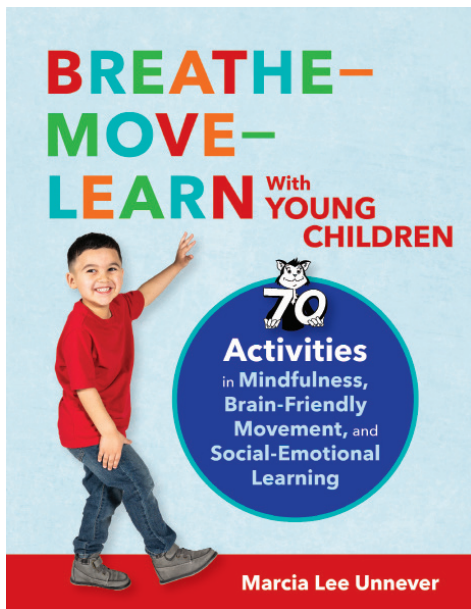


70 quick, fun, and effective activities to get every young child ready to learn



Breathe—Move—Learn With Young Children

70 Activities in Mindfulness, Brain-Friendly Movement, and Social-Emotional Learning

By Marcia Lee Unnever

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