



Children's Nest Breakfast - December 2022

Whole Milk will be provided to children under 2 years of age

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Dec 1, 2022 • Whole Wheat French Toast • Banana • Milk 1% low-fat	Dec 2, 2022 • Whole Wheat Bagel • Cream Cheese • Fresh Tangerines (2) • Milk 1% low-fat	Dec 3, 2022 Closed
Dec 4, 2022 Closed	Dec 5, 2022 • WGR Toasted Oats Cereal • Fresh Apple • Milk 1% low-fat	Dec 6, 2022 • WGR Corn Loaf • Nectarine • Milk 1% low-fat	Dec 7, 2022 • Whole Wheat French Toast • Pears (2) • Milk 1% low-fat	Dec 8, 2022 • Whole Wheat Waffle • Banana • Milk 1% low-fat	Dec 9, 2022 • Raisin Bread (2) • Fresh Tangerines (2) • Milk 1% low-fat	Dec 10, 2022 Closed
Dec 11, 2022 Closed	Dec 12, 2022 • WGR Bran Flakes • Fresh Apple • Milk 1% low-fat	Dec 13, 2022 • WGR Blueberry Mini Loaf • Nectarine (2) • Milk 1% low-fat	Dec 14, 2022 • Whole Wheat Pancake • Pears (2) • Milk 1% low-fat	Dec 15, 2022 • Whole Wheat French Toast • Banana • Milk 1% low-fat	Dec 16, 2022 • WGR Honey Scooters (Special Edition) • Fresh Tangerines (2) • Milk 1% low-fat	Dec 17, 2022 Closed
Dec 18, 2022 Closed	Dec 19, 2022 • WGR Toasted Oats Cereal • Fresh Apple • Milk 1% low-fat	Dec 20, 2022 • WGR Corn Loaf • Nectarine (2) • Milk 1% low-fat	Dec 21, 2022 • Whole Wheat Waffle • Pear • Milk 1% low-fat	Dec 22, 2022 • Whole Wheat Pancake • Banana • Milk 1% low-fat	Dec 23, 2022 Closed	Dec 24, 2022 Closed
Dec 25, 2022 Closed	Dec 26, 2022 Closed	Dec 27, 2022 • WGR Blueberry Mini Loaf • Nectarine • Milk 1% low-fat	Dec 28, 2022 • Whole Wheat Pancake • Pears (2) • Milk 1% low-fat	Dec 29, 2022 • Whole Wheat French Toast • Banana • Milk 1% low-fat	Dec 30, 2022 Closed	Dec 31, 2022 Closed

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Children's Nest Lunch - December 2022

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Dec 1, 2022	Dec 2, 2022	Dec 3, 2022
				<ul style="list-style-type: none"> Italian Meatballs (5) Low Sodium Tomato Sauce Italian Blend Vegetables WGR Hamburger Bun Pears (2) Milk 1% low-fat 	<ul style="list-style-type: none"> WW Cheese Pizza Bean Salad Diced Carrots Fresh Plum (2) Milk 1% low-fat 	Closed
Dec 4, 2022	Dec 5, 2022	Dec 6, 2022	Dec 7, 2022	Dec 8, 2022	Dec 9, 2022	Dec 10, 2022
Closed	<ul style="list-style-type: none"> Whole Grain Chicken Nuggets Whole Grain Bread Mixed Vegetables Banana Milk 1% low-fat 	<ul style="list-style-type: none"> WGR Baked Ziti w/ Cheese White Bean Salad Prince Edward Vegetable Blend Fresh Apples (2) Milk 1% low-fat 	<ul style="list-style-type: none"> Chicken WGR Lo Mein Whole Grain Bread Zucchini Orange Milk 1% low-fat 	<ul style="list-style-type: none"> WGR Chicken Parmesan Whole Grain Bread Green Beans Pear Milk 1% low-fat 	<ul style="list-style-type: none"> WW Cheese Pizza Bean Salad Diced Carrots Fresh Plum (2) Milk 1% low-fat 	Closed
Dec 11, 2022	Dec 12, 2022	Dec 13, 2022	Dec 14, 2022	Dec 15, 2022	Dec 16, 2022	Dec 17, 2022
Closed	<ul style="list-style-type: none"> Whole Grain Chicken Fingers Whole Grain Bread California Blend Veg Banana Milk 1% low-fat 	<ul style="list-style-type: none"> WGR Macaroni and Cheese White Bean Salad Brussels Sprouts Fresh Apple Milk 1% low-fat 	<ul style="list-style-type: none"> Salisbury Steak Whole Grain Bread Mashed Potatoes Orange Milk 1% low-fat 	<ul style="list-style-type: none"> WGR Arroz Con Pollo Broccoli Pear Milk 1% low-fat 	<ul style="list-style-type: none"> WW Cheese Pizza Bean Salad Diced Carrots Fresh Plum (2) Milk 1% low-fat 	Closed
Dec 18, 2022	Dec 19, 2022	Dec 20, 2022	Dec 21, 2022	Dec 22, 2022	Dec 23, 2022	Dec 24, 2022
Closed	<ul style="list-style-type: none"> Whole Grain Chicken Nuggets Whole Grain Bread Mixed Vegetables Banana Milk 1% low-fat 	<ul style="list-style-type: none"> Stuffed Shells (2) White Bean Salad Prince Edward Vegetable Blend Whole Grain Bread Fresh Apples Milk 1% low-fat 	<ul style="list-style-type: none"> Burger Patty Whole Grain Bun Tater Tots Zucchini Mixed Fruit In 100% Natural Juice Milk 1% low-fat 	<ul style="list-style-type: none"> Diced Chicken Breast Brown Rice Italian Blend Vegetables Pear Milk 1% low-fat 	• Closed	Closed
Dec 25, 2022	Dec 26, 2022	Dec 27, 2022	Dec 28, 2022	Dec 29, 2022	Dec 30, 2022	Dec 31, 2022
Closed	• Closed	<ul style="list-style-type: none"> WGR Macaroni and Cheese White Bean Salad Broccoli Fresh Apple Milk 1% low-fat 	<ul style="list-style-type: none"> Grilled Chicken Breast Brown Rice Green Beans Orange Milk 1% low-fat 	<ul style="list-style-type: none"> Italian Meatballs (5) Low Sodium Tomato Sauce Italian Blend Vegetables WGR Hamburger Bun Pears (2) Milk 1% low-fat 	• Closed	Closed

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Children's Nest AM Snack - December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Dec 1, 2022 • Applesauce • WGR Animal Crackers	Dec 2, 2022 • Mixed Fruit In 100% Natural Juice • WGR Crackers	Dec 3, 2022 Closed
Dec 4, 2022 Closed	Dec 5, 2022 • Diced Pears in Natural Juice • String Cheese	Dec 6, 2022 • Clementine (2) • FF Strawberry Yogurt	Dec 7, 2022 • WGR Graham Crackers • Mixed Fruit In 100% Natural Juice	Dec 8, 2022 • WGR Crackers • Fresh Plum	Dec 9, 2022 • WGR Animal Crackers • Peach	Dec 10, 2022 Closed
Dec 11, 2022 Closed	Dec 12, 2022 • Peach (2) • WGR Crackers	Dec 13, 2022 • Mixed Fruit In 100% Natural Juice • String Cheese	Dec 14, 2022 • Banana • WGR Waffle Grahams	Dec 15, 2022 • Applesauce • WGR Animal Crackers	Dec 16, 2022 • Mixed Fruit In 100% Natural Juice • FF Vanilla Yogurt	Dec 17, 2022 Closed
Dec 18, 2022 Closed	Dec 19, 2022 • Diced Pears in Natural Juice • String Cheese	Dec 20, 2022 • Clementine (2) • WGR Crackers	Dec 21, 2022 • WGR Graham Crackers • Mixed Fruit In 100% Natural Juice	Dec 22, 2022 • FF Blueberry Yogurt • Fresh Plum	Dec 23, 2022 • Closed	Dec 24, 2022 Closed
Dec 25, 2022 Closed	Dec 26, 2022 Closed	Dec 27, 2022 • Mixed Fruit In 100% Natural Juice • String Cheese	Dec 28, 2022 • Banana • WGR Waffle Grahams	Dec 29, 2022 • Applesauce • WGR Animal Crackers	Dec 30, 2022 • Closed	Dec 31, 2022 Closed

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