

Mt. Diablo Unified School District

Everyday, we nourish students for academic success.

October 2025



Vegan

We are an equal

opportunity provider

Halal

Elementary Lunch Menu
Menu Subject to Change without Notice MONDAY **TUESDAY** FRIDAY WEDNESDAY THURSDAY FOLLOW US ON SOCIAL MEDIA **BBQ** Chicken **Beef Flauta** Tasty's Beef Pepperoni Sandwich Crisp Up or Cheese Pizza Fruit & Cheese Planet Burger Plate FALL BREAK 10/6 - 10/10 Chicken Tikka Beef Birria 14 13 Chicken Pasta Quesadilla Masala Fasty's Beef Pepperoni Alfredo or Cheese Pizza Plant Based Indigenous Peoples Fruit & Yogurt Nuggets Day **Parfait** or Caprese Sandwich NATIONAL SCHOOL LUNCH WEEK Chicken & Waffle Chicken Caesar BBQ Chicken Beef Flauta "Naan-wich" Sandwich Crisp Up Tasty's Beef Pepperoni or Cheese Pizza Santa Clara USD's Fried Rice w/ Plant Fruit & Cheese Mac 'n Cheese Based Dumplings Plate Planet Burger oro 27 28 29 30 31 Beef Birria Chicken Tikka Chicken Pasta Quesadilla Masala Staff In Service Alfredo Tasty's Beef Pepperoni Day or Cheese Pizza **Plant Based** Fruit & Yogurt Caprese Sandwich **Parfait** Nuggets • or • • • FARM OF THE MONTH Housemade What is a dragon fruit's favorite game Dickson Family Farms isn't just a name, they are fourth generation farmers with great-grandparents, grandparents, parents, and grandchildren all involved in farming operations and fruit sales. Sustainability, regeneration, organic, and zero waste are terms often thrown around in farming these days. At Dickinson Family Farms, their goal is to be good stewards of the land by farming responsibly and giving back to the local community. Anything not sold or given to food ministries is composted and used to enhance the soil's microbes and carbon, provide nutrition for the trees, fortify the soil against erosion, and improve water retention. In addition at the arcade? **Local Product** Fruit Ninia **Whole Grain** What's a witch's favorite school subject? Organic Spelling **Grass Fed** Vegetarian Every student gets I No

against erosion, and improve water retention. In addition

to our vision for excellent agricultural services, another

dream has come to life over the past couple of years

through our expansion into organic produce processing and distribution. In the Fall of 2020, our family built both the processing warehouse and business office on the farm property. Each harvest of fresh produce is hand-picked from local growers, carefully inspected, and repackaged for deliveries nationwide.

Cost Breakfast and I No Cost lunch every School Day!

Seasonal Fruits, Vegetables and Low-Fat or Non-Fat Milk offered Daily!

HARVEST OF THE MONTH

