



**Mt. Diablo Unified School District**  
*Everyday, we nourish students for academic success.*



# September 2025

## Elementary Breakfast Menu

Menu Subject to Change without Notice

### MONDAY

**LABOR DAY**

### TUESDAY

Cowgirl Muffin

### WEDNESDAY

Maple Waffle

### THURSDAY

Turkey Sausage  
Breakfast Pizza

### FRIDAY

Bagels  
w/Cream Cheese

Concha

Yogurt Cup  
w/Graham Crackers

Chicken Ham &  
Cheese Croissant

Buttermilk Sheet  
Pancakes

Turkey Sausage &  
Cheddar Egg Bites

Cereal

Cowgirl Muffin

Maple Waffle

Turkey Sausage  
Breakfast Pizza

Bagels  
w/Cream Cheese

Concha

Yogurt Cup  
w/Graham Crackers

Chicken Ham &  
Cheese Croissant

Buttermilk Sheet  
Pancakes

Turkey Sausage &  
Cheddar Egg Bites

Cereal

Pumpkin Muffin

### FARM OF THE MONTH

Nana Mae's Organics is a small, family-owned business, which grows and produces more than 25 Heirloom varieties on 400 acres of historic apple orchards in Sonoma County. Pictured on the company's label, San Francisco native Nana Mae is the inspiration of fourth-generation Northern Californian and owner Paul Kolling, who cherishes childhood memories of cooking with his grandmother.

Nana Mae's Organics' dry-farmed fruits boast robust flavor profiles, which are showcased in each of our highest-quality products. Bottled in Sebastopol, products include 100% Gravenstein apple or Heirloom blend juices and applesauces, pear juice, apple cider vinegar, wild blackberry applesauce, and Gravenstein hard apple cider.

**Every student gets 1 No  
Cost Breakfast and 1 No  
Cost lunch every School  
Day!**

**Seasonal Fruits,  
Vegetables and Low-Fat  
or Non-Fat Milk offered  
Daily!**

### HARVEST OF THE MONTH



**Apples**

- Housemade
- Local Product
- Whole Grain
- Organic
- Grass Fed
- Vegetarian
- Vegan
- Halal

We are an equal  
opportunity provider