

Mt. Diablo Unified School District
Everyday, we nourish students for academic success.



October 2025

Elementary Breakfast Menu

Menu Subject to Change without Notice

MONDAY

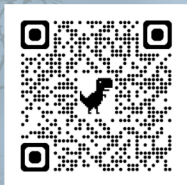
TUESDAY

WEDNESDAY

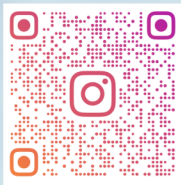
THURSDAY

FRIDAY

FOLLOW US ON SOCIAL MEDIA



Facebook



Instagram

Chicken Ham &
Cheese Croissant



Buttermilk Sheet
Pancakes



Turkey Sausage &
Cheddar Egg Bites



FALL BREAK 10/6 - 10/10

13

14

15

16

17

**Indigenous Peoples
Day**

Maple Waffle



Pumpkin Muffin



Turkey Sausage
Breakfast Pizza



Bagels
w/Cream Cheese



20

21

22

23

24

Concha



Yogurt Cup
w/Graham Crackers



Chicken Ham &
Cheese Croissant



Buttermilk Sheet
Pancakes



Turkey Sausage &
Cheddar Egg Bites



27

28

29

30

31

**Staff In Service
Day**

Pumpkin Muffin



Maple Waffle



Turkey Sausage
Breakfast Pizza



Bagels
w/Cream Cheese



How do you fix a broken dragon fruit?
with a Fruit Patch

What candy do you eat on the playground?
Recess pieces

FARM OF THE MONTH

Dickson Family Farms isn't just a name, they are fourth generation farmers with great-grandparents, grandparents, parents, and grandchildren all involved in farming operations and fruit sales. Sustainability, regeneration, organic, and zero waste are terms often thrown around in farming these days. At Dickson Family Farms, their goal is to be good stewards of the land by farming responsibly and giving back to the local community. Anything not sold or given to food ministries is composted and used to enhance the soil's microbes and carbon, provide nutrition for the trees, fortify the soil against erosion, and improve water retention. In addition to our vision for excellent agricultural services, another dream has come to life over the past couple of years through our expansion into organic produce processing and distribution. In the Fall of 2020, our family built both the processing warehouse and business office on the farm property. Each harvest of fresh produce is hand-picked from local growers, carefully inspected, and re-packaged for deliveries nationwide.

- Housemade**
- Local Product**
- Whole Grain**
- Organic**
- Grass Fed**
- Vegetarian**
- Vegan**
- Halal**

We are an equal
opportunity provider

**Every student gets 1 No
Cost Breakfast and 1 No
Cost lunch every School
Day!**

**Seasonal Fruits,
Vegetables and Low-Fat
or Non-Fat Milk offered
Daily!**

HARVEST OF THE MONTH



Dragon Fruit