

"AN INSPIRING BOOK THAT
EVERY CHILD SHOULD BE GIVEN
THE OPPORTUNITY TO READ."

BE ALL YOU CAN BE

SCHOOL SPEAKING TOUR



ABOUT PATRICK

“The most important thing you can do with your life is to fulfill your potential”

- From **Be All You Can Be**



OVERVIEW

Patrick Manifold is a successful author, entrepreneur, and motivational speaker originally from England. As a former professional athlete, he's lived in seven countries on three continents. His life's mission is to inspire and empower his audience through books, speeches, podcasts, and social media, creating happier, healthier lives worldwide.

Patrick passionately advocates his mantra, “Creating A Life You Love,” in all of his work and strives to set an example for others to overcome obstacles and discover their full potential. He now operates multiple businesses while residing in Atlantic Canada with his beloved wife, Chelsea, and their three beautiful daughters, Sophia, Sienna, and Savannah.



PATRICK THE ATHLETE



Patrick's Worldwide Athletic Journey

Patrick's two childhood dreams were to move to the United States of America and play intercollegiate basketball at an American university, and then eventually turn professional.

His first childhood dream came true in 2009, when he moved to the U.S.A. to attend university. Patrick was quickly chosen as a captain of the men's basketball team, and 4 years later, Patrick was named both academic and athletic All-American and was awarded National Player of The Year.



After graduating with highest honours, Patrick's second childhood dream came true when he signed his first professional basketball contract. He played professionally in Scotland, England, Australia, Germany, and Italy, before retiring in 2018. He then moved to Nova Scotia to start a family, begin his new life as an entrepreneur, and focus more time on his two biggest passions outside his family: writing and speaking.

"Dream, believe, work hard, achieve, and always be kind."

PATRICK THE AUTHOR

Be All You Can Be: The Cool Kids Guide to Success in School & Life



WHAT YOUR KIDS LEARN FROM **BE ALL YOU CAN BE**

This powerful book teaches young people about the importance of resiliency, hard work, perseverance, and kindness in all areas of life. It was created to empower young people to believe in themselves and their dreams while also teaching them the importance of working hard, believing in themselves, and being kind.

In Patrick's opinion, being "cool" is not about where you are from, what you look like, speak like, whether you're good at sports or popular, but more so about the content of your character. Being a "cool" kid is about working hard, helping others, and learning how to be the best version of yourself that you can possibly be.

Be All You Can Be Contains Advice On:

- How to deal with bullies
- How to prepare for exams
- How to understand our emotions
- Why good behaviour is so important
- The importance of being a good person
- How to cope with change at home & school

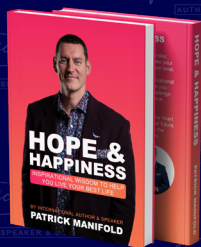
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“I purchased several of Patrick's books for my children. My sons have used his advice and have applied it to their daily lives, bettering themselves and those around them. I feel very fortunate to have met Patrick and honoured to have heard his story!”

~ Jennifer Kouwenberg (Oxford, Nova Scotia)

MORE BOOKS BY PATRICK

Patrick has written several other books, all with inspiring messages designed to help readers achieve their full potential and identify the areas of improvement in their daily lives.



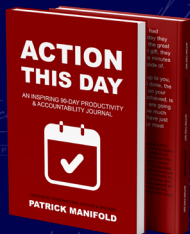
Hope & Happiness (An Amazon #1 Best-Seller)

Full of modern-day, common-sense wisdom, each passage of this inspiring book is designed to help you take your mindset and experience of life to the next level so you can approach every day and every challenge with newfound confidence, purpose, and passion.



Happy Today

Written as a pocket “How To” guide to achieving true happiness on a daily basis, this book includes 50 inspiring, easy, and uplifting ways to create real happiness within yourself whenever you want. Learn how to move on from “when” and “if” and embrace being *Happy Today!*



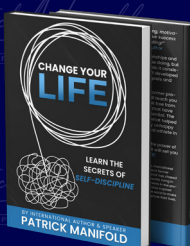
Action This Day

We all have twenty-four hours in a day, but so many of us still struggle to accomplish what we want to in that timeframe. *Action This Day* is a 90-day productivity and accountability journal designed to help readers manage their time and take steps toward achieving their goals.



New Year Better You

This book was written with one single goal in mind: to provide each and every reader with all the tools and strategies to have the best year of their life. Includes a simple but powerful 5-Step process for achieving more success.



Change Your Life

This book teaches readers how to uncover their limiting beliefs and break free from the shackles of laziness and procrastination. These are the same lessons that Patrick has used and continues to employ in his daily life to help him achieve his goals.

PATRICK THE SPEAKER



Patrick has spoken all over the world to people from all walks of life and of all ages, sharing his stories of courage and possibility. He has given speeches to diverse audiences around the globe, from business groups to large companies, and sports teams to universities and elementary schools. His message is simple, yet always inspiring: if he can overcome the supposedly insurmountable odds and achieve his dreams, so can you!

Patrick is also an avid supporter of children's education and literacy, visiting public schools to perform readings and signings of his books, including ***Be All You Can Be***. From his experience as a student-athlete, Patrick understands the value of a balanced lifestyle that places equal importance on athletics and education, especially as they relate to child development.

"The thing that makes Patrick Manifold stand out amongst inspirational speakers is that he is 100% genuine. I have followed his career for some time now, and as he has grown and progressed, he has continued to become a more pure version of himself. He is a true role model."

~ Jibriallah B. (Bermuda)



IMPROVING POST-PANDEMIC LITERACY RATES & SOCIAL SKILLS

The COVID-19 pandemic has left an indelible mark on virtually every aspect of society, and its impact on child literacy rates and social skills in Canada has been no exception.

In 2022, UNICEF reported that children's basic numeracy and literacy skills had suffered a steady decline due to widespread school closures and increased screen time, the latter of which had already doubled in the decade leading up to the pandemic before doubling again in less than a year following the onset of the pandemic.

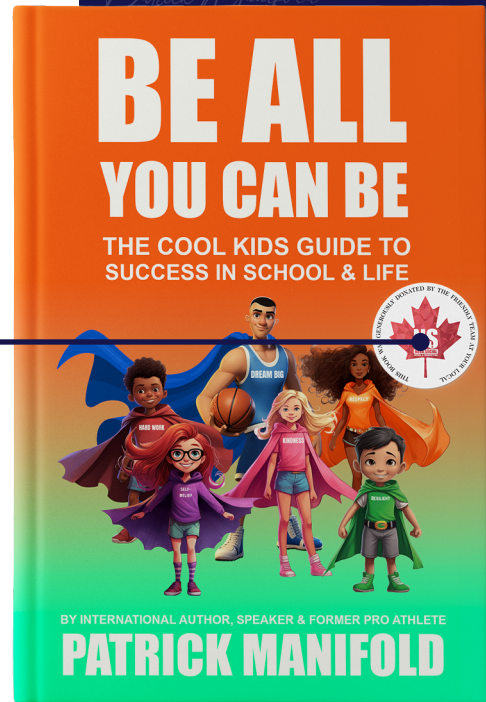
Also in 2022, the CBC reported that anxiety rates among children had increased due to a prolonged period of what some medical professionals have called "social malnutrition."

Be All You Can Be is a fantastic tool for parents and educators as they continue to resocialize their children and reduce their screen time. It offers children valuable lessons on empathy and interacting with their peers while also teaching them how to read. It's our mission to help every child be all they can be.

"Throughout my journey I have learned so many lessons about life, and what it takes to be happy and successful, that I feel a real obligation to pass that information on to people all around the world who are trying to improve their lives."

~ Patrick Manifold

INVESTMENT IN YOUR LOCAL YOUNG PEOPLE



A 2022 Nova Scotia provincial assessment uncovered educational challenges in meeting age-appropriate math and reading standards in public schools, partly due to COVID-19 disruptions. The pandemic also affected children's broader social skills. **Be All You Can Be** helps students enhance both reading abilities and interpersonal skills, assisting parents, educators, and children with curving these lingering effects on child education and social development.

Patrick and his team invite local businesses to consider a wonderful opportunity to make a meaningful impact on your local community's education. By donating to purchase copies of **Be All You Can Be** for local school libraries, businesses can play a vital role in shaping the young minds of tomorrow.

In return for their generous contribution, we offer a unique chance to showcase your commitment on the front cover of each donated book with a custom sticker bearing the business's name and logo (see the example above). This support not only enriches the lives of young readers but also reflects a dedication to local education. Join us in fostering a love for learning and helping children be all they can be.

If you're interested in purchasing copies of **Be All You Can Be** for your local school libraries, you can do so by contributing one of the below packages. A single copy of **Be All You Can Be** traditionally retails for **\$14.99**, but this price drops to **\$9.99** when purchased in one of these bundles.

250

at \$9.99/book

= **\$2,497** +5% HST

500

at \$9.99/book

= **\$4,995** +5% HST

1,000

at \$9.99/book

= **\$9,990** +5% HST

PATRICK'S MISSION



It has long been Patrick's mission to see **Be All You Can Be** on the shelves of every school library across the Maritimes. With a small investment from local businesses or organizations, we can ensure that each and every child has access to the invaluable lessons that will ultimately change their lives for the better and build a brighter future.

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“I was surprised and amazed at the amount of wisdom Patrick Manifold puts forth into the world that helps those of all ages. He is not only a wonderful person but a shining light and top motivator. He’s a truly authentic human being.”

~ Rose R. (NYPD Officer - New York, USA)

CONTACT PATRICK'S TEAM TODAY!

If you are interested in supporting Patrick's mission and the local children in your community, please reach out to Patrick's friendly team, who would be more than happy to arrange a date and time for a meeting either in person, over the phone or via Zoom!



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PatrickManifold.com

THANK YOU



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