

Online Self-Healing Instruction Natural Healing for Your Family

One of the best ways to improve your health is to have the knowledge and tools to take better care of yourself.

Attend this one-hour, hands-on training and learn practical self-care techniques for many common health concerns, including pain, circulation, digestion, respiration, urination, reproduction, emergencies, addictions, prevention, and more.



**Presented by
James J. Maguire, DAC, CBS**

James J. Maguire is a Doctor of Acupuncture and Certified Biofeedback Specialist. Since 1979, he has helped countless people restore their health and improve their quality of life. He offers in-person and Telehealth Natural Healing, Health Products, and Self-Healing Instruction for pain-free vitality and wellness.

**This will be a live interactive online presentation.
Help your body function better. Regain and maintain wellness.
RESERVE YOUR PLACE NOW TO RECEIVE THE ZOOM LINK**

**For More Information, Call or Text 719-332-4555
or Email james@naturalhealingforyou.com.**

www.naturalhealingforyou.com