# THE ANCHOR INN

### STARTERS

Oven Baked Focaccia 7

Sun-dried tomatoes, red onion, olive and vegan mozzarella Ve

Soy & Ginger King Prawns 8.5

Sticky soy and ginger shell-off prawns with salad and toast GfO

Soup of the Day 6.5

Burt's Bakery bread Ve GfO - see specials board

Breaded Whitebait 7.5

Small side salad and tartare

Mushroom & Stilton Toast 7.5

Button mushrooms, garlic and herbs, ciabatta with stilton VeO GfO

Classic Prawn Cocktail 8

Marie Rose sauce, fresh baker bread and butter GfO

Crispy Chinese Chicken 8.5

Sweet and spicy sticky glazed battered chicken pieces with garnish

SHARERS

Oven Baked Camembert 16.5

Lashings of toasted bread

Mezze Board 16.75

Selection of cured meat with pecorino, sundried tomatoes, breads and olives

Seafood Mezze Board 19.5

Breaded whitebait, scampi pieces, smoked salmon, hot king prawns, selection of dips, fresh bakery bread and butter

Chilli Nachos 7.5/15

,Choose beef or vegan chilli with cheese, salsa, jalapenos, guacamole and sour cream Gf VeO

Bread, Olives & Oils 8

Marinated olives, Burts bakery breads and balsamic oil dip Ve GfO

Toasted Pitta & Dips 9

Warm pitta breads, hummus, pea, mint & feta dip and pomegranate V

## **MAINS**

Pancetta & South Downs Mussels 14.50

Locally caught mussels cooked in a South Downs Cider sauce with pancetta, available as a starter for 7.25

Fish of the Day

Fresh catch of the day from our local supplier, market prices - see specials board

Pea and Mint Risotto 14

With scamorza, add pancetta for 3 VeO

Lemon & Coriander Chicken Skewers 14

Chargrilled flat bread, hummus, sweet chilli dip, rocket and sundried tomato salad

Green Pesto Penne 13.5

Chunky pesto sauce with fresh parmesan cheese

Falafel & Feta Salad 15

Warm spinach falafels, feta, cucumber and spring onion salad with Greek yogurt dressing GfO VeO

Curry of the Day

Served with rice and poppadom, see specials board

Pie of the Day 15.5

Creamy mash potatoes and seasonal vegetables with rich gravy

## PUB CLASSICS

8oz Sirloin 24.5 or 10oz Rump 19.5

Chips, salad, tomato, mushroom, add your choice of Brighton blue, garlic butter or peppercorn sauce for 2.25 GfO Scampi & Chips 13

Dressed salad, chips and whole tail scampi, lemon, tartare

Ham, Egg & Chips 14

Breaded butcher's ham, 2 fried eggs, chips

### **BURGERS**

The Anchor Burger 14

60z beef patty, gherkin, cheddar, tomato, lettuce and onion, brioche style bun GfO

Chicken Burger 15

Panko escalope, garlic aioli, spring onion, cucumber, lettuce, brioche style bun

BBQ Bean Burger 13

Bean patty, lettuce, tomato, onion, z'atar vegan mayonnaise, brioche style bun GfO All Served with Chips, Add Bacon 2

V - Vegetarian Ve - Vegan VeO - Vegan Option Gf - Gluten Free GfO Gluten Free Option We can cater to most dietary requirements and allergies, please ask your server.