

Rule #10: Do Everything with All Your Might. Solomon reminds us that life is short and the time to live fully is now. In Ecclesiastes 9:10, he calls us to give our best effort to what's in front of us—not half-heartedly, but wholeheartedly. Paul echoes this by saying whatever we do, we do it as if we're doing it for the Lord. That means every moment matters—our work, our relationships, our service. The question this week is simple: Where are you holding back when God is calling you to show up fully?

### QUESTIONS

Read SCRIPTURE: Ecclesiastes 9:10 and Colossians 3:17, 23

1. WHERE IN YOUR LIFE DO YOU FEEL LIKE YOU ALWAYS GIVE YOUR BEST? WHERE IN YOUR LIFE DO YOU FEEL LIKE YOU'RE GIVING LESS THAN YOUR BEST RIGHT NOW?
2. WHAT DO YOU THINK SOLOMON MEANS BY "DO IT WITH ALL YOUR MIGHT"? (*How is that different from just staying busy?*)
3. WHAT ARE SOME COMMON REASONS PEOPLE HOLD BACK INSTEAD OF GIVING FULL EFFORT? (*Fear, distraction, comfort, burnout, etc.*)
4. HOW DOES COLOSSIANS 3:17 AND 23 CHANGE THE WAY YOU THINK ABOUT YOUR DAILY WORK OR RESPONSIBILITIES?
5. WHAT IS ONE AREA OF YOUR LIFE RIGHT NOW WHERE YOU NEED TO SHOW UP MORE FULLY AND GIVE YOUR BEST EFFORT?
6. Note: Here is something you can practice daily: Ask, "Am I showing up fully or holding back?" Then choose one action: engage fully in a conversation, complete a task with excellence, serve someone intentionally, and finish what you've been avoiding.

**NEXT STEPS / CHALLENGE:** DON'T JUST SHOW UP—SHOW UP FULLY.

### DAILY BIBLE READINGS AND PRAYER TIME

Read the following scriptures this week:

- Day 1 – Ecclesiastes 9:10, Life is limited—give your best effort now.  
Day 2 – Colossians 3:23, Work with all your heart—as unto the Lord.  
Day 3 – Colossians 3:17, Let everything you do reflect Christ.  
Day 4 – Ephesians 5:15–16, Make the most of your time—it matters.  
Day 5 – John 10:10, Jesus offers a full, abundant life.  
Day 6 – 1 Corinthians 15:58, Your work in the Lord is never wasted.  
Day 7 – Hebrews 12:1–2, Run your race with endurance and focus.