

THE REAL TRUTH ABOUT NUTRITION

...and its impact on your declining health



FREE
METFIX
SEMINAR



LOST YOUR ENERGY?



STRUGGLING TO LOSE WEIGHT?



FEELING SICK ALL THE TIME?



ON MEDICATIONS THAT NEVER SEEM TO FIX ANYTHING?

WE ARE **NOT** FIXING SYMPTOMS.
YOU **NEED** A METABOLIC RESET.

AT VINITA METFIX YOU'LL LEARN:



WHY TRADITIONAL DIETS FAIL



HOW YOUR METABOLISM REALLY WORKS



WHAT TO EAT (AND WHY IT MATTERS)



HOW SIMPLE CHANGES CAN CREATE LASTING RESULTS



TAKE BACK YOUR HEALTH— STARTING FROM THE INSIDE OUT.



SUSTAINABLE



STRONGER



HEALTHIER



MAY 16TH
11 AM
OPEN TO THE
PUBLIC!

LEARN. ASK. GET ANSWERS.

ABOUT OUR 4-WEEK METFIX PROGRAM

Take the first step. Your new beginning starts here.



CROSSFITVINITA.COM



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