



**AN
INTRODUCTION
TO OUR
PODIATRY
PRACTICE**

2023

By

**A&S
PODIATRY**

**LEVEL 2, UNIT 16/13
DIGITARIA DRIVE
GLEDSWOOD HILLS
NSW 2557**



ABOUT US



A&S Podiatry is a local Podiatry company started by husband and wife duo: Ashneel and Sarah Sharma.

It was started in 2016 and the couple have since worked in multiple areas of Sydney expanding from Wollongong to Inner West Sydney with a wide variety of people from all cultures and backgrounds.

A&S Podiatry is committed to providing up to date and evidence based Podiatric care.

A&S Podiatry operates in Private Practice which includes a wide network of In-Home services through private and Home-Care package eligible individuals.



OUR TEAM

ASHNEEL SHARMA

Director, Podiatrist

Ashneel attended the University of Western Sydney and completed a Bachelor of Medical Science, Bachelor of Health Science/Masters of Podiatric Medicine



SARAH SHARMA

Director, Podiatrist

Sarah attended the University of Western Sydney and completed a Bachelor of Medical Science (Hons), Bachelor of Health Science/Masters of Podiatric Medicine



OUR SERVICES

BIOMECHANICS

- Gait Analysis
- Range of motion testing
- Manual muscle testing
- Static and dynamic functional assessments
- Leg length discrepancy assessments
- Footwear assessment and recommendations
- Education



ORTHOTIC PRESCRIPTION

- Pre-fabricated orthoses
- Non-cast functional orthoses
- Casted, prescription foot orthoses
- Orthotic modifications and additions by improved function and condition

OUR SERVICES

NAIL SURGERY

- Partial nail avulsion
- Total nail avulsion
- Assessment on necessity and benefits
- Local anaesthetic injections



GENERAL PODIATRY

- Nail trimming
- Callous debridement
- Corn debridement and enucleation
- Clearing heel fissures
- Education on proper foot maintenance and care techniques



OUR FEES



Initial Consultation: \$90

Subsequent Consultation: \$75

Ingrown toenail surgery (under local anaesthetic & with phenolisation): \$450
(additional sides \$50 each)

Custom Prescription Orthoses: \$600-\$800*

Semi-Custom Insoles: \$350

Home Visit Consultations: \$120

All fees, including any additional service fees, will be discussed by your Podiatrist



*various types available depending on requirement

CONTACT US



Website:

aandspodiatry.com.au

Facebook & Instagram:

[@aandspodiatry](#)

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**We look forward to hearing from
you!**

