

Expression of negative views about the targeted parent

Situationally determined changes in the child's behaviour

Distorted views about the targeted parent

A litany of complaints about the targeted parent

Compliant with adults other than targeted parent

Lack of empathy for plight of targeted parent

Independent thinker phenomenon

## Alienated Children's Iceberg

Lack of concern about internal inconsistency of information provided

Dependent or symbiotic relationship with alienating parent

Targeted parent holds no important position in child's life

Extreme and opposite views about parents

Denial of positive regard for the targeted parent

False memories or accounts of events not experienced

Fear response towards the targeted parent

Believes alienating parent persecuted by targeted parent

Rigidity of belief system regarding targeted parent

disrupted social-emotional development

maladaptive coping

self-harm

depression

suicide ideation and suicide

attachment disorders

obsessive-compulsive tendencies

resentment

anxiety

family violence and abuse  
(children can go on to be in abusive relationships meaning their partners are abusive)

interpersonal problems

loneliness and isolation

shame and guilt

somatic symptoms

trauma related disorders  
(eg. complex PTSD)

paranoid thinking

low self-esteem

anger

substance related problems

persistent complex bereavement  
(ongoing grief and losses)

confusion

eating disorders

emotional dysregulation

depression

intergenerational transmission of parental alienation

abandonment and trust issues

helplessness



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