



THE 5M5

INFORMER



Together we are Changing the World

February 2024

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MESSAGE ABOUT SCAMS

Good Afternoon Fellow Lions,

In the last couple of days we have once again received reports of phishing emails where the perpetrators were pretending to be the District Governor.

The emails I was shown screenshots of, included many of the hallmarks of phishing attempts.

1. There were misspelled words
2. The email addresses when viewed were junk and definitely not from the DG
3. They were trying to trick you into clicking on links or had an attachment they hoped you would open.

Please remain vigilant and review each email thoroughly before you click on something. Unfortunately, there is almost no way to stop perpetrators from pulling documents from our websites and making something that looks like it might be legit.

If you question it at all, do not click on a link and do not open the attachment. Delete the email, and I would recommend you block that email address if your email view has that option.

-Lion Matt Huggenvik

MD5M Webmaster

CLUB ANNIVERSARIES

Robbinsdale Lions
 February 28, 1939
 Celebrating 85 years

Minneapolis Southwest Lions
 February 25, 1946
 Celebrating 78 years



CALENDAR OF UPCOMING EVENTS

[Submit article](#), news, photo for the next issue by the 25th of this month.

Special Feature Note:

If the Date (Month, Day) is blue and underlined, that is a link to more info, a flyer, an email or a website.

If the Date (Month, Day) is black and not underlined, there is no link or further information at this time.

February 2024

February 1	STRIDES for Diabetes Awareness
February 3	Orono Lions, 37 th Annual Snowball Open ☹️ (CANCELLED) ☹️
February 4	Hamel Lions, Freeze your Buns
February 10	Minneapolis Can Do Canines, Pose Your Paws, Pet Portraits
February 16	Rogers Lions Fish & Shrimp Fry
February 16	Can Do Canine's Fetching Ball Gala
February 18	Rogers Lions B-I-N-G-O
February 23	ELLI (Emerging Lions Leadership Institute) Application Due
February 24	Wayzata Lions Waffle Breakfast

March 2024

March 1	STRIDES for Diabetes Awareness
March 9	Council of Governors meeting
March 15-17	ELLI (Emerging Lions Leadership Institute)
March 18	5M5 Cabinet Meeting
March 25	Due Date for MD5M 2024 Convention Silent Auction prizes. (Benefiting Lions KidSight)

April 2024

April 1	STRIDES for Diabetes Awareness
April 1	All-Club Meeting
April 14	Eden Prairie Lions, Pancake Breakfast, 8 AM to 12 Noon
April 13	LCIF Gala,
April 19-21	MD5M Multiple Convention in Winnipeg, Manitoba, Canada
April 20	D-FEET Registration Due
April 24, 25, 26	Brooklyn Park Lions, Smelt Fry

May 2024

May 5	New Hope Lions Pancake Breakfast & Silent Auction
May 11	Maple Grove Nature Run
May 13	Club Officer Training at Can Do Canines in New Hope.

June 2024

June 1	D-Feet Hearing Loss Walk
June 21-25	Lions Clubs International convention in Melbourne, Australia

July 2024

July 11	Hamel Rodeo, 7:30 PM benefits MN Lions Childhood Cancer Foundation
July 12	Hamel Rodeo, 7:30 PM
July 13	Hamel Rodeo, 1:00 PM and 7:30 PM
July 14	Hamel Rodeo, 2:00 PM Parade and 7:30 PM Rodeo



DISTRICT GOVERNOR Lion Dick Kentzelman



Fellow Lions,

Welcome back to the real world, temperatures are normal for this time of the year making ice as I work on this article. I attended various Convention Committee Meetings leading up to Mid-Winter.

First off, I want to thank all Lions and Lions Clubs who participated in Mid-Winter January 5-7 2024, at the Double tree Hilton Bloomington. A big welcome to all Leo's who participated in the convention doing their service projects and having their yearly meeting at the Mid-Winter always good to see the excitement of future leaders for our communities. A big thank you to Lion James Rouillard for all you have done for the Leo's, building the program and guiding them to where they are at today thank you. All Lions hopefully throughout the weekend you renewed old friendships and developed new ones. Talking about fundraising efforts, service projects, leadership responsibilities within your clubs, and membership which all clubs are working hard on to build on from last year's positive year end in membership.

Friday night with Crock Pot Challenge I had the privilege of walking the rooms with International Director (ID) John Lawrence and Partner in Service Carol Schoonover, they were impressed with all that the clubs of our district in the presentation and modeling theme after Australia next year's International Convention. Saturday was a busy day with Cabinet meeting, Memorial service, leading up to luncheon, Keynote Speaker-ID John A Lawrence and Peace Poster Presentation Lion Amy Sundstrom. After luncheon Business Meeting, Voting and Seminar following business meeting. Congratulations to DGE Kim Schommer, FVDG Sara McFee, SVDG Bruce Strachota on your nominations and elections, a full slate due to a great succession plan put together by Global Leadership Team, thank you.

Lions Award Dinner, Every Day Hero Awards, John Lutter Memorial Award, and International Awards a great evening for all recipients. Dinner followed up by Desert Challenge was huge, way too many deserts and all excellent. Thank you to all First Timers congratulations, see you next year and bringing a new Lion member or a guest. Sunday morning Celebration Breakfast, Tail-twisting , Parade of Checks, and Auction. A good time had by one and all, a great conclusion to a fantastic Mid-Winter. Once again thank you to all Convention Committee, Memorial Service Committee, Peace Poster, Zone Chairs, AV, Photography, your time and effort are not forgotten but always remembered.

I look forward to meeting with the Lions Clubs of District 5M-5 throughout the year.

Take Care. Yours in Lionism,

DG Dick Kentzelman

Scholarship Information

Professor Ken Pengally of Minnesota State University (Mankato Campus) and a Maple Grove Lion has shared some important information regarding college scholarships. For clubs with scholarship program this is great info. For the parents, grandparents, aunts and uncles of college bound youth this is also great information!

Greetings All Lions Clubs:

Here is the site explaining the North Star Promise Scholarship program.

<https://www.ohe.state.mn.us/sPages/northstarpromise.cfm>

This is a significant program for all Lions Club to know about because it affects the awarding of scholarships.

The key point is: **family income**.

If a student's family income is below \$80,000, and, if the student is attending a Minnesota state college or university, then that student qualifies for full tuition and fees. If that student seeks a 4 year degree, the student is awarded money for 120 credits. If that qualifying student seeks a 2 year degree, the award is for 60 credits. The student must demonstrate progress each semester and re-qualifies each time. (see guidelines cited above)

Minnesota State University, Mankato, has annual tuition cost of approximately \$9500 for the year. That means a qualifying student would receive a total scholarship of \$38,000 over those 4 years (120 credits total). A student wanting a 2 year degree (AA) would receive half that amount for 2 years.

You can read the guidelines as to how other scholarships are handled: they are deducted from the amount the student qualifies for. You will note that the funding will apply to students currently enrolled in a Minnesota state college or university for this fall.

However, on-campus housing costs are not covered by this Promise scholarship. At Mankato housing costs would be \$10,000 a year. I have asked Minnesota State University, Mankato, for clarity on the housing scholarship option I've pointed out. I have several endowed scholarships funded and the Promise may affect how monies are awarded.

I would suggest that the Scholarship Committee discuss the awarding of the annual scholarships. If a student who applies to the Lions Club for a scholarship qualifies for the Promise, the scholarship could be a "housing scholarship" at a state college or university. My reading of the guidelines suggests that this money would then not be discounted from the student's Promise award.

If the qualifying Minnesota student plans to attend a private college or one out of state, then they don't qualify for this Promise Scholarship. They are forfeiting \$38,000 in monies for a 4 year, in-state degree.

The North Star Promise scholarship program is addressing the skyrocketing costs of higher education. Minnesota is trying to educate its labor pool for the next generation by offering students with family income limitations an opportunity for higher education. I believe we should celebrate this effort to help a significant number of Minnesota families.

Old Lion Ken
Maple Grove Lions



1ST VICE DISTRICT GOVERNOR ELECT Lion Kim Schommer

Hello Lions of 5M5

It was great to see so many Lions at the convention this year! It is always great to catch up with Lions friends and make new ones. Thank you to the voting delegates who supported me by voting for me as District Governor Elect. I appreciate your support and look forward to next year.

Congratulations to all of those that received awards or recognition during the convention.

I will be attending several other districts Mid-Winter conventions over the next few weeks to support my fellow DGEs.

I am busy preparing for next year as I have DGE training in St. Charles, IL in February and training the first week in March in Roseville.

I appreciate all the service activities and fundraisers that the Lions of 5M5 do. I would love to help you if I am available. Please let me know if you need an extra pair of hands and I will try to make it work with my schedule.

Thank you for all you do!

In Lionism,

Lion Kim Schommer
5M5 District Governor Elect



2nd VICE DISTRICT GOVERNOR ELECT Lion Sara McFee

Greetings Lions,

Minnesota's winter may be a bust, so far, but 5M-5's Mid-Winter Convention was a huge success!

We had more Lions attending since 2019! We had lots of fun connecting and reconnecting. We served, bringing eyeglasses to be sorted (more than 35,000!) and cold-weather clothing donations for Allan Law. We had the opportunity to watch nearly 100 Leo's in action with four service projects!

We remembered friends who passed during 2023. The Brooklyn Park Lions Drum and Dance Team brought great energy to start our Saturday lunch program that also featured our District Peace Poster winner and a wonderful presentation about Can Do Canines.

During Saturday's Awards Dinner, our clubs honored 43 of their own as Every Day Heroes who make a difference as they serve their communities. District Governor Dick Kentzelman presented several very special awards – 4 New Voices, 7 International, the John Lutter and 5M5 District Every Day Hero awards. Friday and Saturday the hospitality rooms were filled with Australian-themed decor, fun, food, and competitions. We welcomed First Time Mid-Winter attendees and our visiting International ID, and his Partner-in-Service. We also learned our clubs donated more than \$200,000 to our Lions' Foundations and other projects during Sunday's Parade of Green.

Check out the Mid-Winter Convention photos on our District's Facebook page: [District 5M5 Lions](#)

Thank you for your support during the election during the Business Meeting at the Convention. I look forward to continuing to serve alongside you as First District Governor.

Together We are Changing the World!

Lion Sara

Sara McFee
5M-5 First Vice District Governor-Elect

Chair & 5M-5 Co-Trustee
5M-5 Minnesota Lions Diabetes Foundation

Minneapolis Ambassadors Lions Club
LionSaraMcFee@gmail.com



CABINET TREASURER Lion Ross Thorfinnson

Here are the numbers for the Parade of Checks donations.

Can Do Canines	\$ 15,125.00
Confidence Learning Center	\$ 4,525.00
LCIF	\$ 25,510.00
Leader Dogs for the Blind	\$ 18,490.00
Leo's	\$ 5,925.00
MD5M Lions Kidsight Foundation	\$ 12,650.00
MN Lions Childhood Cancer Foundation	\$ 18,742.00
MN Lions Diabetes Foundation	\$ 27,335.00
MN Lions Hearing Foundation	\$ 18,650.00
MN Lions Vision Foundation	\$ 23,675.00
Project New Hope	\$ 10,175.00
Special Olympics MN	\$ 13,100.00
TEAM Sheehan Charitable Foundation	\$ 4,550.00
True Friends	\$ 7,700.00
Youth Exchange	\$ 3,550.00
TOTAL:	\$ 209,702.00

Lion Ross

MEET THE CANDIDATES-

Bert Nelson for International Director

BERT NELSON

FOR INTERNATIONAL DIRECTOR

Pam and I are hopeful that everyone is considering going to the MD5M Convention in Winnipeg, Canada April 19-21, 2024. It is a beautiful city with wonderful attractions. We especially enjoyed visiting the Assiniboine Zoo the last time we were there. The convention is a good place to visit with other Lions outside our own districts and learn what other clubs are doing. It is also the place to be when voting to endorse our next International Director from our great multiple.

I want to be an International Director for Lions Clubs as I want to be involved in keeping our association moving forward to help each other become better stewards of our motto "We serve". There is such a need in our world for Lions to step forward and help wherever we can.



LCIF Chairman Bert Nelson greeting volunteers during 5M9's district service project which was possible in part by a grant from LCIF.



I feel I have the right qualifications to run for International Director which include:

- Zone 6 Chairman
- District 5M9 Public Relations Chairman
- District 5M9 Newsletter Editor
- Chairman of three 5M9 Mid-Winter Conventions
- District Governor 2005-06
- Council Chairman 2006-07
- MD5M Long Range Planning Committee Chairman
- MD5M Public Relations Chairman
- MD5M Newsletter Editor
- MD5M LCIF Chairman for past 11 years
- Certified Guiding Lion
- Global Extension Team
- Global Leadership Team
- Global Service Team
- Training Instructor for six groups of incoming governors
- Facilitator for 8 MD5M Regional Lions Leadership Institutes
- Facilitator for 1 MD5M Emerging Lions Leadership Institute
- Assisted on 5 International Director Campaigns for candidates from MD5M.
- Campaign Chairman for IP Brian Sheehan
- Planning Committee member of 2 USA/Canada Forums
- Presenter at 5 USA/Canada Forums

Pam and I want to thank you for your consideration and continued support with my campaign for International Director. We plan to visit your Mid-Winter Conventions and we hope to see you in Winnipeg.

PCC Bert Nelson
lionbert.a.nelson@gmail.com
218-298-0932

MEET THE CANDIDATES-

Dennis Kelly for International Director

**DENNIS
KELLY**

**DK3
for
ID**



Hello Lions,

As some of you already know I am seeking the endorsement of our Multiple District for the office of International Director of Lions Clubs International.

I have dedicated my Lions' life to service and leadership. A commitment to help make my community and world a better place by working with other Lions to make a difference, to leave things better than the way they were before. To lead by example and inspire and motivate other Lions to do the same. To continuously challenge present day thoughts and actions to make sure that the path we are on is the best for our members, clubs and association.

I have spent most of my Lions career and my private sector career in management positions. Leading teams, managing groups of people, giving guidance and motivation to team members and leaders to help them reach their goals and potential. I will continue to do this as a member of the board.

Being able to represent our Lions and our association at the International level requires a team approach. I have an amazing service partner, Lion Cheryl. She is a proven leader and motivator who is dedicated to our motto, "We Serve." We both believe in the concept of servant leadership. This is a leadership approach that puts serving others above all other priorities. Rather than managing for results, a servant leader focuses on creating an environment in which their team can thrive and get their highest-impact work done.

In our district 5M6, I have served as a trustee to the MN Lions Vision Foundation, twice as District Mid-Winter Convention Chair, and as the District Global Leadership Coordinator. In this role I developed the Club President's Happy Hour. A quarterly gathering of club presidents to improve the communication between the clubs and district leadership.

In our multiple district I am currently the Global Leadership Team Coordinator, responsible for all leadership development and training, RLLI, ELLI, and FDI as well as District Governor Elect and vice district governor, I have held this position since 2019.

I also was instrumental in starting the KidSight program and have held the position of Chair of the Board of Directors of the MD5M Lions KidSight Foundation, Inc since 2017. Our Lions have screened over 125,000 kids since this program began.

My experience on the club, district, multiple district and international level has positioned me to be able to fulfill the duties of a member of the International board. Lion Cheryl and I pledge to do our best to represent our Lions and help to make our association the standard to which all other service associations are measured.

To read more about my experience and qualifications please visit my website: teamdennis.net and visit our Facebook page, DK3 for ID. You can also email at teamdennislions@gmail.com with any questions or if you would like to support my campaign.

We hope to meet many of you at the mid-winter convention. Your consideration of my candidacy will be greatly appreciated.

Lion Dennis

MEET THE CANDIDATES- **Bruce Strachota for 2nd Vice District Governor**



Hello, my name is Lion Bruce Strachota, and I am running for the office of 2nd Vice District Governor for Lion year 2024-2025. I have been a member of the St Louis Park Lions Club since 1999. In those many years I have been President, Vice-President, Secretary, Tailtwister and Board member. I have chaired many events over the years. In the district I have held the office of zone chair (2014-2015) and Region Chair (2015-2016). I have also served on the 5M5 cabinet as USA Canada Forum Chair. I have attended Regional Leadership training and am a Certified Guiding Lion. I have received the following awards: Lion of the Year (twice), Pancake Award (twice), Club Chaplain Award (twice), Everyday Hero Award, as well as the Melvin Jones Award. I am currently serving as Club Secretary and Zone Chair for Zone 1. I am also a certified KidSight screener.

What caught my attention and continues to capture my attention are the stories that recipients of cornea transplants and cochlear implants have to tell about how the Lions have effected their lives so dramatically. I really feel the impact of being a Lion when I hear these stories firsthand. I have attended many conventions including Midwinter (continuously from 1999 on), Multiple, International and USA Canada Forum (4 times). I would be humbled to have the opportunity to serve as 2nd Vice District Governor and will always do my best to serve people to the best of my ability.

Outside of Lions I am very active in my church. Currently, I am council president of my congregation and have also served as musical director of the Sunday school choir and have directed many Christmas pageants. I currently am a member of ESA (Epsilon Sigma Alpha-a non-collegiate sorority that raises money for St Jude among many other organizations). I served as president of my chapter for 2 years and have been on the planning committee for the state convention. I have also served as Chaplain for MN ESA. I am employed by Edina Realty and have been with them for over 20 years.



GLOBAL LEADERSHIP TEAM (GLT)

Did You Know.....

...that NOW is the time to hold club officer elections for the 2024-2025 Lions year? Please encourage Lions in your club to step up to leadership positions.

Are club members reluctant to step up? Why are they reluctant? Are they concerned that if they take a position they will be “stuck” with for a long term? Are they intimidated by the duties of the positions? Have that conversation with them.

Perhaps current officers could have a new “co” work with them for a year as a way to mentor new officers and have them get comfortable with the position.

Perhaps the club could place term limits on officer positions so that club members would not have the concern that will have to serve in the position long term.

Having a succession plan in place for club officer positions is good for the club. There are numerous examples a club member who holds an office for an extended period, then something happens, and the club is left with a major leadership gap because no one else knows how to fill the position.

So please, encourage members to step up to lead. And by all means, help prepare them for their new role.

The Global Leadership Team is ready and able help.

Just let us know.



GLOBAL MEMBERSHIP TEAM (GMT)

District 5M5 Membership: 1,316 (As Of 1/26/24).
To Date Added Members: 93
To Date Dropped Members: 71
Net Gain/Loss: +22

Welcome New Lions Members!

Bloomington Lions Club

Greg Camp	Joined: 01/24/2024	Sponsor: Robert Buth
Roger L Camp	Joined: 01/24/2024	Sponsor: Robert Buth
Debra L Fox	Joined: 12/27/2023	Sponsor: Carl Reinighaus
Daniel D Latham	Joined: 12/27/2023	Sponsor: Dan Mathwig
Susie Reinighaus	Joined: 12/27/2023	Sponsor: Carl Reinighaus

Eden Prairie Lions Club

Eric S Anderson	Joined: 10/01/2023	
Lee Johnsonn	Joined: 10/01/2023	Sponsor: Bruce Boyd
Anthony J Szczepaniak	Joined: 01/04/2024	Sponsor: Joel Johnson
Matt D Hansen	Joined: 10/11/2023	Sponsor: Jerry Figg
Lawrence P Kukowski	Joined: 10/01/2023	Sponsor: Curt Goke
Steve M Weismann	Joined: 11/07/2023	Sponsor: Joel Johnson

Excelsior Lions Club

Angie Bean	Joined: 01/03/2024	Sponsor: Josh Radziej
Erika Gjerde	Joined: 12/12/2023	Sponsor: James Flattum
Derek Johnson	Joined: 12/12/2023	Sponsor: James Flattum
Macey Johnson	Joined: 12/12/2023	Sponsor: James Flattum
Karen Koehnen	Joined: 12/01/2023	Sponsor: Josh Radziej
Cynthia Stavrou	Joined: 01/10/2024	Sponsor: Sunshine Allison

Loretto Lions Club

Samuel M Mutasa	Joined: 01/09/2024	Sponsor: Tena Ungerman
Leia E Ward	Joined: 01/09/2024	Sponsor: Dana Cline

Minneapolis Ambassadors Lions Club

Neal R, Godse M.D.	Joined: 01/10/2024	Sponsor: Teri Wolner
Kolin Rubel M.D.	Joined: 01/10/2024	Sponsor: Teri Wolner

Robbinsdale Lions Club

Lori J Harrington	Joined: 01/15/2024	Sponsor: Diane Jorde
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Rogers Lions Club

Ann Disselkamp	Joined: 12/21/2023	Sponsor: Karen Zimpfer
Mary Lou Schreiber	Joined: 12/21/2023	Sponsor: Ruby Olsonoski

“Together We Can” Make This an Amazing Year for Membership in District 5M-5!

District 5M-5 GMT Is here to support you. Please contact if you need any assistance.

PCC Rob Rand Robrandmn@gmail.com Global Membership Team (GMT) District Coordinator



GLOBAL SERVICE TEAM (GST)

Lion Jodi Altenhofen & Lion Bernie Braegelmann

Thanks, Lions, for all the great service projects you have done so far this Lion year. Here is the status of clubs reporting on MyLion as of January 15th, 2024:



We are well on our way of meeting our District Governor's Goals which are:

- 90% of clubs reporting service on MyLion.
- Promote service project monthly.
- Complete 800 Service Projects.
- Leos – do service project at Mid-Winter – Pack Food and sort Eyeglasses
- Lions – do service project - Recycling and Diabetes Awareness.

Recycling falls under Environment and 19 of our 44 Lions & Leos Clubs have reported doing an Environment Project.

Where we are lacking is service projects for Diabetes and Childhood Cancer. Only 10 clubs have done a Diabetes service project and 8 clubs have done a Childhood Cancer service project. Will you do a service project in these two areas before the end of the Lion Year?

Here are some ideas:

Diabetes:

- **Collect recipes** and then create a diabetic cookbook and then distribute it.
- **Take the At-Risk Test** with a group of people in your community.
- **Start a Walking Group** with club members and ask community members to join you.
- **Sponsor a Healthy Eating Food Demo** for people with diabetes or pre-diabetes.

Childhood Cancer:

- **Drive patient** along with family members to doctor visits.
- **Shovel Snow or Clean Driveway** for a family that has a child with cancer.
- **Baby-sit** for parents who need to take a child to treatment.
- **Deliver Meal** to family that has child suffering from cancer.
- **Donate Gas Card** to family of child with cancer to help with gas expenses, especially if they travel far for treatment.

See list of 100 Service Ideas for more even suggestions!!!!

Follow Global Service Team on Facebook at: District 5M5 – Lions Service

One Hundred Service Ideas



Diabetes

1. Organize a "Strides: Lions for Diabetes Awareness" event.
2. Organize a community support group for parents of children with diabetes.
3. Volunteer to serve at a children's diabetes camp.
4. Invite a healthcare professional to speak about diabetes at your club or district meeting.
5. Partner with local healthcare providers to organize diabetes & vision screenings.
6. Distribute educational resources to increase diabetes awareness at a community health fair.
7. Organize a walking club for seniors with diabetes.
8. Provide a diabetes magazine subscription to your local library.
9. Sponsor a child in need to attend diabetes camp.
10. Donate diabetes books to your library with a bookplate to identify your club's donation.
11. Work with your local school to invite a health care professional to speak about diabetes.
12. Post monthly articles about diabetes on your club or district website.
13. Promote diabetes prevention through a radio public service announcement.
14. Sponsor a healthy cooking demonstration for people with diabetes.
15. Organize a school or community vegetable garden to encourage healthy eating.
16. Work with a community podiatrist or foot care specialist to provide foot screenings.
17. Partner with your local diabetes organization to offer programs & materials.
18. Promote community resources and online materials from LCI partners NDEP, DECA & IDF.
19. Promote the importance of an annual dilated eye exam to detect diabetic eye disease.
20. Provide educational materials to schools & physician offices.



Environment

21. Plant trees with the advice of a local environment organization on the best locations and varieties.
22. Clean up a beach, community space or roadside area monthly as a club.
23. Hold an environment-themed photo contest at a school. Plant a tree or another green form of recognition to honor the winner.
24. Challenge all Lions in your club or district to add one green habit to their daily lives.

25. Recognize a local organization or community leader for environmental conservation work.
26. Volunteer with your local park service to maintain trails. Help more people access and enjoy nature!
27. Commit to "Meatless Mondays" or not eating meat one day each week.
28. Collect used cellphones and donate them to individuals in need.
29. Lead an after-school nature walk.
30. Survey homes and community areas for leaks in sinks, communal spigots or water fountains. Contact relevant officials for repairs.
31. Work with city officials to paint "no dumping" signs near road drainage areas.
32. Identify where to recycle toxic items and share the collection schedule.
33. Organize a mural competition to promote environmental awareness. Paint the mural in a prominent community location.
34. Implement a recycling drive where people donate gently-used items to charity organizations.
35. Develop a demonstration garden or landscaping plot using native plant species to restore the habitat and conserve water.
36. Sponsor a training program for farmers on how to make and use organic fertilizers and pesticides.
37. Produce a monthly nature program on a local public radio station.
38. Partner with a local carpenter to build rain barrels. Hold a training session with community members to promote using them for watering and irrigation.
39. Organize an alternative transportation incentive program to encourage walking, biking, public transportation and carpooling.
40. Establish a school garden and composting program to improve school meals & reduce waste.



Hunger

41. Volunteer to deliver prepared meals to those who are elderly or visually impaired.
42. Organize a program at a local school to provide healthy, nutritious meals.
43. Prepare food baskets for families in need.
44. Volunteer at a soup kitchen or homeless shelter.
45. Take families in need shopping for fruits and vegetables.
46. Organize an event to benefit a food bank in your community; use cans of food as admission.
47. Hold a hunger walk and use proceeds to buy food for a children's center or a homeless shelter.
48. Create a cookbook of inexpensive, easy recipes.



49. Create healthy snack packages to be distributed to children in need.
50. Partner with local restaurants or food markets to deliver donations to a shelter.
51. Start a food co-operative to serve as a resource for healthy food at a more affordable price.
52. Collect infant formula and baby food for an organization serving young mothers at risk.
53. Work with healthcare professionals to provide free classes on nutrition & food preparation.
54. Provide fruits and vegetables as a healthy snack for children in childcare facilities.
55. Provide transportation for those who are elderly or visually impaired so they can shop for food.
56. Teach children to bake a loaf of bread they can take home to their family.
57. Invite a local food bank representative to speak at a club or district meeting.
58. Provide needy children with backpacks supplied with food for when school is not in session.
59. Host a picnic or BBQ at a park for the community.
60. Establish a community vegetable garden where local residents can grow their own food.
75. Host a "Beep Baseball" game or tournament.
76. Support a guide dog training program through fundraising or voluntary labor.
77. Develop an assistive technology library so people can access resources as their needs change.
78. Create a sensory garden that engages the senses of touch, smell, hearing & taste. Provide braille or audio recordings of signage.
79. Partner with a school for the blind to support assistive technology & maintenance needs.
80. Partner with an orientation and mobility specialist to provide ongoing support to teachers and employers of inclusive classrooms/workplaces.



Childhood Cancer

81. Provide craft materials, puzzles, books & games to children receiving treatment.
82. Prepare meals for families with children undergoing treatment.
83. Donate gas, parking & food gift cards to families in need or a childhood cancer center.
84. Provide cancer support books and magazines to your local school.
85. Write cards full of well-wishes and share them with a local cancer center.
86. Make or buy new hats, caps, head scarves and blankets to donate to children's cancer centers.
87. Coordinate travel arrangements to and from treatments for a family of a child with cancer.
88. Provide tutoring services to children with cancer and their siblings.
89. Organize a childhood cancer camp or sponsor a child to attend one.
90. Volunteer to assist a family in sharing their story through photography.
91. Sponsor an activity day for children with cancer.
92. Raise awareness through radio public service announcements or social media campaigns.
93. Provide children's entertainment at a hospital or treatment center for children with cancer.
94. Organize a weekend retreat for families with children in remission.
95. Remodel a children's cancer center.
96. Form a support group for those affected by childhood cancer.
97. Familiarize yourself with the bone marrow transplant registry.
98. Volunteer at a housing facility serving children with cancer.
99. Assist at camps for children with special needs.
100. Host a wellness and nutrition day advocating healthy living habits for young people.



Vision

61. Organize a braille, large print and audio book collection to benefit a library or senior center.
62. Volunteer to create audio recordings of books & periodicals.
63. Work with local eye care professionals to provide community vision screenings.
64. Sponsor a World Sight Day event.
65. Sponsor visually impaired students through camps, contests or other activities.
66. Create a community arts program for children and adults who are blind or visually impaired.
67. Collaborate with an eye bank to promote the importance of corneal donations.
68. Develop a directory of community resources and services for those who are visually impaired.
69. Volunteer at a visual rehabilitation or vocational training center.
70. Organize an inclusive sporting event for children with and without visual impairment.
71. Host a fundraiser to purchase and donate white canes for those who are blind.
72. Work with local employers to develop an employee vision screening program.
73. Develop a discount voucher program with optical shops for underserved populations.
74. Design a transportation program for those who are blind or have low vision.

ZONE CHAIRS

ZONE 1 CHAIR – Term ends 2026

Bruce Strachota

Corcoran Lions
Dayton Lions
Hamel Lions
Loretto Lions
St. Louis Park
Wayzata Lions

ZONE 4 CHAIR – Term ends 2024

Heidi Zaworski

Bloomington Lions
Mpls Northeast Lions
Mpls Riverview Lions
Mpls Southwest Lions
Mpls Special Olympics Minn. Lions
Richfield Lions

ZONE 2 CHAIR – Term ends 2024

David Danielson

Edina Lions
Eden Prairie Lions
Eden Prairie Lioness Lions
Northwest Tonka Lions
Orono Lions
Saint Bonifacius Lions

ZONE 5 CHAIR – Term ends 2025

Judy Rue

Camden Lions
Crystal Lions
Hopkins Noontime Lions
New Hope Lions
Osseo Lions
Plymouth Lions
Robbinsdale Lions

ZONE 3 CHAIR – Term ends 2024

Daren Johnson

Excelsior Lions
Hopkins Lions
Mpls Ambassadors Lions
Mpls Can Do Canines Lions
Mpls Downtown Next Gen Lions
Mpls Northside Roaring Lions

ZONE 6 CHAIR – Term ends 2026

Vickie Parks

Brooklyn Center Lions
Brooklyn Center Lady Lions
Brooklyn Park Lions
Brooklyn Park Lady Lions
Maple Grove Lions
Rogers Lions

5M5 DISTRICT INFORMATION

[Tell us about 5M5's Communications!](#)

Go to link below to take a confidential survey. Tell us how you learn about what is happening across our District. Give us suggestions to improve District communications. Communications survey link: www.surveymonkey.com/r/8DMWTR7

[Tell us what you think about 5M5's Mid-Winter Convention!](#)

Go to link below to take a confidential survey. Tell us your thoughts about the 2024 Mid-Winter Convention. Give suggestions for future conventions: www.surveymonkey.com/r/82WJLFH

[Calendar of Events and Activities](#)



District 5M5's calendar is your key source for information on what is happening at the club, District, Multiple, and International levels. The 5M5's District website calendar is updated throughout the month at Lions5M5.org

[5M5 District Website Update](#)



5M5's website has a new look! Check out the website for information, resources and calendar. Click on above title to learn more.

[Email Your Photos](#)



Please email photos of your Lions in action - club, district and beyond.

[Share Your Club Service and Activities on Facebook](#)



District Facebook pages also have frequent postings.
[District 5M5 - Lions Service](#) Facebook email to [Lion Bernie Braegelmann](#)

[District 5M5 Lions](#) Facebook email to [Lion Kristine Morin](#).

LIONS CAUGHT IN THE ACT OF SERVING



Lion Rob Hed was present a Believe Award from MN Lions Childhood Cancer Foundation for his work with Hamel Rodeo and the foundation.

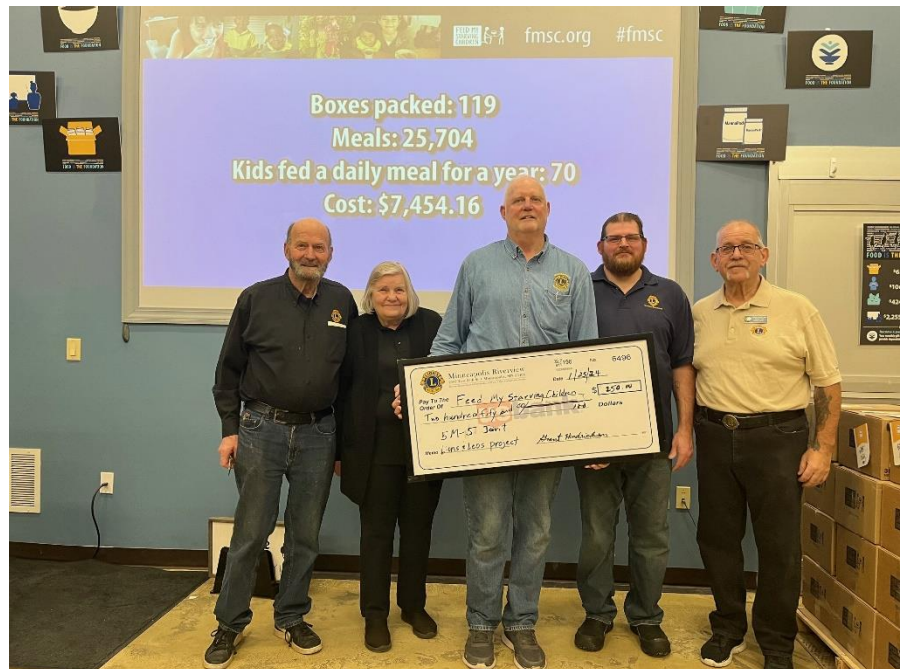
01-22-2024

Hopkins Lions was featured in the Sun Sailor Post regarding their standing as the oldest club in Hennepin County.

[Click Here to read the article.](#)

01-25-2024

I wanted to share this picture of us Lions who helped the Champlin Park Leo's last night at Feed My Starving Children. We packed 119 cases of food this evening. Thank you for all that participated. Not shown was Lion Mike Peach from Maple Grove Lions. Please share on social media if you are interested.





Well, 5M5 just completed our midwinter. It was successful and the clubs were generous in financially supporting the Minnesota Lions Childhood Cancer Foundation. Having several very worthwhile Lion Foundations in our multiple is great but there is only so much money a club can contribute. It's like having a pie at dinner for 6 people and now 1 or 2 additional show up, those slices get a bit smaller. At our midwinter we put quite a bit of emphasis on asking for support of the Hamel Rodeo. There were numerous Lions who appreciated us in taking that approach to reach out to the community at large for support.

As we mentioned in a prior email our foundation is committed to having 25 volunteers for opening night Thursday July 11. We need 20 to scan tickets and 5 to serve food. Each volunteer will get a volunteer T-shirt. Here's what they will look like front and back

The rodeo produced a small batch of these for me. We had this as our centerpiece at the convention. If any of you want one send me an email and I'll get it in the mail to you. There is one catch to this in that it can only go to someone who is actually going to show up to the rodeo. So, don't be handing it out to someone just because they are a good Lion. Also, I don't want them back until the rodeo so take them to your club meetings or wear them around town when you are out and about. Of course they will attract attention. Let me know who is committing so I can get them put on the list in which additional information will be coming.

Not everyone will want to volunteer so encourage them to buy tickets to the event. Preferable opening night but if not any of the 6 events. Tickets are only sold online and can be purchased now. <https://www.hamelrodeo.org/>

They sell 4,000 general admission tickets. \$25.00

There is also a limited number of VIP tickets which sell out quickly. In fact some of the dates are already sold out since they went live on January 1. Those tickets are \$150.00.

You can sell those tickets the same way you do for pancake/waffle events. There are always those people who are willing to support a Lions event by buying tickets even though they do not plan on attending. Nothing wrong with doing the same here. However, the Hamel Rodeo is a great family event. What can be better than having grandpa and grandma taking those 2 or 3 grandkids to the outskirts of the Twin Cities to spend a couple of hours without their iPhones/Tablets and to enjoy seeing what cowboys are all about. These are the same cowboys that spend time in Wyoming, Oklahoma, Texas that come to the largest rodeo in Minnesota.

On a separate note, Past District Governor Rob Hed has played a huge role in getting us involved with the rodeo. So much that we decided he was worthy of our Believe Award. I was honored to present it to him at Midwinter.

I wish each of you a happy New Year and look forward to us doing what we do best. We Serve.

--

Lion Gary Stevens

612.867.7249

edenprairiegary@gmail.com



Diabetes is a Lions Club International Global Cause

Your Lions Club can perform service that will increase awareness, educate about and screen for diabetes, and support research for treatments and a cure for diabetes!

- **Distribute diabetes screening tools** (print or online links available through your 5M-5 Minnesota Lions Diabetes Foundation trustees).
- **Connect with a Diabetes camp to sponsor** one or more children to attend the camp.
- **Donate funding for needed supplies to a camp** that serves children with diabetes.
- **Organize a Strides Lions for Diabetes Awareness activity (walk; screening for diabetes, diabetic retinopathy, diabetic foot conditions; education session in schools or community; etc.)** (*Planned by your club or partnering with other Lions clubs or health care organizations.*)
- **Promote diabetes prevention** through social media campaigns.
- **Sponsor a cooking demonstration** for people living with diabetes or who are pre-diabetic.
- **Volunteer for a day** at a diabetes camp.
- **Work with your community library** to identify and donate needed diabetes magazine subscriptions or diabetes-related books.
- **Organize and conduct activities to raise funds** for diabetes research.
- **Volunteer on behalf of Minnesota Lions Diabetes Foundation** at the Minnesota State Fair.

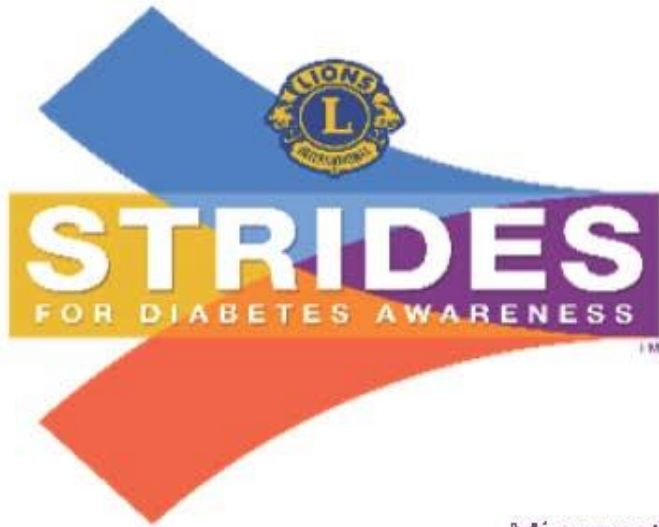
Report your diabetes service activities on MyLion and submit photos and flyers for 5M-5's Informer and Facebook Service page.

Contact your 5M-5 Minnesota Lions Diabetes Foundation trustees for resources and ideas!

Lion Sara McFee
LionSaraMcFee@gmail.com
612-269-8709



Lion Paul Newman
NewmanPE@spacestar.net
612-799-4165



Minnesota Lions Diabetes Foundation *Physical Activity Challenge* 3rd Annual Fundraiser!

February – March - April 2024

Minnesota Lions Diabetes Foundation is asking each Lions club within Minnesota, each Lion within our clubs, and the public to join us in this fundraising activity.

Your Health – *Physical activity, as well as healthy food and drink choices, helps prevent diabetes and helps to maintain and restore health.*

The Challenge – Again, this year we are including a physical challenge as a part of our annual fundraiser. You choose to do activities you enjoy – indoors or outdoors (swimming, walking, running, skiing, skating, bicycling, using a treadmill, NuStep, Elliptical, etc.). You choose the times, dates, and locations of your activities. *Challenge yourself and others to get started and to keep moving.* Ask your family and friends – in Minnesota and across the world – to join you in the Physical Activity Challenge. *Share the registration link!*

Your Financial Support – By registering for / donating to MLDF’s Physical Activity Challenge you will help finance critical research being done to find a cure for Type 1 and Type 2 diabetes. We each know people in our communities and around the world who live with the effects of diabetes. *Imagine no diabetes in our world!*

To Register / or to make a Donation

<https://secure.ggiv.com/event/MLDFStrides2024/>

or

Checks may be mailed to MLDF Treasurer, 11070 15th St N.E., St. Michael, MN 55376

The University of Minnesota, with the help of Lions, is making progress. Humans have been cured of diabetes through eyelet transplants, and U.S. Food and Drug Administration (FDA) approvals are progressing or research projects. However, there is much to do before these incredible advances are available to everyone!

Lion Sara McFee
LionSaraMcFee@gmail.com
612-269-8709

Lion Paul Newman
NewmanPE@spacestar.net
612-799-4165

“Catch the Dream”

...*Life Without
Diabetes!*



Net proceeds benefit Minnesota Lions Diabetes Foundation, Inc., EIN 26-3238179, a non-profit tax-exempt corporation under Section 501(c)(3) of the Internal Revenue Service Code. MNLionsDiabetes.org

LION UPDATES

5M5 Mid-Winter Convention January 5 – 7

Here's the link to the info you need for 5M5 Mid-Winter Convention: www.lions5m5.org/mwc-links
From hospitality rooms, meals, and the convention schedule to awards and hotel information, the most up-to-date info will be on the 5M5 website.

Lions License Plates for your cars



After January 1, 2024, you will be able to purchase special Lions plates for your vehicles! Minnesota lawmakers approved a Lions Club special plate for use on passenger automobiles, non-commercial one-ton pickup trucks, motorcycles, and recreational vehicles. Ask to purchase the Lions plates at a Minnesota Driver and Vehicles office. The plate includes the Lions logo.

New Reporting Software Launches in January

Lions International has announced January 2024 will begin a gradual launch of the new Salesforce software that will be used for reporting service, fundraising, and update member records and more.

Now is a good time to make sure your club and member information is accurate in MyLion (check spelling, addresses, starting dates, etc.) so the information can be transitioned into the new software. 5M-5 will provide training the new program.

2024 MD5M Convention in Winnipeg, MB, Canada



Information and registration form for the April 19 – 21 MD5M Multiple Convention is available at www.lionsmd5m.org/2023-md5m-convention Keep scrolling to reach the registration form. Encourage your club members to attend!

2024 Lions International Convention in Melbourne, Australia

Connect with and celebrate service with Lions from around the world at the 2024 Lions International Convention June 21 – 25. Registration and info available at www.lionscon.lionsclubs.org

LCI's Eight Global Causes



While LCI's website is still being updated, it is true that Lions Clubs International's Eight Global Causes now include Childhood Cancer, Diabetes, Disaster Relief, Environment, Humanitarian, Hunger, Vision, and Youth. This is great info to share with your club, potential members, and your community!

2029 Lions International Convention in Minneapolis

Volunteers will be needed before, after and following Lions International's annual convention in Minneapolis. From planning to hosting to help with airport arrivals and departures, there will be opportunities to welcome and connect with Lions from around the world. Watch for updates. (The last Lions International convention was in Minneapolis in 2019.)

TERMS & ABBREVIATIONS



Lions Clubs International

Lions Abbreviations and Terms

This is a helpful reference, but not a complete list.

ALLI	Advanced Lions Leadership Institute	MC	Membership Chair
CBL	Constitutions and By-Laws	MD	Multiple District
CC	Council Chair	MJF	Melvin Jones Fellow
CEP	Club Excellence Process	MMR	LCI monthly membership report
CGL	Certified Guiding Lion	MyLCI	LCI electronic membership database
COG	Council of Governors	MyLion	LCI app for connecting members, setting up and promoting activities, etc.
CP	Club President		
CS	Cabinet Secretary (District)	NPLF	Northern Pride Lions Forum
CT	Cabinet Treasurer (District)		
CSC	Club Service Chair	PCC	Past Council Chair
DA	District Administrator	PDG	Past District Governor
DG	District Governor	PID	Past International Director
DGE	District Governor-Elect	PinS	Partner in Service
ELLI	Emerging Lions Leadership Institute	PIP	Past International President
FDI	Faculty Development Institute	PMJF	Progressive Melvin Jones Fellow
GAT	Global Action Team	PU-101	Club Officer Reporting Form
GLT	Global Leadership Team	RC	Region Zone Chair
GMA	Global Membership Approach	RLLI	Regional Lions Leadership Institute
GMT	Global Membership Team	STRIDES	Strides for Diabetes Awareness
GST	Global Service Team	TT	TailTwister
ID	International Director	VDG	Vice District Governor
IP	International President	1VDG	First Vice District Governor
IPCC	Immediate Past Council Chair	2VDG	Second Vice District Governor
IPDG	Immediate Past District Governor	VDGE	Vice District Governor-Elect
IPID	Immediate Past International Director	1VDGE	First Vice District Governor-Elect
IPIP	Immediate Past International President	2VDGE	Second Vice District Governor-Elect
IVP	International Vice President	WCD	White Cane Day
LCI	Lions Club International	WSD	World Sight Day
LCICon	Lions International Convention	YE	Youth Exchange
LCIF	Lions Clubs International Foundation	ZC	Zone Chair
LEHP	Lions Eye Health Program		
LEO	Leadership Experience Opportunity		
LERC	Lions Eyeglass Recycling Center		
LIONS	Liberty, Intelligence, Our Nations' Safety		
LT	LionTamer		

WEB SITES & LINKS

Lions Clubs International	http://lionsclubs.org
Multiple District 5M (MD5M)	http://lionsmd5m.org
District 5M-5	http://lions5m-5.org
Can Do Canines	https://candocanines.org
Leader Dogs for the Blind	http://leaderdog.org
Lions Clubs International Foundation	http://lcif.org
Lions KidSight MD5M	http://kidsightmd5m.org
Lions MD5M Hearing Foundation	http://5mhf.org
MN Lions Childhood Cancer Foundation	http://mnlionschildhoodcancerfoundation.org
Minnesota Lions Diabetes Foundation	http://mnlionsdiabetes.org
Minnesota Lions Hearing Foundation	http://5mhf.org/
Minnesota Lions Vision Foundation	http://mnlionsvisionfoundation.org
Project New Hope	http://projectnewhope.net/
Special Olympics Minnesota	http://specialolympicsminnesota.org

Pose Your Paws

Pet portraits for Valentine's Day!
(Well behaved owners may pose with pet if the pet gives permission)



Pet photo shoot on Saturday, February 10, 2024
9:00 am – 12:00 pm
(note change in hours – ending at noon)
Pet Stuff
14731 Excelsior Blvd, Minnetonka, MN 55345



Photography provided by Kevin White Photography
Donations accepted to benefit the community – Sponsored by:



MD5M GET Multiple District Coordinator

**MD5M
GLOBAL ACTION TEAM
NEEDS YOU!**

The position of Global Extension Team Multiple District Coordinator is open.



Attributes of a GET Coordinator

- Passion for Lions
- Understands New Club Development
- Committed to Mission 1.5
- Ability to Mentor Others
- Motivator, Trainer & Collaborator
- Technology Savvy

Mission 1.5 is well underway and to support our Districts GETs, filling the MD GET position is one step toward achieving our membership goals. Are you ready to join the MD GAT? If so, please send a resume to executivesecretary@lionsmd5m.org.



For more information please visit the LCI website for the GET Coordinator roles and responsibilities at: https://cdn2.webdamdb.com/md_YL1xSzh4U8n5.jpg.pdf?v=1

**ROGERS LIONS
FISH & SHRIMP FRY**

Please join us for this wonderful community fundraiser!

Dinner Menu:

Fish, Shrimp, Fries, Mac & Cheese,
Coleslaw and rolls.

Adults \$15

Children \$10

Friday February 16th
Friday March 8th



21st Century Bank
Event Center
from 4:30-7:30



**BINGO
ROGERS LIONS**

Get ready to shout "BINGO!" and win some cash prizes at this fun-filled event. Reserve your spot for only \$30, with early seating at 12:00. OR you can do same day purchase, doors open at 1:00. The reserved seating tickets can be purchased at the pull tab booth at Rockwoods.

\$199 guarantee winning per game, must be 18 years to play.

50/50 RAFFLE WILL BE AVAILABLE THAT DAY TOO!

SUNDAY
AFTERNOON'S

START AT 1:30 PM
ROCKWOODS BAR & GRILL
9100 QUADAY AVE NE OTSEGO

FEBRUARY 18TH
MARCH 17TH

Food and beverages are available for purchase

WE APPRECIATE YOUR SUPPORT



02630-009



WAYZATA LIONS CLUB



Saturday - February 24th, 2024

8:00 am - 11:00 am

St. Bart's Fellowship Hall

630 E. Wayzata Blvd, Wayzata

Benefiting the Wayzata Community

Tickets are available at the door

Adults - \$10.00

Preorder of tickets or general inquiries, please contact:

Pat Moran - 612-799-7884 ... Tim Anderson - 763-443-1651

WayzataLionsClub@gmail.com



LCIF Gala

Paint the town ~~red~~ **GREEN!**

Sat, April 13, 2024
Prairie Event Center
Parkers Prairie, MN
10:30 am to 4:00 pm

Have you had the great fortune to celebrate with Immediate Past International President Brian and Lion Lori Sheehan? If so, you know the fun to be had. If not, here is your chance to raise the roof while raising money for Lions Clubs International Foundation!

We've planned a marvelous gala in beautiful Parkers Prairie (just a few hours northwest of the Metro) with food, music, Lions in Motion activity (courtesy of Lion Lori), music, costume contest, and the presentation of 100 Melvin Jones Fellowships by Lion Brian. Please come!

\$45 per person or \$500 for a table of 8 with special perks.

To purchase tickets or get information on you or your club's Melvin Jones donation status, contact:

Lion Jennifer Marshall, LCIF Coordinator
612-554-8328 or Lionjennifermarshall@gmail.com.

To be eligible for the Melvin Jones Fellowship plaque or progressive pin presentation, you will need to submit your MJF application by February 29, 2024. Have the plaque and/or pin sent to you, and bring it to the LCIF Gala for official presentation.



LCIF Chairman Bert Nelson tells Melvin Jones all about the LCIF Gala in April. Spread the word!



Lions Clubs International FOUNDATION



This institute is for Lions who wish to pursue leadership roles within their club. You will learn the history and goals of LCI and LCIF, develop strategies for being an effective leader, creative thinking, change management and collaborate with a diverse group of fellow Lions.



March 15-17, 2024

Shooting Star Casino

777 Casino Dr, Mahanomen, MN



The cost of the institute is \$100 USD which includes all training materials and meals. Lodging is available at the casino hotel for \$85 USD per night.

Additional details and the application can be found on the MD5M website: lionsmd5m.org under resources.

Contact Lion Dennis W. Kelly III, MD5M GLT Coordinator at dkellylion@gmail.com with questions.



New Hope Lions Club Annual PANCAKE BREAKFAST & SILENT AUCTION

Sunday, May 5, 2024
8:00 a.m. – 12:00 p.m.



Adults \$10.00
Kids (6-13) \$5.00
5 and under FREE

Crystal Community Center
4800 Douglas Drive North, Crystal, MN

Many great items to bid on

Proceeds to benefit community and international projects

Bring your used eyeglasses for a donation to those in need.

July 11th is

MN Lions Childhood Cancer Foundation

At the Hamel Rodeo!!



For every ticket sold for the July 11th show,

MNLCCF will receive a portion of

the ticket sales!

Rodeo starts at 7:30pm Gates open 2 hours before the show.

5 shows throughout the weekend.

Order tickets online: <https://www.hamelrodeo.org>

The Hamel Lions Club

20th Annual Freeze Your Buns Run

5k Run & Walk

Check in and registration starts at 8:00 AM

Race starts at 9:45 AM

February 4th, 2024

