

# Shopping List LUMC Food Pantry

Shopping list for April 18 Pantry

Color and make of vehicle:

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NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**Instructions: Circle what you like and we will fill your order according to the limits for your family size**

## Vegetables

Corn, peas  
Green beans, cut/ or french cut  
Tomatoes, beets sliced or harvard  
sloppy joe mix      Enchilada sauce red  
potatoes canned      potatoes instant  
tomato soup      spinach, hominey  
yams, tomato sauce.      pasta sauce  
Sauerkraut

## PROTEIN

canned beans (black, refried, chili, baked, kidney)  
canned chicken, canned tuna,  
peanut butter creamy or chunky  
dry beans, pinto, navy, black  
canned soups

## CHOICE FOOD ITEMS

cookies, pastries pop tarts etc., cake mix, frosting mix  
pancake mix, syrup, pie filling, (apple, cherry), gelatin,  
pudding mix, flour, powdered sugar, brown sugar  
chocolate chips, cinnamon sugar mix, cookie mixes  
evaporated milk, condense milk, coconut milk  
ketchup, salad dressing, ranch, blue cheese, French  
jelly, grape, strawberry, can of frosting  
crackers, diced green chilies ,  
mustard reg yellow, dill, & Brat, light mayo Pt. jar  
spicy dipping sauce

## DIAPERS , WIPES

size of diapers:

## GRAINS

Cereal, oatmeal, box of oatmeal packets  
Cocoa puffs, lucky charm, corn flakes and other  
shredded wheat, rice krispies  
Hamburger helper packets, Mac N Cheese  
Spaghetti, penne pasta, rice white or brown

## FRUITS

Peaches, apple sauce, pears, pineapple  
apple sauce 6 individual serving packets

## CHOICE NON FOOD

Laundry soap, dish soap, shampoo  
Body wash, tynol sinus, shaving cream  
Razors, deodorant, men's, women's.  
Toilet tissue, 4 rolls equal 1 point, paper towels  
Sandwich bags, snack bags, quart or gallon bags

do you want soft spread blue bonnett

## **Meat, circle if your family will eat these**

pound package hot sausage  
creole flavored pork loin filet