```sql
-- Create Fruits Table (Auto-increment ID)
CREATE TABLE fruits (
   id SERIAL PRIMARY KEY,
   name VARCHAR(50) NOT NULL,
   type VARCHAR(50) NOT NULL,
   price DECIMAL(5,2) NOT NULL
);

-- Create Ingredients Table (Linked to Fruits)
CREATE TABLE ingredients (
   id SERIAL PRIMARY KEY,
   name VARCHAR(50) NOT NULL,
   fruit_id INT REFERENCES fruits(id) ON DELETE SET NULL
);

-- Create Premium Fruits Table (One-to-One Relationship with Fruits)
CREATE TABLE premium_fruits (
   fruit_id INT PRIMARY KEY REFERENCES fruits(id) ON DELETE CASCADE
);

-- Insert Data into Fruits Table
INSERT INTO fruits (name, type, price) VALUES
('Apple', 'Citrus', 2.50),
('Banana', 'Tropical', 1.50),
('Orange', 'Citrus', 3.00),
('Grapes', 'Berry', 4.00),
('Watermelon', 'Melon', 6.50),
('Strawberry', 'Berry', 2.80),
('Blueberry', 'Berry', 3.60),
('Mango', 'Tropical', 5.20),
('Dragonfruit', 'Exotic', 5.99);

-- Insert Data into Ingredients Table
INSERT INTO ingredients (name, fruit_id) VALUES
('Milk', 1),  -- Apple has Milk
('Honey', 2), -- Banana has Honey
('Yogurt', 3), -- Orange has Yogurt
('Sugar', NULL), -- Sugar is not linked to any fruit
('Almond Milk', 4), -- Grapes have Almond Milk
('Lemon Juice', 5); -- Watermelon has Lemon Juice
```