

This week invites us to examine a quiet pattern in our lives...the tendency to believe we'll enjoy life later. In Ecclesiastes 6:9, Solomon reminds us that chasing what we don't have often keeps us from seeing the gift of what we do have. Contentment isn't settling; it's trusting God enough to receive the present moment. As you walk through this guide, consider where you may be postponing joy—and what God is inviting you to appreciate right now.

### QUESTIONS

*Read SCRIPTURE: ECCLESIASTES 6:9 and 1 TIMOTHY 6:17-19*

1. WHAT IS ONE SIMPLE THING FROM THIS PAST WEEK THAT YOU TRULY ENJOYED—BUT ALMOST OVERLOOKED? WHY DO YOU THINK IT WAS EASY TO MISS?
2. WHERE DO YOU MOST OFTEN FIND YOURSELF SAYING, "I'LL ENJOY LIFE WHEN..."? (JOB, FINANCES, FAMILY, SCHEDULE, STAGE OF LIFE, ETC.)
3. SOLOMON SAYS, "BETTER WHAT THE EYE SEES THAN THE ROVING OF THE APPETITE." WHERE IS YOUR "APPETITE" CURRENTLY ROAMING—AND WHAT MIGHT IT BE COSTING YOU?
4. IN YOUR OWN WORDS, WHAT IS THE DIFFERENCE BETWEEN HEALTHY AMBITION AND RESTLESS DISSATISFACTION? HOW CAN YOU TELL WHEN YOU'VE CROSSED THE LINE?
5. HOW DOES COMPARISON AFFECT YOUR ABILITY TO BE CONTENT? WHERE DO YOU FEEL THAT MOST—WORK, FINANCES, RELATIONSHIPS, OR SOMETHING ELSE?
6. PAUL SAYS GOD "RICHLI PROVIDES US WITH EVERYTHING FOR OUR ENJOYMENT." WHY MIGHT SOME BELIEVERS STRUGGLE TO RECEIVE ENJOYMENT AS A GIFT FROM GOD?
7. HOW DOES TRUSTING GOD CHANGE YOUR ABILITY TO ENJOY WHAT YOU ALREADY HAVE? WHAT WOULD CONTENTMENT LOOK LIKE IN YOUR CURRENT SEASON?

**NEXT STEPS / CHALLENGE:** EACH DAY, NAME ONE THING YOU ALREADY HAVE THAT IS ENOUGH. TAKE 60 SECONDS TO THANK GOD FOR IT SPECIFICALLY.

### DAILY BIBLE READINGS AND PRAYER TIME

*Read the following scriptures this week:*

- Day 1 – Philippians 4:11–13 Learning contentment
- Day 2 – 1 Timothy 6:6–10 Godliness with contentment
- Day 3 – Philippians 3:16 Live up to what you've attained
- Day 4 – Hebrews 13:5 Be content; God is with you
- Day 5 – Psalm 23:1 I lack nothing
- Day 6 – Matthew 6:25–34 Do not worry
- Day 7 – James 1:17 Every good gift is from God