

ACADEMY VOLLEYBALL CLUB

PARENT TRYOUT GUIDE

What families can expect before, during, and after Academy Volleyball Club tryouts.

FAMILY INFORMATION

Building Athletes. Strengthening Relationships. Glorifying God.

Welcome

Thank you for attending Academy Volleyball Club tryouts. Our tryout process is designed to be organized, competitive, and encouraging while allowing coaches to evaluate each athlete fairly.

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Required Before Tryouts

Registration & Membership Requirement

Athletes must be registered for tryouts through PlayMetrics and must have either a valid USAV membership from last season or a tryout membership for this season. Please complete these items before arriving when possible.

- ☐ Register for tryouts through PlayMetrics.
- ☐ Confirm a valid USAV membership from last season or purchase a tryout membership for this season.
- ☐ Upload your athlete photo in PlayMetrics before or during check-in.
- ☐ Bring water and wear volleyball shoes and knee pads.

Arrival

Please Arrive One Hour Early

Athletes should arrive one hour before their scheduled tryout time. This allows enough time for check-in, athlete photos, height measurement, vertical jump testing, and a brief parent announcement.

Check-In

Step	What Happens
Registration verification	Staff confirms the athlete is registered in PlayMetrics.
USAV membership check	Staff confirms a valid USAV membership from last season or a tryout membership for this season.
Athlete photo	Parents upload the athlete photo in the PlayMetrics app.
Tryout number	Each athlete receives a number for evaluation.
Measurements	Height is recorded and each athlete completes three vertical jump attempts.
Court assignment	Athletes are split into two even groups for evaluation.

Tryout Format

Phase	Description
Athletic Assessment	Athletes complete vertical jump testing and a timed mile.
Individual Skills Challenge	Athletes are evaluated in serving, serve receive, attacking, blocking, and defense. This portion lasts approximately 45 minutes total.
Competitive Skills Challenge	Selected athletes continue into live game play with challenging rules and scoring constraints. Coaches evaluate communication, coachability, competitiveness, leadership, and volleyball IQ.
Team Offers	Offers are made the same day after the final evaluation phase.

Evaluations

Evaluations will be completed using PlayMetrics. Athletes are rated on a 1-5 scale, with 5 being the highest. Multiple coaches will evaluate athletes throughout the process.

What Coaches Are Looking For

Coaches are evaluating volleyball skill, athletic ability, effort, communication, coachability, competitiveness, leadership, and how athletes respond to pressure.

Team Offers & Deposit

Selected athletes will receive offers before leaving tryouts. Families will be asked to accept or decline the offer before departing. A deposit must be submitted within 48 hours to officially secure the roster spot. If the deposit is not received within 48 hours, the position may be offered to another athlete.

Questions & Feedback

48-Hour Feedback Window

We understand tryouts can be emotional. To give coaches time to finalize evaluations, we ask families to wait 48 hours before requesting individual feedback. After that time, Coach Cass will gladly discuss evaluation feedback.

Thank You

Thank you for trusting Academy Volleyball Club with your athlete. We are grateful for the opportunity to evaluate, encourage, and support athletes through this process.