

Jersey Shore Youth Football & Cheerleading League

2021 Policies & Procedures

COACHING CONDUCT

1. All head coaches and assistant coaches of all levels must be at least 18 years of age and cannot be in High School.
2. A junior coach is defined as a 9th grade student 14 years of age and up who is in High School and can assist registered coaches at practices and county events. They must be in the presence of a registered certified coach at all times during practices and county events.
3. All Head Coaches/Coordinators are responsible for their coaching staff's conduct.
4. If a problem arises at a game or a county event sponsored by the JSYFCL, the coach of the team with the problem is to notify the site manager and the site manager is to report said problem to the board. If unable to do so at the time of the incident, please call the coach as soon as possible. If a mutual agreement cannot be worked out between the coaches, the issue is to be brought to the attention of the board. After a second notification of a problem with any one of the teams, the board is to bring the issue to the floor for discussion and or disciplinary action.
5. Cheerleaders are the coach's responsibility while in uniform at the playing fields. Cheerleaders can arrive to a game in street clothes but must change out of uniform immediately after their game, this is a parent's responsibility not the coaches. This should help to minimize friction between each level, prolong the life of the uniform and not misrepresent any team.
6. If a city does not have any cheerleaders to fulfill a squad it should be brought to the board for determination.
7. Each squad can honor 8th graders at homecoming with flowers, a trophy, a crown, and/or a sash during their homecoming ceremony. If a sash is given, they all must have the same wording with no specific category. Flowers, trophies, crowns and/or sashes are to be removed once game time begins and are not permitted on the sidelines while cheering or during their halftime routine.
8. There will be no recognition of a queen, king, and/or any other related titles at any time during JSYFCL games, clinic, exhibition, playoffs, championship, or All-Star functions.
9. Mascots are permissible at the discretion of the city and must be younger than the youngest level offered and that your insurance will cover. Mascots can walk out on the field with their registered coach during "Hello". Mascots are **ONLY** permitted to cheer on the sidelines at football games and are not allowed to stunt.
10. All Coaches and Junior Coaches must be dressed appropriately at the discretion of each city's Coordinator.

FIELD ETIQUETTE

1. The home team cheerleaders along with their coaches must meet and greet and visiting team's cheerleaders by the end of the 3rd quarter of the previous game. All cheers should be geared towards a spirit friendly manner to promote good sportsmanship like conduct.
2. Location of the cheerleaders cheering shall be determined by local conditions as long as the cheerleaders do not interfere with the game. Cheerleaders are to cheer the entire game.
3. During "Hello" and half time only the performing team should be. The opposing cheerleaders shall be attentive during "Hello" and halftime performances and should remain on the sideline.
4. Home teams should give the first "Hello" cheer to welcome the visiting team.
5. Visiting team will perform first for halftime routines.
6. There will be three minutes allotted to each team for half time performance. This includes going on and off the field.
7. At the end of the game, cheerleaders and coaches shall meet in the center of the field. Cheerleaders for the winning team will do a Victory Cheer and two (2) Three RaHS, while the cheerleaders for the losing team will perform only two (2) Three RaHS. Victory cheers should not be

- degrading and should celebrate the teams win.
8. All cheerleaders are encouraged to be courteous and friendly towards their opposing teams.
 9. The following actions are not accepted by the JSYFCL:
 - a. Spitting on hand before shaking hands at the end of the game.
 - b. Foul language.
 - c. Derogatory cheers.
 - d. Harassment of other teams, "Personal discipline of cheerleaders for any of the above infractions should be handled by their coach."
 10. Rain - In the event of inclement weather, the home team coordinator of each level is to call the coordinator of the visiting team two hours prior to game time as to whether the cheerleaders will perform. Please consider travel time when calling to cancel the cheerleaders. Footwear must always be sneakers on the field but rain gear can be worn while cheering on the sidelines only.
 11. Coaches will notify other visiting coaches of their Homecoming Event in advance.
 12. No Coach or Junior Coach is allowed to stunt or fill in for any cheerleader at any time during a performance.
 13. All JSYFCL policies and procedures are to be implemented for all games including Playoff, Championship, and All-Star.

RETIRING COACHES

NOTE: This section will be revisited in the 2022 season.

1. Registered members retiring from coaching who have attended at least half of the JSYFCL meetings for the number of years listed below shall receive:
 - a. Membership of 5 years - \$25 Visa Gift Card
 - b. Membership of 5-10 years - \$50 Visa Gift Card
 - c. Membership of 11-15 years - \$75 Visa Gift Card
 - d. Membership of 16-20 years - \$100 Visa Gift Card

CHEERLEADING ACTIVITIES

NOTE: This section will be revisited in the 2022 season.

1. Clinic will be held the third Friday in August for all Varsity, JV and Pee Wee Cheerleaders. Taxi will not participate in Clinic.
2. Exhibition will be held on an available day before the season ends

CLINIC GUIDELINES

NOTE: This section will be revisited in the 2022 season.

1. Clinic will be held on the 3rd Friday in August. Only Registered and Certified Coaches are allowed at Clinic. Junior coaches, taxi cheerleaders, mascots, and/or any other children will be permitted to cheer or be on the field at this function.
2. Clinic is held from 6pm-7:30pm. All squads participating must be at host field no later than 5:45pm.
3. The host squad must notify the JSYFCL coaches no later than the first August meeting where clinic will be held.
4. All varsity squads of the host and co-host teams will do "Hello" prior to breaking up into groups.
5. Breaks will be provided by a schedule created by the host team.

6. The host squad should receive the number of all registered cheerleaders no later than the first August meeting.
7. Each level must come prepared with one chant. The coaches assigned to each group will guide and supervise the girls in their group with cheers. The coaches and girls will remain at their assigned station throughout clinic.
8. Each city will assign their cheerleaders a number based on the number of stations at each level.
9. All cheerleaders and coaches assigned the same number will form a group and teach the chants from each city.
10. Program of clinic activities are the following:
 - a. Host and Co-Host teams will perform "Hello", Varsity only.
 - b. Squads will break up into groups and teach their assigned element.
 - c. The goal of Clinic is to create an atmosphere where cheerleaders get the opportunity to mingle and have fun.
11. Coaches are responsible to stay at the field until all their cheerleaders have left the field.
12. 50/50 should be done at clinic and is the responsibility of the Host team if the city has the proper lottery license and is able to show proof of the license.

EXHIBITION GUIDELINES

NOTE: This section will be revisited in the 2022 season.

1. Exhibition will be held at a reasonable date before the season ends. There will be a host and co-host city assigned each year.
2. Mascots are not permitted to perform at this county league activity.
3. Exhibition will start at 7pm and consist of two halves with a fifteen-minute intermission.
4. Each squad in alphabetical order, with the first squad going last the following year will cheer up to three minutes.
5. Set up and secure a site for Exhibition. The site must be inside and hold up to 1,500 fans by the September meeting. The school selected must have mats that must be properly secured.
6. The directions to the site must be presented to the head coach of each city no later than the October meeting.
7. All varsity cheerleaders who participate in exhibition will receive a t-shirt and two extra for the Varsity Coaches. The selection of the t-shirt shall be voted on each year by the body.
8. Prepare about 500 programs that list the cheerleaders and coaches by name.
9. 50/50 should be done during the exhibition and is the responsibility of the host team if the city has the proper lottery license and is able to show proof of the license. The money made from the 50/50 will go to the Host Team.
10. Tickets to exhibition will be sold. Each varsity cheerleader must sell 3 tickets.
11. All money collected at the door of Exhibition will go to the JSYFCL.
12. Refreshment stand duties and money will go to the host team.

ALL-STAR GAME AND GUIDELINES

1. All 8th graders are required to participate in all practices and the All-Star game.
2. Taking attendance is mandatory at all All-Star practices and at the All-Star Game. Perfect attendance is required and if an absence is necessary, permission to be excused must be obtained by the coach in charge of the All-Star squad.
3. Each coach in charge of the All-Star squads must work with other coaches in their division to ensure that both sides have an indoor place to hold practice.
4. Home team to be determined by the JSYFCL each year.

5. A secure indoor facility with enough space to accommodate all cheerleaders for practices must be provided.
1. A minimum of two (2) practices are required to teach all cheerleaders chants and cheers. Additional practices can be added if more practice time is needed.
2. Proper directions to each practice site along with the name of the facility, telephone number, and schedule must be distributed no later than the first October meeting.
3. Each squad should come prepared with six (6) chants and two (2) cheers and both squads will perform a "Hello" cheer.
4. The colors for each squad shall be determined by the JSYFCL.
5. All 8th grade cheerleaders who participate in the All-Star Game will be required to purchase a sweatshirt.
6. All Varsity coaches and Coordinators will get free admission into the All-Star game.