



Mt. Diablo Unified School District
Everyday, we nourish students for academic success.



January 2026

Elementary Lunch Menu

Menu Subject to Change without Notice

MONDAY

Cheeseburger **5**

Pasta Alfredo
w/Garlic Bread

Beef Hot Dog **12**

General Tso's Plant
Based Nuggets
w/Broccoli & Rice

**Martin Luther King
Jr. Day**

Beef Hot Dog **26**

General Tso's Plant
Based Nuggets
w/Broccoli & Rice

TUESDAY

Cuban Beef Picadillo
w/Rice & Plantains **6**

Plant Based Chicken
Nuggets & Waffle

Chicken Lo Mein
w/Spring Roll **13**

Planet Burger

Cuban Beef Picadillo
w/Rice & Plantains **20**

Plant Based Chicken
Nuggets & Waffle

Chicken Lo Mein
w/Spring Roll **27**

Planet Burger

WEDNESDAY

Sweet Chili Teriyaki
Wings w/Rice **7**

Cheese Tamale
w/Chipotle Salsa

Greek Chicken
Drumstick
w/Roasted Potatoes **14**

Bean & Cheese Pupusa

Sweet Chili Teriyaki
Wings w/Rice **21**

Cheese Tamale
w/Chipotle Salsa

Greek Chicken
Drumstick
w/Roasted Potatoes **28**

Bean & Cheese Pupusa

THURSDAY

Popcorn Chicken &
Mashed Potato Bowl
w/Baguette **8**

Tomato Soup
w/Cheese Bread

Chicken Tenders
w/Dipping Sauce
& Baguette **15**

Penne w/Marinara Sauce,
Garlic Bread & Cheese Stick

Popcorn Chicken &
Mashed Potato Bowl
w/Baguette **22**

Tomato Soup
w/Cheese Bread

Chicken Tenders
w/Dipping Sauce
& Baguette **29**

Penne w/Marinara Sauce,
Garlic Bread & Cheese Stick

FRIDAY

Tasty's Sicilian
Pepperoni
or Cheese Pizza **9**

Tasty's Sicilian
Pepperoni
or Cheese Pizza **16**

Tasty's Sicilian
Pepperoni
or Cheese Pizza **23**

Tasty's Sicilian
Pepperoni
or Cheese Pizza **30**

**Every student gets
1 No Cost
Breakfast and 1 No
Cost lunch every
School Day!**

**Seasonal Fruits,
Vegetables and
Low-Fat or Non-
Fat Milk offered
Daily!**

JOKES

What is a bok choy's favorite type of story?

One with a happy choy-ful ending!

What happened to the woman who stole a calendar on New Year's Day?

She got 12 months!

HARVEST OF THE MONTH



Bok Choy

FARM OF THE MONTH

For nearly 60 years, our family has farmed along the wild and unpredictable Yuba River—the inspiration behind the name Wild River. This untamed waterway surges from the Sierra Nevada into the Sacramento Valley, depositing nutrient-rich topsoil during its natural flood cycles. Instead of trying to control the river, our family embraced its rhythm, adapting our farming practices to work with the land's unique ecology. This harmony with nature forms the core of The Wild River Way and has helped our organically grown orchards and vineyards flourish, producing more than 30 fruit varieties known for outstanding flavor, nutrition, and consistency.

As a third-generation, vertically integrated farm, we carefully steward each piece of fruit from bloom through harvest, packing, and shipping. Our holistic approach avoids synthetic chemicals and relies on natural systems—like the barn owls that live in our owl boxes and eliminate more than 40,000 rodents each year. These thriving ecosystems, combined with microbe-rich soils restored by every flood, allow us to grow nutrient-dense fruit with exceptional brix, dry matter, and taste. At Wild River, nature, people, and farming exist in balance, and we're proud to share the delicious results with families who value quality grown the natural way.

- Housemade
- Local Product
- Whole Grain
- Organic
- Grass Fed
- Vegetarian
- Vegan
- Halal

We are an equal
opportunity provider