

## Quesadillas – Served With Salsa & Sour Cream

(Can Be Served on White, Wheat, or Gluten Free)

Cheese - \$6.75      Chicken - \$7.75  
BBQ Chicken and Caramelized Onions - \$7.99  
Buffalo Chicken, Lettuce and Tomatoes - \$7.99  
Roasted Red Pepper, Caramelized Onion and Mushroom - \$6.99  
Cheeseburger, Lettuce, & Tomato - \$8.29      Steak & Cheese - \$8.29

## Seafood Entrees

Each Served With Cucumber Salad and Choice of Side or Cup of Soup  
Slightly Spicy Shrimp with Cajun Corn - \$9.75  
Seared Yellow Fin Tuna Steak with Wasabi Tossed Spinach - \$9.75  
Soy Ginger Salmon with Dill Cream Tossed Mixed Greens - \$9.75

## Sandwiches

Sandwiches Served with Apple, Chips, Potato Salad, or Coleslaw  
Substitute a Cup of Soup for \$1.00

### Build Your Own Sandwich Using any of the Ingredients on our Menu

Black Angus Burger - \$8.29      Veggie Burger - \$7.75  
Grilled Chicken - \$7.75      All-Natural Turkey - \$7.75  
Roasted Honey Ham - \$7.29      Roast Beef - \$7.99  
Pastrami - \$7.99      All White Chicken Salad - \$7.65  
Egg Salad - \$6.50      Cape Cod Chicken Salad – \$7.99  
All White Tuna Salad - \$7.75      1 or 2 Grilled Cheese - \$4.65 or - \$6.75  
Wild Alaskan Salmon - \$8.99      Yellow Fin Tuna Steak - \$8.99

### Bread

House Made Artisan Breads: White, Wheat and Multi Grain  
Dark Rye, Bulkie, Sub Roll, Focaccia, Ciabatta, White Wrap,  
Low Carb Wheat Wrap, Gluten Free Wrap Available

### Sandwiched Include Choice of:

Lettuce, Spinach, Tomato, Onion, Cucumber, Pickles, Olives,  
Hots, Banana Peppers, Fresh Basil,  
Bacon - \$1.00, Roasted Red Peppers, Chopped Egg - .50¢ Avocado - \$1.00

### Cheeses

American, Muenster, Provolone, Swiss, Feta, Parmesan, Shredded - .50¢  
Blue, Goat, Fresh Mozzarella - \$1.00

### Dressings & Condiments

#### House Made: Balsamic Vinaigrette, Blue Cheese And Greek

Ranch, Parmesan Peppercorn, Russian, Fat Free Dijon, Light Italian, Caesar,  
Oil & Vinegar, Lemon Juice, Mayo, Light Mayo, Ketchup, Mustard,  
Dijon, Grain Mustard, Buffalo, Salsa, Creamy Wasabi

House Made: Creamy Horseradish, Creamy Dill, Red Pepper Aioli & BBQ

## Gourmet Sandwiches

### Coleslaw Turkey - \$7.99

All-Natural Turkey, Coleslaw, Muenster Cheese, and Tomato

### Meat Trio - \$8.29

All-Natural Turkey, Ham & Bacon with Lettuce, Tomato, and Mayo

### Roast Beef Horseradish - \$8.29

Warm Roast Beef, Provolone, Caramelized Onions, Lettuce, Tomato  
with Creamy Horseradish Sauce

### BBQ Chicken & Bacon - \$8.29

Grilled Chicken, Lettuce, Tomato, Bacon, and Z Café BBQ Sauce

### Tomato Mozzarella - \$7.69

Tomato, Basil, Fresh Mozzarella, Laced with Olive Oil

### Egg Salad Club - \$7.45

Egg Salad, Bacon, Lettuce, and Tomato

### Avocado Goat Cheese - \$8.29

Avocado, Goat Cheese, Tomato, Spinach, and Balsamic Glaze

### Just Veggie - \$7.35

Lettuce, Tomato, Red Onion, Cucumber, Roasted Red Peppers, Pickles, and Avocado

### Wild Alaskan Seared Salmon - \$8.99

Seared Salmon with Lettuce, Tomato, Red Onions, and Red Pepper Aioli

### Grilled Yellow Fin Tuna Steak - \$8.99

Tuna Steak With Roasted Red Peppers, Spinach, and a Creamy Wasabi Sauce

### Steak & Cheese - \$7.99

Shaved Steak, Mayo, and Provolone on a Sub Roll

**Make it Loaded** – add Roasted Red Peppers, Onions, and Mushrooms \$8.35

### Philly Chicken - \$7.75

Grilled Chicken, Mayo, and Provolone on a Sub Roll

**Make It Loaded** – Add Roasted Red Peppers, Onions, and Mushrooms \$7.99

### Grilled Veggie - \$6.85

Mushrooms, Roasted Red Peppers, Caramelized Onions, Mayo,  
and Provolone Cheese on a Sub Roll

### BBQ Pulled Pork - \$7.29

Slow Roasted Pork and Z Café BBQ Sauce on a Bulkie

### Pastrami Or Turkey Reuben- \$7.89

Grilled Meat with Sauerkraut, Swiss, and Russian Dressing, Panini Pressed

### Classic BLT Served Toasted With Mayo - \$7.29

### Triple Decker BLT - \$8.29

## Gourmet Angus Beef & Garden Veggie Burgers 8.99

Includes Lettuce, Tomato & Caramelized Onions

Mushroom Swiss Burger      Red Pepper Aioli Jalapeño Burger  
Bacon BBQ American Cheese Burger      Black & Blue Burger  
Avocado Muenster Burger      Pesto Mozzarella Burger

## Gourmet Panini's Hot Pressed Sandwiches

### Turkey Melt - \$7.99

All-Natural Turkey, American, Spinach, Tomato, and Mayo

### Chicken Salad Melt - \$7.75

Chicken Salad, Bacon, and Muenster

### Greek Chicken Melt - \$7.99

Grilled Chicken, Feta, Tomato, and Pesto

### Ham & Slaw Melt - \$7.69

Ham, Swiss, Pickles, Cole Slaw, and Grain Mustard

### Veggie Reuben Melt - \$6.99

Tomato, Pickles, Red Onion, Sauerkraut, Swiss, and Russian Dressing

### Roasted Red Turkey Melt - \$7.99

Turkey, Lettuce, Tomato, Red Onion, Swiss, and Red Pepper Aioli

### Pastrami Melt - \$8.29

Pastrami, Red Onion, Swiss, and Grain Mustard

### Smoked Salmon Melt - \$8.69

Lox, Cream Cheese, Tomato, and Red Onion

### Wasabi Tuna Melt - \$7.99

All White Tuna Salad, American, Tomato, Red Onion, and Creamy Wasabi

### Italian Veggie Melt - \$7.89

Fresh Mozzarella, Tomato, Red Onion, Spinach, Roasted Red Pepper, and Pesto

## Gourmet Wraps On White Or Low Carb Wheat

### Grilled Chicken BLT OR Turkey BLT - \$7.99

Grilled Chicken Or Turkey with Bacon, Lettuce, Tomato, and Mayo

### Chicken Caesar - \$7.75

Grilled Chicken, Romaine, Croutons, Parmesan, and Caesar Dressing

### Buffalo Chicken - \$7.75

Buffalo Grilled Chicken, Romaine, Tomato, and Blue Cheese Dressing

### BBQ Chicken Salad And Slaw - \$7.75

Chicken Salad with Lettuce, Cole Slaw, and Z Café BBQ Sauce

### Chicken Cobb OR Turkey Cobb - \$7.99

Turkey, Bacon, Avocado, Lettuce, Tomato, and Blue Cheese Dressing

### Hummus And Loaded Veggie - \$7.35

Spinach, Tomato, Red Onion, Cucumber, Pickles, Roasted Red Peppers, and Hummus  
**(Add Chicken \$1.00)**

### Greek Wrap - \$7.35

Lettuce, Tomato, Cucumber, Red Onion, Olives, Feta, and Greek Dressing  
**(Add Chicken \$1.00)**

Please Make Us Aware Of Any Allergies Or Food Sensitivities You May Have.

“Consumption Of Raw Or Uncooked Foods May Cause An Increase Of Developing Food Born Diseases”

## Breakfast

Fresh Fruit Cup \$3.50      Yogurt & Granola \$3.50

Assorted Fresh Baked Muffins \$1.87

Bagel with Butter or Preservers \$1.50 --- Bagel with Cream Cheese \$2.00

Add Tomatoes, Cucumbers or Red Onion .30¢ ea.

Smoked Salmon \$1.90

**Veggie Bagel - \$3.90**

Bagel with Cream Cheese, Tomato, Onion, Cucumber & Avocado

**Egg And Cheese Sandwiches \$2.99**

Choice Bagel, English Muffin or Toast

Add Bacon Sausage or Ham \$1.00 Add a Second Egg .75¢

(Egg White Available at no Additional Charge)

**Frittata \$7.48**

Italian Omelette with Choice of: Cheese, Onion, Roasted Red Pepper, Tomato, Spinach, Mushroom, with Sausage, Bacon or Ham. Served with Toast

**Eggs Benedict \$8.39**

Poached Eggs Over an English Muffin with Honey Ham and Hollandaise

**Vegetarian Eggs Benedict \$8.39**

Poached Eggs Over Roasted Tomato Slice, Wilted Spinach on an English Muffin Topped with Hollandaise

**Three Egg Omelette \$7.29**

Three Egg Omelette with Choice of Cheese, Onion, Roasted Red Pepper, Tomato, Spinach, Mushroom with Sausage, Bacon, or Ham. Served with Toast

**Two Eggs Your Way \$5.59**

Served with Toast and Choice of Ham, Sausage or Bacon

**Breakfast Burrito \$6.99**

Two Eggs with Bacon, Pepper, Onion, Cheese & Salsa

**Cinnamon Oatmeal with Raisins & Apples \$4.99**

**3 Pancakes \$4.99**

Add Bacon Sausage or Ham \$1.00 Add Eggs .75¢ each

## Beverages

Hot & Iced Coffee - \$1.87

Bottle Drinks - \$1.49 & UP

Fountain Sodas - \$1.87

Fresh Brewed Ice Tea - \$1.64

Fresh Squeezed Lemonade - \$1.87

Fresh Squeezed Lemonade/Ice Tea - \$1.87

Hot Tea - \$1.64

Mighty Leaf Tea - \$1.87

Milk - \$2.00

Hot Chocolate - \$1.87/\$2.55

Frozen Chai Latte - \$3.75

Frozen Mochachino - \$3.75

Piña Colada Smoothie - \$3.75

Mochachino - \$2.75/\$3.75

Vanilla Chai - \$2.75/\$3.75

Strawberry Smoothie - \$3.75

Strawberry/Banana Smoothie - \$3.75

Four Berry Smoothie - \$3.75

All Prices Are Subject To Change

## Always Homemade Soups

All Soups Are Made Vegetarian Unless Specified

Cup of Soup \$3.74

Bowl of Soup \$5.59

**Bowl of Soup and Any Half Salad or Half Sandwich \$7.29**  
(.50¢ Additional for Gourmet Sandwiches .75¢ Premium Salads)

**Bowl of Soup with Grilled Cheese \$6.99**

## Salads - Served With House Made Bread

**House Salad \$6.99**

Mixed Greens, Tomatoes, Cucumbers, Red Onions, and Croutons

**Greek Salad \$7.19**

Iceberg, Tomatoes, Cucumbers, Red Onions, Olives, Feta, and Greek Dressing

**Chopped Blue Cheese \$7.29**

Iceberg, Blue Cheese, Tomatoes, Bacon, and Blue Cheese Dressing

**Caprese Salad \$7.29**

Sliced Tomato, Fresh Basil, Aged Balsamic Vinegar, and Extra Virgin Olive Oil, Choice of Blue, Mozzarella, Feta, or Goat Cheese

**The Caprese Plus Salad \$8.29**

The Original Caprese on a Bed of Spinach with Red Onions, and Avocado

**Vegan Salad \$7.65**

Mixed Greens, Tomatoes, Red Onions, Cucumbers, Fresh Basil, Roasted Red Peppers, Olives Pickles, Jalapeños, and Sun Flower Seeds

**Classic Spinach Salad \$7.19**

Spinach, Red Onions, Tomatoes, Hardboiled Egg, Bacon, and Cheese

**Spinach Apple Walnut Salad \$6.99**

Spinach, Candied Walnuts, Apples, Raisins, with Balsamic Vinaigrette

**Avocado Goat Cheese \$7.99**

Spinach, Avocado, Goat Cheese, Tomatoes, with Balsamic Vinaigrette

**Classic Caesar \$6.99**

Romaine, Croutons, Parmesan Cheese, and Caesar Dressing

**Grilled Chicken BLT Salad \$8.99**

Iceberg, Tomatoes, Bacon, Cheese, and Chicken

**Chicken Chef Salad OR Ham/Turkey Chef Salad \$8.99**

Iceberg, Tomatoes, Cucumbers, Hardboiled Egg, Cheese, with Grilled Chicken or All Natural Turkey and Black Forest Ham

**Turkey OR Chicken Cobb Salad \$9.29**

Iceberg, Tomatoes, Cucumbers, Bacon, Avocado, Egg, Blue Cheese, with Grilled Chicken or All Natural Turkey

Add: Chicken, Chicken Salad, Tuna Salad, or Egg Salad \$2.25

Hummus \$1.00, Shrimp \$2.99, Salmon \$3.49, Tuna Steak \$4.49



Breakfast – Lunch – Catering – Scratch Kitchen

## Full Catering Services



## DAILY HOMEMADE SOUPS

## SALAD BAR

FEATURING OVER 100 INGREDIENTS

389 Main Street

Phone: 508.304.1220

Worcester, MA 01608

Fax: 508.926.8429

[zcafeandcatering.com](http://zcafeandcatering.com)

[Sens@zcafeandcatering.com](mailto:Sens@zcafeandcatering.com)