

# The Free Lance-Star

## Command performance

McLaurin snags two TD receptions in leading Washington past New York. **SPORTS, PAGE B1**



## The cash man

Buffett hoards the greenbacks. **BUSINESS, PAGE A6**



Monday, November 4, 2024

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# ‘Exceptional in every aspect’

Stafford football player is also a scholar, tutor, prospective engineer

**CATHY DYSON**  
The Free Lance-Star

Strong as a tree trunk and smart as a whip, a natural mentor to younger students and a teen who’s respectful of his elders ... which best describes Stafford High School senior Kamron Panyard?

How about all of the above?

“Kam is an exceptional young man in every aspect, academically, athletically and in character,” said Jeff Drugatz, head coach of the Stafford Indians football team where Panyard has been a starter for three years. “He is not necessarily a verbal leader, but has led by example.”

And the examples of his work are exhausting. He’s an athlete who can bench-press 350 pounds and a scholar with a 4.53 grade-point average as well as an engineering student and drone pilot, football and basketball coach to younger students and math tutor to his peers.

“His academics speak for themselves, he strives to do his best with everything that he does,” his coach said.

Kamron has been part of the school system’s Stafford Academy for Technology for four years, which has introduced him to various aspects of engineering. The son of Desiree Dwyer of Stafford and Jens Pan-



**PETER CIHELKA, THE FREE LANCE-STAR**

Senior Kamron Panyard has been a starter on the Stafford High School Indians football team for three years, all while completing a specialized engineering program, maintaining a 4.53 grade point average and volunteering as a youth coach and math tutor.

yard of King George County, the 17-year-old has always had an eye for the skill.

“I’ve always liked math, and I’ve always liked putting stuff together,” he said.

Before he started kindergarten,

he followed what he called the “constructions” of complicated Lego Technic kits to complete projects designed for pre-teens.

Family members watched in amazement as he put together furniture as a middle-schooler or

took apart household items as a boy, just to see how they worked.

Pens, especially the kind that provided one of four different ink colors at a click, were a favorite.

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