

Week One of The Genesis Way confronts the reality that time is not random...it's created by God and entrusted to us as a sacred stewardship. Drawing from Genesis 1 and Psalm 90, the lesson challenges us to stop drifting through life and begin numbering our days with wisdom and intention. When we recognize that our days are limited, clarity replaces chaos and purpose replaces pressure. This opening week sets the foundation for the entire series by reframing time not as an enemy to manage, but as a gift to steward for God's glory.

QUESTIONS

Read SCRIPTURE: GENESIS 1:1-5

1. WHAT IS ONE WORD THAT BEST DESCRIBES HOW YOUR LIFE FEELS RIGHT NOW—BUSY, FOCUSED, SCATTERED, PEACEFUL, PRESSURED, OR HOPEFUL? Why that word?
2. WHERE DO YOU FEEL THE MOST TENSION IN YOUR USE OF TIME RIGHT NOW? Work, family, rest, spiritual life, or expectations from others?
3. IF GOD HAS ALREADY NUMBERED OUR DAYS, THEN DO YOU THINK THAT WASTING TIME IS NOT A SCHEDULING ISSUE BUT RATHER A SPIRITUAL ONE. Where does that statement feel true...or too strong?
4. WHAT STOOD OUT TO YOU MOST FROM THE TEACHING ABOUT TIME BEING CREATED BY GOD, NOT OWNED BY US? (Listen to the C3 Network podcast #140)
5. IF YOUR LIFE WERE ONE 24-HOUR DAY, WHAT "TIME OF DAY" DOES IT FEEL LIKE FOR YOU RIGHT NOW? HOW DOES THAT AWARENESS CHANGE THE WAY YOU THINK ABOUT TODAY?
6. WRITE ONE SENTENCE ANSWERING THIS QUESTION: "BECAUSE THIS IS THE SEASON I'M IN, GOD MAY BE INVITING ME TO FOCUS MORE INTENTIONALLY ON ____." (If you like, request the "My Life in 24 Hours" PDF from Dan if you want to go deeper this week.)

NEXT STEPS / CHALLENGE: DECIDE WHAT TIME OF DAY YOUR LIFE IS IN.

DAILY BIBLE READINGS AND PRAYER TIME

Read the following scriptures this week:

Day 1 – Psalm 90:12

Day 2 – Genesis 1:1-5

Day 3 – James 4:13-15

Day 4 – Ephesians 5:15-16

Day 5 – Colossians 3:17, 23-24

Day 6 – Ecclesiastes 3:1-8

Day 7 – Review: What did I learn about how I'm using my time?