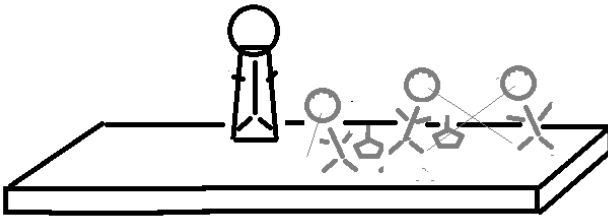
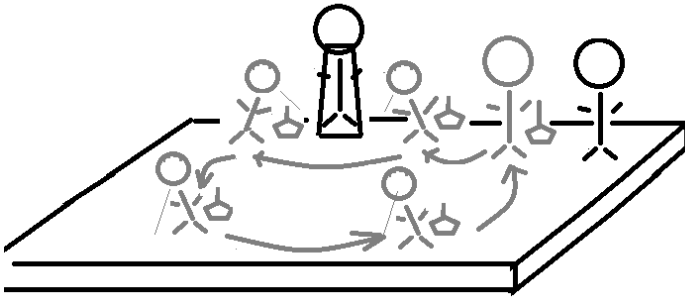
and was incarnate by the

D1 receives censer from achen

Holy Spirit of the Virgin Mary,

and was made man

**D1 bows to:
altar right
Altar left
Congregation Left
Congregation right
D2**



He was crucified also for us
in the days of Pontius Pilate,
suffered and died
and was buried.

The third day He rose again
by his Father's Holy will,
ascended into heaven
and sits at the right hand of the Father.

He will come again with glory
to judge both the living
and the dead
and of his Kingdom
there will be no end.

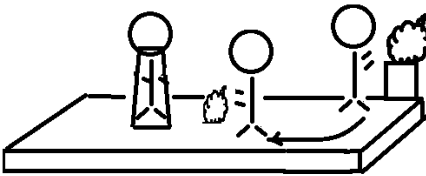
We believe in the Holy Spirit,

the Lord and giver of Life,
who proceeds from the Father,

who with the Father and the Son together is worshipped
and glorified,
who spoke by the prophets
and apostles

We believe in one, holy,
catholic and apostolic Church;
we acknowledge one baptism
for the remission of sins

and look forward
to the resurrection of the dead
and the new life of the
world to come.
Amen.



Birthdays and Anniversaries (D1 hands basket to Achen)
Offertory (D1 hands offertory bag to achen)

Optional : Move podium to the center

Deacons to go and sit with congregation

Sermon

Confession

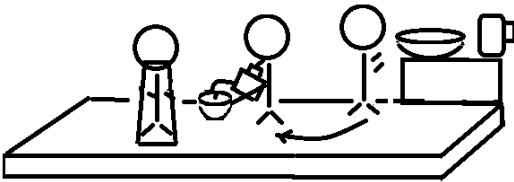
All: I confess that I have sinned against you, O Father,
Son and Holy Spirit, in thought, word and deed.
I am sorry with all my heart for these my sins.
I believe in Your promise that you will receive
all those who truly repent. O Lord,
who is merciful and full of grace accept me,
even as you accepted the publican, the woman who was a sinner,
and the thief on the cross.
Comfort me with the consolation of your word.
O Lord, grant that your holy Body and Holy Blood,
in which I now partake, may redeem me from judgement
and condemnation and bring me to life and wholeness,
Amen.

P: May God Almighty be compassionate to all of you,
who have truly confessed your sins.
God has freely forgiven your sins,
to make you worthy to partake in this Holy Communion
C: Amen

Deacons to head back to the altar

Absolution

D1 washes achen hands and provides towel



D1/D2 Turn to achen when Achen face the congregation

Communion

P: Dearly beloved,
pray with me that this service
may be acceptable to the Lord.

C: Lord, we humbly knock at Your
door. We have come to Your house,
and we pray for Your blessing.
Sanctify Your servants by Your truth

.O Lord hear and answer the prayers of Your people.
You have promised that where
two or three are gathered in
Your name, You will be in our midst

.We pray that You send us the gift of Y
our Holy Spirit, to make His dwelling in us,
Your people, as he dwelt in the Apostles.

Prayer of Peace

P: O God and Lord of all,
make us worthy
to greet one another with the
Kiss of Peace, freed from insincerity
and united in love
To you, O Father,
and to your only Son
and to your Holy Spirit
we give you praise and glory,
now and forever.

C: Amen

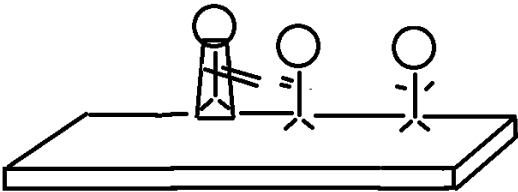
P: Peace be with you all.

C: And with you also.

**D1: In the love of our Lord,
let us greet one another in Peace.**

***D1 Put the book on the altar
D2 Put the book on the shelf***

***D1 accept kiss of peace from achen and pass to D2.
D1 and D2 pass kiss of peace then to congregation.***



C: May the love and peace of our
Lord Jesus Christ
abide with us for ever.

**D: Brothers and sisters, having received this
holy and divine peace,
let us bow our heads before the merciful Lord.**

C: Gracious Lord,
we bow before you.

P: Merciful Lord,
you dwell on high,
yet condescend to look upon things
that are lowly; bless now those
who have bowed their heads
in your presence.
with the grace of your
only Son â with whom and with the
Holy Spirit you are worthy of all
praise and glory,
now and forever.

C: Amen

**D: Brothers and sisters,
let us participate in this Holy Qurbana
which is now offered, with commitment,
reverence, humility, purity of heart,
love, true faith and devotion
To God the father,
to whom all things belong,
is offered this sacrifice of grace,
peace and praise in a spirit of unity
and concord**

The First Blessing

P: The Love of God the Father †
the grace of the only begotten Son †
and the communion and abiding presence of the Holy Spirit †
be with you all, dearly beloved, forever.

C: And with you also.
P: May our hearts be with Christ on high.

C: Our hearts truly are with the Lord.
P: To sing praises and worship
the Creator of all things.

C: Assuredly is good and right.
P: Who is adored by the heavenly hosts,
Sun and moon and all the stars,
the earth and seas and
all that dwell there,
Angels and archangels,
thrones and powers, Cherubim and Seraphim, ever proclaiming;

C: Holy, Holy, Holy, is the Lord God Almighty,
Heaven and earth are full of His glory Hosanna in the highest
Blessed is he who has come
and is to come again in the name of the Lord; Hosanna in the highest.

Consecration

P: When the sinless One,
of His own will,
chose to suffer death for us sinners,
He took bread in His holy hands.

C: Bless, O Lord
P: He gave thanks, blessed,
sanctified, and broke it and gave it to his apostles saying
Take, eat, this is my body given for you. This do in remembrance of me

C: Amen.
P: In the same manner, He took the cup.

C: Bless, O Lord.

P: He gave thanks, blessed,
sanctified, and gave it to
his apostles saying,

Drink this all of you,
this is my blood of the new covenant
which is shed for many for the
forgiveness of sins

C: Amen.

P: Thus, as often as you eat this bread
and drink this cup,
you proclaim the Lord's death until He comes.

C: O Lord, we remember Your death. We celebrate
Your resurrection and we await Your second coming.
May your blessing rest upon us all.

Anamnesis

P: O Lord, we remember your death,
burial and resurrection,
your ascension and look forward
to Your second coming to judge the
world in righteousness and truth.
we offer this service and sacrifice entreating You,
not to deal with us according to our sins,
but according to Your own abundant mercy, and saying:

C: Have mercy upon us. O Lord our God,
we give thanks to You, we glorify You,
and we worship You. O Source of all goodness,
have mercy on us and bless us.

P: Answer unto us O Lord,
Answer unto us O Lord,
Answer unto us O Lord
By Your grace, have mercy upon us

C: Lord, have mercy (3)

Epiclesis

P: May the Holy Spirit
sanctify this bread that it may be the body of our Lord Jesus Christ.

C: Amen

P: May the Holy Spirit
sanctify the wine in this chalice
that it may be the blood of our Lord Jesus Christ.

C: Amen

P: O Lord, sanctify
the bodies and souls of
those who receive these gifts
that they may bear fruit for the stability
of your holy Church.

Establish ever firmly your holy Church founded on the rock of faith,
against which the gates of hell shall not prevail,
.and preserve her to the end
from strife and error.

To you, with the Son and the Holy Spirit, we will offer praise and thanksgiving
both now and forever.

C: Amen

The Great Intercession

**D: Look with mercy, O Lord,
on your holy Church throughout
the world, on all bishops
who bear burden of leading
and guiding her, especially our father in God
The Valiya Metropolitan,
The Metropolitan,
the moderators of CSI and CNI,
Archbishop of the Anglican Communion,
our Diocesan Episcopa,
other bishops,**

[the proper names can be said after each title],

**priests, deacons, evangelists,
faithful members of our church and seekers of the faith.**

**Lord, we remember all who exercise authority
in various countries, especially
in this country. Give to each one
Your Holy Spirit that they
may diligently work in your vineyard.**

C: Lord, have mercy.

**D: Lord, we remember the mother
of our Lord, the Blessed Virgin Mary,
the holy Apostles, the Prophets, the
preachers, the evangelists, the martyrs,
the confessors and all the saints.
Lord, we remember the three
councils of Nicea, Constantinople
and Ephesus and all the holy fathers
who participated in them.
Make us worthy to follow in their footsteps.**

**Lord, we also remember all the faithful
who are departed and fallen asleep in**

**the true faith, grant that
we also may with them be counted
worthy of the remission of our
sins and be gathered into Your
heavenly kingdom.**

C: Lord have mercy

**D: Lord, we thank You
for the beautiful universe You have
created and the life and the
possibilities of it. Forgive us O Lord,
for we have distorted the universe
for our greed and selfishness.
Help us O Lord, to be good and
faithful stewards for the
fulfillment of Your will.**

C: Lord, have mercy
Lord, have mercy
Lord, have mercy

The Second Blessing

P: The blessing
of our great God and Savior
Jesus Christ † be with you all forever.

C: And be with you also.

Litany section below will be read by convent girls or D1/D2

**D: Brothers and sisters we must pray to
the Lord always, for reconciliation and peace
and for His Blessings and mercy.**

C: Lord in your mercy hear our prayers.

**D: Let us pray to the Lord for unity in the church
and harmony between all people and communities.**

C: Lord in your mercy hear our prayers.

**D: Let us pray for peace in our families
and grace in our hearts,
that we may be strengthened in faith.**

C: Lord in your mercy hear our prayers.

**D: Let us pray for recovery of health
for the sick, comfort for the distressed,
deliverance for prisoners,
safety for travelers,
unity and love for those who are
estranged.**

C: Lord in your mercy hear our prayers.

**D: Let us give glory to
God the Father, Lord of all,
and worship his only begotten Son
and Praise his holy
and life-giving Spirit.**

C: O Lord of all blessings,
we commit our lives into your keeping and pray for your blessings.
Gracious God,
have mercy upon us and bless us.

Intercessory Prayers

P: O God, the Father of our
Lord Jesus Christ, make perfect the offerings and

oblations presented before You. Sanctify our bodies,
souls and spirits,
so that with pure and confident hearts we may address
You as God and Father and
pray: Our Father in heaven

C: Hallowed be Your name.
Your kingdom come,
Your will be done
on earth as in heaven.
Give us today our daily bread,
Forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from all evil
For the kingdom, the power
and the glory
are Yours now and forever.
Amen.

The Third Blessing

P: May the grace and mercy
of the holy and glorious
trinity, † uncreated, self-existent,
eternal †, adorable and one in
essence † be with you all forever.

C: And with you also. O holy and glorious Trinity, have mercy on us.

P: Holy things for holy people.

C: Holy is the one Father,
holy is the one Son,
holy is the one Spirit.

P: Glory be to the Father
and to the Son and to the Holy Spirit.

C: One from the beginning
and for ever and ever. Amen.

P: The one Holy Father,
who created the world in His mercy,
is with us.

C: Amen

P: The one Holy Son,
who saved it by His precious Passion
is with us.

C: Amen

P: The one living Holy Spirit,
who perfects and fulfils
all that is and that has been, is with us. May the name of the Lord be blessed
as in the beginning,
both now and forever.

C: Amen

***D1 to place cushion as required where people kneel
Congregation comes forward***

Now as we come to Your table
We recall those gone before us
Grant their lives be an example
May we use their teaching as our guide
Lord You've prepared this communion
You are our hope and salvation
We bow our heads in Your presence
As we share in Your Body and Blood

May we find renewal of life in You.

P: Lord Have Mercy (2)

C: Lord Have Mercy (2)

All: Lord Have Mercy

P: Dearly beloved, pray for me.

C: As for us, our days are like grass.

We bloom like the flowers of the field. Bless us, O Lord.

P: Glory be to the Father

and to the Son and the Holy Spirit.

C: As it was in the beginning,

is now and ever shall be. Amen.

**D: O Lord, at your command
death held its sway. You
abolished death through
Your resurrection from the
dead. Therefore, we praise
and exalt you.**

**O Lord, every
mouth shall sing Your praise.**

**O Lord who gathers up
the children of Adam from
everywhere, bless us and help us.**

C: O Son of God, Your death has
changed our death into life.

Raise us from the dust so that
we may ever praise You.

God the Father,

.the Son and the Holy Spirit is

worthy of glory and worship

forever. From the beginning

and from generation to generation,

may He be praised. Hallelujah.

P: O Son of God

who came for our salvation and
will come again for our resurrection

and for the renewal of our race,

grant, we pray, forgiveness of sins

to your servants through

your own atoning sacrifice.

C: Amen

P: O Lord God, graciously bless
these your children

who partake of your
most precious Body and Blood
which was given on Calvary for the forgiveness of sins,
that they may abide
in your presence forever.

C: Amen.

P: The blessing of Jesus Christ
our great God and Savior
be on those who bear these sacred mysteries,
on those who dispense them
on those who receive them,
and on all those who have participated.

..and who shall participate in them.
The grace of God be on us all,
both now and for ever.

C: Amen. Lord, have mercy
and bless us.
Glory and praise be to You,
our Lord and our everlasting Refuge.

P: The Holy Body and Blood of our Lord Jesus Christ,
broken and shed on Calvary for the forgiveness of sins,
are given to you for the health of your
body and soul.

C: Amen.

Administering of consecrated bread and wine
(D1 Keep an eye on the supply of bread and wine)
D1 to record count of men and women coming forward
Deacons to receive communion at the end and remain kneeling

P: Praise be to you,
O Lord, our God, forever.
Praise be to you, O Lord Jesus Christ.
May your holy Body and Blood
of which we have partaken
be not for our condemnation,
but for life and salvation to us all.
O God grant us your blessing.

Deacons to head back to the altar

C: All the earth shall bow down
before you
and every tongue shall praise
your holy name,
for you give life to the dead
and you are the hope of

all who lie in the grave
We praise you, O Lord,
and give you thanks for
your mercy towards us.

P: We praise you, O Lord,
because in your abundant mercy
you have fed and strengthened us
with the precious Body and Blood
of your Son our Savior Jesus Christ,
and you have thereby made us
one with all the members of his mystical Body.
We pray you to give us grace
to continue in that holy fellowship
and for ever to offer glory and praise
to you and to your only begotten Son
and to your Holy Spirit.

C: Amen.

P: Bless us O Lord, Almighty,
You are our God the Creator.
Show to us ever the way of salvation,
Our God, Helper of all.

C: Accept O Lord ,this our prayer,
Pardon our sins , receive our praise,
Bless this your servant who's served in your presence
Dismiss us with your peace.

The Fourth Blessing

P: My beloved brothers and sisters,
I commend you to the grace and blessings of the Holy and Glorious Trinity.
Go now in peace and serve the Lord †
with the gifts and blessings that you have received from the atoning
sacrifice of the Lord.

C: Amen

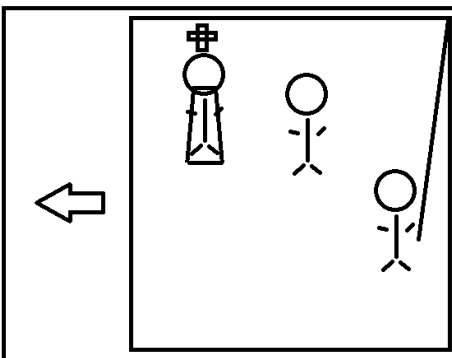
P: You, both near and far,
who are saved by the victorious
cross of the Lord † and sealed
with the seal of holy baptism,
this holy trinity will forgive your sins
and comfort your souls.

C: Amen

P: Pray for us my
brothers and sisters,
weak and sinful as we are,
that I may obtain mercy and help.
Go in peace †, filled with gladness and rejoicing.

C: May the Lord accept your
ministration
and help us by your prayers. Amen

D2 closes curtain/veil
Make sure the cross on the curtain is centered



Announcements

**Doxology continues
Benediction**

- **Wash the Kassa and Peelasa**
- **Fold the Kappa**
- **Put everything back in position**
- **Take the battery off from the cordless mike.**
- **Check bread, Wine, Candles, incense... for the next service**
- **See that the lights are off.**
- **Pray thanking God and leave**

Compiled By : Arun Mathew Iype,

Illustrations by : Arun Mathew Iype

Reviewed by : Rev Manoj Idiculla, Nixon Mathew

For : English Service at Carmel Marthoma Church Boston, USA

Based on/References : Marthoma Service Order (English),

**Lay Leader Preparation Guide by Nixon Mathew,
Denny Philip**