

INFORMER



May 2025

Make Your Mark!

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Congratulations to

***Northeast Minneapolis Lions celebrate 85 Years!!
(May 6, 1940)***

***Brooklyn Park Lions celebrate 64 years!
(May 24, 1961)***

***Crytal Lions celebrate 63 years!
(May 16, 1962)***

***Loretto Lions Celebrate 56 years!
(May 22, 1969)***



WELCOME NEW MEMBERS!!!



Way to go Lions and Clubs – We are GROWING! 🚀

Thank you for all your dedication and commitment to strengthening our Clubs, our District, and Lions International. Your hard work is paying off, and our increasing membership means we can achieve even more together.

New Members = More Service!!

New Member	Sponsor	Club
George Morris	Richard Post	Brooklyn Park Lions
Terry Parks	James Driste	Brooklyn Park Lions
Ann Bartunek	Julie Foster	Brooklyn Park Lady Lions
Bailey Gildow	James Flattum	Excelsior Lions
Ken Gildow	James Flattum	Excelsior Lions
Kim Gildow	Josh Radziej	Excelsior Lions
Vladimir Mirkovic	Josh Bright	Excelsior Lions
Deb Henkleman	Rob Hed	Hamel Lions
Pete Carroll	Marc Underthun	Maple Grove Lions
Lisa Drazenovich	Twila Johhson	Maple Grove Lions
Beth Jansen	Theresa Burke	Maple Grove Lions
Kelvin Odenthal	Kerri Cowden	Maple Grove Lions
Karley Aki	Jessica Harder	Minneapolis Ambassador Lions
Rhonda Nelson	Wendy Applegate	Northwest Tonka Lions

*Congratulations! You're now a part of the world's largest humanitarian service organization.
This means that you've joined a global community of kind-hearted, service-minded people, dedicated to making a positive impact.*

We couldn't be happier to have you as a Lion!

[Click here for more information from Lions Club International](#)

Let's Keep PUMPING UP THE 5M-5 PRIDE!

STATS (As Of 04/24/2025) Total Clubs: 37 District 5M5 Membership: 1,361

Net Gain/Loss: +22 Members Added: 118 Members Dropped: 96

CALENDAR OF UPCOMING EVENTS

If the Date (Month, Day) is blue and underlined, that is a link to more info, a flyer, an email, or a website.

If the Date (Month, Day) is black and not underlined, there is no link or further information at this time.

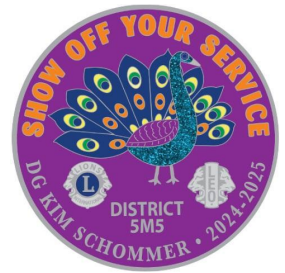
[Submit articles](#), news, photo for the next issue by the 25th To this email: lionsdistrict5m5@gmail.com

MAY 2025	
<u>05/02/2025</u>	Maple Grove Lions-Taco Dinner for Childhood Cancer
<u>05/05/2025</u>	Officer Training for Incoming Club Officers
<u>05/10/2025</u>	Maple Grove-Half Marathon
<u>05/14/2025</u>	Maple Grove Lions – Legos at the Lookout
<u>05/14/2025</u>	Crystal Lions Steak Fry
<u>05/17/2025</u>	Can Do Canines Open House
<u>05/18/2025</u>	Brews & Bingo, A Lions Club Social
JUNE 2025	
<u>06/11/2025</u>	Crystal Lions Steak Fry
JULY 2025	
<u>07/10/2025</u>	Hamel Rodeo-MN Lions Childhood Cancer Night (7:30 PM)
<u>07/11/2025</u>	Hamel Rodeo (7:30 PM)
<u>07/12/2025</u>	Hamel Rodeo (1:00 PM and 7:30 PM)
<u>07/13/2025</u>	Hamel Rodeo (7:30 PM)
07/13/2025	LCI Convention, Orlando
AUGUST 2025	
<u>08/21/2025 to</u> <u>09/01/2025</u>	STATE FAIR and Lions
SEPTEMBER 2025	
<u>09/13/2025</u>	Maple Grove-Rock n Grove-Hairball



DISTRICT GOVERNOR

Lion Kim Schommer



Hello Lions of 5M5,

April was a busy month for Lions around the district many clubs had fundraisers such as pancake breakfasts, smelt fry, the Royal Canadian Circus and other events. May is shaping up to be just as busy as we come to the end of the Lion's year on June 30th. If your club didn't do an environmental related service project in April, please do one in May if you can.

The Multiple District 5M (MD5M) convention was held the last weekend of April at the Bloomington Airport Hilton. It was hosted by district 5M7 and a good time was had by all.

The keynote speaker at the convention was International President Fabricio Oliveira who spoke several times throughout the convention. He was funny and inspirational and was very approachable. I hope that those in attendance had a chance to visit with him a bit.

Congratulations to the Maple Grove Lions who won a service award for their Holiday Gift Basket project that they have been doing for many years. This was well deserved recognition for the great work that you do.

Eden Prairie Lion PCC Mikkal (Mike) Gust was posthumously elected to the MD5M Hall of Fame at the Saturday luncheon at the convention. The award was accepted by Mike's wife, Lion Karen. Lion Mike was an exceptional Lion with a long history of service to the Eden Prairie Lions. Congratulations to Lion Karen for receiving this award in Mike's honor.

There are a few things that I want to mention as we come nearer to the end of the Lion's year.

- There are still 3 clubs that have not scheduled their DG visit with me. Two of these clubs have not returned my calls and/or emails regarding visits. The 3rd club gave me a date that I already had another visit scheduled. They have not responded. Please make sure to contact me as soon as possible to avoid an unscheduled visit.
- If you have already had a club visit and would like another one for me to install officers, present awards or install new members, please reach out. I will come if I am available!
- One of my goals is for each club to do one Childhood Cancer and one Youth service project this year. Please make an effort to help me reach this goal. Please make sure that you log all service projects and fundraisers in the portal.
- Please make sure that all new members have been entered into the portal! My goal is to have each club end the year with at least one member more than they started the year with. Why not ask a friend or a family member to join and serve with you? More hands mean we can do more service.
- Officer training is Monday, May 5th at Can Do Canines. Light dinner (Jimmy Johns) will be served at 6:00. Training starts at 6:30. We hope to see as many officers there as possible.
- Please make sure all new officers are logged in the portal as soon as possible.
- Please be sure to drop members who are not renewing BEFORE June 30th. Clubs will be charged based on the number of members listed on July 1st.

I hope everyone has a great spring! I look forward to attending as many of your events as I can this spring and summer! Enjoy the warmer weather.

Thank you all for everything you do to make 5M5 the best district in the multiple!

Thank you,
DG Kim Schommer



1st VICE DISTRICT GOVERNOR

Lion Sara McFee



Get an Attitude.

A positive attitude.

Recognize Opportunities.

Opportunities are at our door every day.

Opportunities to help a person in need, to support a community need, to change our world.

Make Your Mark.

Recognize the need in front of you. *Don't delay.* Work together with other Lions and through other partnerships to make a plan to meet the need, to make a difference, to serve, to welcome new members and new ideas to increase service.

Our International President, Fabrício Oliveira, issued the challenges above and celebrated our Multiple's service at MD5M's annual convention April 25 – 27 in Bloomington. MD5M's annual convention was packed with fun, fellowship, learning and sharing, and service.

If you were at the convention, you know what a wonderful weekend it was – and all who attended will be bring back to their respective clubs and districts information that will strengthen our service and expand our impact.

If you missed this convention, ask your fellow Lions what they gained by attending. Some will tell you they had Aha moments that defined why they are Lions.

Make plans now to attend the 2026 (April 24 – 26) MD5M convention. Our District is hosting the convention. It'll be in Minnetonka and the Beach Party theme supports the fun and fellowship we will have gathering, connecting, learning, sharing and serving.

Lion Fabrício - “Lions are entrepreneurs of service”.

He notes Lions have the power and responsibility to achieve great things for communities and the world. He challenges each of us to expand our impact – *Make Our Marks* – by increasing club membership and adding new clubs so we can perform more service.

Thank you – for everything you do to improve our world.

Lion Sara McFee

5M-5 District Governor-Elect

5M-5 Co-Trustee, Minnesota Lions Diabetes Foundation

Minneapolis Ambassadors Lions Club

LionSaraMcFee@gmail.com



2nd VICE DISTRICT GOVERNOR



Lion Bruce Strachota



I came across this quote just today and it really exemplifies what a true Lion is. Caring, compassionate and loving is the heart of a Lion. My journey as a Lion started when I was diagnosed with diabetes in 1999. That same year I joined the St Louis Park Lions Club, but I really became a true Lion when I attended the funeral of my Aunt Libby in the year 2000. By that time, she had lost both her legs to diabetes and was struggling to stay alive. I was very fond of my aunt. My mother, my aunt and I used to play bingo. In a smoked filled bingo hall, we found joy being together. Seeing my aunt struggle with diabetes was extremely hard for me. I wanted to be able to comfort her and make her well again. At that time, my struggle with diabetes paled in comparison. I loved my aunt very much!

Now as I look back on my past, I really appreciate the present and am really looking forward to the future.

I really will enjoy being your 1st VDG and will work hard to grow this organization with

the help of each and everyone of you.

Teamwork is the key, and teamwork makes the dream work!

Yours in Lionism,

2nd VDG Lion Bruce Strachota



5M5 CLUB OFFICER TRAINING

MAY 5, 2025
6 p.m.

RSVP due May 1

Hooray! Club officer training is in person again this year!

- Training begins with a light dinner.
- Training presentations will be grouped by officer positions.
- Each session will last 45 minutes, including time for questions and answers.
- **RSVP by May 1** to Jennifer Gilbert: winn0004@gmail.com
- \$10 per participant will be collected at check-in May 5.

If you're a returning officer, this training is for you, too!

Come and learn what is new.



TRAINING LOCATION

CAN DO CANINES

9440 SCIENCE CENTER DRIVE

NEW HOPE 55428

Training for

Presidents
Secretaries
Treasurers
Membership Chairs
and
any Lion interested
in learning about
club officer roles

*Returning officers
and Lions with club
officer experience
are welcome!*

Questions?

Contact

Lion Jennifer Gilbert
651-226-0205

or

winn0004@gmail.com

Sponsored by

5M5
Global Leadership
Team



GLOBAL MEMBERSHIP TEAM (GMT)



Big cheers for our unstoppable 5M-5 Lions and Clubs – we are on the rise!

Your incredible dedication and commitment are turning ambitions into achievements. 15 New Members in April!!! With our growing membership, we're unlocking even more ways to make a difference together!



More Members = More Service



Let's Celebrate New Lions!

Have you been spreading the Lions magic and welcomed a new member in the past 9 months? Invite us to your next club meeting! We'll bring your Clubs PUMP UP THE PRIDE Pins ready and waiting to celebrate YOU and your newest addition to the 5M-5 pride.



District Membership Stats (As of 03/24/2025): Total Clubs: 37

* District 5M-5 Membership: 1,361
* Net Gain: +22 * Members Added: 118 * Members Dropped: 96



Brews & Bingo – Mark Your Calendars!

Get ready for a night of friendship, fun, and a little friendly competition with your fellow Lions! Bring a Friend or Two!



Date: May 12, 2025

Time: 4:00–7:00 PM (Bingo starts at 5 PM)

Location: Wicked Wort Brewing Company, 4165 W. Broadway, Robbinsdale 55422



Happy Hour specials run from 4–6 PM,
so arrive early and let's turn up the energy.
Don't forget to bring your Lion spirit!



Let's Keep PUMPING UP THE PRIDE!

The District 5M-5 Global Membership Team is here to help you and your Club soar to new heights. If you're passionate about growing ideas, nurturing leaders, and amplifying service to others, let's connect and make it happen together!



Plus... We're on the lookout for Lions and Membership Directors ready to join the super cool Global Membership Team. Reach out and let's roar into action!



Yours in Lionism,

Your Global Membership Team,

Lion Judy Rue

Lion Denise Dietz

PDG Dick Kentzelman

DGE Sara McFee

Lion Hannah Maxwell

GET Chair Michael Crenshaw

PDG Jennifer Marshall

1st DGE Bruce Strachota

Lion Shari Thurston

PDG Kristine Morin

DG Kim Schommer

GMT Chair Lion Heidi Zaworski

LionHeidiZaworski@Gmail.com

612.408.0242

<https://lions5m5.org/gmt-global-membership>

GLOBAL SERVICE TEAM (GST)

WE SERVE IN UNITY



Childhood
Cancer



Diabetes



Disaster



Environment



Humanitarian



Hunger



Vision



Youth

Global Service Team

Reporting Your Service

Are you having some questions about how to report your clubs' service in the Lions Portal? Here are some helpful hints to use when reporting:

- **How do we report tree planting and care?** Tree planting and tree care are popular service activities conducted by Lions. The Lions International standard is to report four people served for each tree planted or cared for. This standard is based on a report from the United Nations Environment Program.
- **How do we report activities that serve multiple causes?** When reporting, select the primary cause served, or break the activity into multiple activities and report them separately. For example, if you are providing vision screening and diabetes screening at a health fair, you can report the vision and diabetes screenings as two separate activities.
- **How should we report the number of people served by activities that promote our club?** Because the direct beneficiaries of club marketing are the club members, you may enter up to the number of members in your club as the number of people served.
- **Our environment project, a park cleanup / highway cleanup, served many thousands of people. How should we report the number of people served?** The beneficiaries of a cleanup project normally include only the individuals who visit the area on day it is cleaned.
- **We provided diabetes or vision screening for 100 people, but each of them has a family who will also benefit. How many people should we report were served?** Report only the 100 directly served. There can be many indirect beneficiaries of your efforts, however, for the purposes of service reporting, please limit the number to direct beneficiaries.
- **How do we report multiple clubs serving together?** Participating clubs should agree on the approach to service reporting. For example, if one club initiated the project and did most of the planning, that club could report the entire activity. Alternatively, if all clubs participated equally, it could be agreed that the clubs report the activity separately. Just be sure that metrics, such as people served, are not duplicated.
- **Our club built a _____ for the community. How do we report the benefit provided every day?** Infrastructure projects are typically reported when they are maintained. For example, if your club performs maintenance on the _____ twice a year, the project would be reported every six months and the number of people served would be the estimated number of people who use the _____ over a six-month period.

ZONE CHAIRS

ZONE 1 CHAIR (terms ends 2027)

Laurie Carlson

Corcoran Lions
Dayton Lions
Hamel Lions
Loretto Lions
Mpls. Can Do Canines
St. Louis Park Lions
Wayzata Lions

ZONE 2 CHAIR (terms ends 2027)

Regina Aiken (Gary)

Eden Prairie Lions
Eden Prairie Lioness Lions
Hopkins
Northwest Tonka Lions
Orono Lions
Saint Bonifacius Lions

ZONE 3 CHAIR (terms ends 2027)

Amber Georgeson

Camden Lions
Crystal Lions
Edina Lions
Minneapolis Ambassadors Lions
Minneapolis Downtown Next Generation Lions
Minneapolis Northside Roaring Lions

ZONE 4 CHAIR (terms ends 2025)

Heidi Zaworski (Marty)

Bloomington Lions
Minneapolis Northeast Lions
Minneapolis Riverview Lions
Minneapolis Southwest Lions
Minneapolis Special Olympics Minnesota Lions
Richfield Lions

ZONE 5 CHAIR (terms ends 2025)

Judy Rue (Chuck)

Excelsior Lions
Hopkins Noontime Lions
New Hope Lions
Osseo Lions
Plymouth Lions
Robbinsdale Lions

ZONE 6 CHAIR (terms ends 2026)

Vickie Parks

Brooklyn Center Lady Lions
Brooklyn Center Lions
Brooklyn Park Lady Lions
Brooklyn Park Lions
Maple Grove Lions
Rogers Lions

5M5 DISTRICT INFORMATION

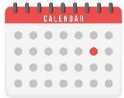


Lions of the United States are more than just volunteers.

We are a global force of compassion and service, united by a shared mission to offer hope by improving and strengthening our communities and the world!

Learn more (and subscribe for free) www.YouTube.com/@USLionsRock

Share the Lions YouTube link with your Lions club, and others who want to volunteer and be a part of meaningful change.



Calendar of Events and Activities - District 5M5's calendar is your key source for information on what is happening at the club, District, Multiple, and International levels. The 5M5's District website calendar is updated throughout the month at Lions5M5.org



5M5 District Website Update - 5M5's website has a fresh look! Check out the website for information, resources, and calendar. Click on the above title to learn more.



New Facebook page - we have a new page. It's: **Lions Service – District 5M5**

Check it out and "Follow" it! Here is the link to the page:

<https://www.facebook.com/profile.php?id=61570887245952>



Lions License Plates for your cars - After January 1, 2024, you will be able to purchase special Lions plates for your vehicles! Minnesota lawmakers approved a Lions Club special plate for use on passenger automobiles, non-commercial one-ton pickup trucks, motorcycles, and recreational vehicles. Ask to purchase the Lions plates at a Minnesota Driver and Vehicles office. The plate includes the Lions logo.

LCI's Eight Global Causes



While LCI's website is still being updated, it is true that Lions Clubs International's Eight Global Causes now include Childhood Cancer, Diabetes, Disaster Relief, Environment, Humanitarian, Hunger, Vision, and Youth. This is great info to share with your club, potential members, and your community!

2029 Lions International Convention in Minneapolis

Volunteers will be needed before and after the Lions International's annual convention in Minneapolis. From planning to hosting to help with airport arrivals and departures, there will be opportunities to welcome and connect with Lions from around the world. Watch for updates. (The last Lions International convention was in Minneapolis in 2009.)

Lions Needed to Serve in the Education Building

This year the Education Building at the Minnesota State Fair will feature two Lions exhibits. We need a lot of Lions to talk about Lions service and our foundations. We hope you will volunteer!

MD5M Lions KidSight

Volunteer with KidSight, a Multiple District-wide program. Volunteers are needed to provide information about KidSight, greet, escort and vision screen. Free entry tickets to fair provided to those serving at KidSight.

SignUp Genius link for KidSight exhibit

[KidSight 2025 State Fair SignUpGenius link](#)

Minnesota Lions Diabetes, Hearing and Vision Foundations

Volunteers are needed to staff the shared foundations exhibit – providing information about the Foundations and offering giveaways to fairgoers.

SignUp Genius link for Lions Diabetes, Hearing & Vision foundation exhibit

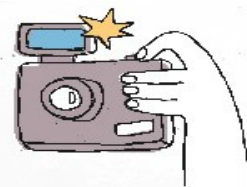
[Diabetes Hearing Vision 2025 State Fair SignUpGenius link](#)

Volunteers will receive information prior to the State Fair so they will be able to answer questions KidSight and the Lions Diabetes, Hearing and Vision foundations.



LIONS SERVING

Email Your Photos of your Lions in action.
Please include dates, names, locations etc. to this email:
lionsdistrict5m5@gmail.com



April 5th Winter Spring Market

Lion Cheryl Hillman and Courtney Kirkeeng did a great job with their Bloom Bar booth. Always great to see spring off to a fun start as well as watching the community support their Robbinsdale Lions.





April 12th Eggstravaganza

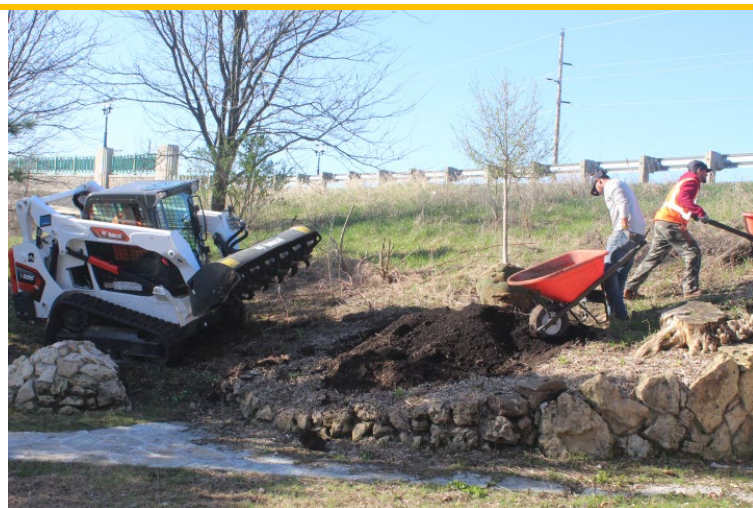
A fantastic turnout for Eggstravaganza put on by the Robbinsdale Chamber of Commerce. The Robbinsdale Lions provided substantial support in making a lot of children smile. Thanks for all your help!



April 26th Graeser Park tree planting

Robbinsdale Lions teamed up with Autumn Ridge Landscaping to plant trees. Such a great improvement to Graeser Park.





April 26th Bingo and Meat Raffle

What a fun time at the Bingo / Meat Raffle event. Many showed up and had a great time playing while raising money for the Robbinsdale Lions!



April 26th Police appreciation cookout

Robbinsdale Lions helped out by cooking at the Police appreciation cookout.



Champlin Park High School Leo President Eleanor Martenson was awarded with a Everyday Hero award at their last Leo Presidents meeting on April 7. Eleanor did a spectacular job leading the 5M-5 Leo Presidents group and will be graduating this year. Thank you and best of luck Eleanor!



Jane Hansen, Champlin Park High School Youth Service Coordinator and Leo Liaison will be retiring at the end of the school year. At the last Leo Presidents meeting of the year she was awarded a Melvin Jones Fellowship award for her tireless work with our 5M-5 Leos. Best wishes in your next chapter of adventures Jane!



New Maple Grove Lions
 Lisa Drazenovich and Lion Twila Johnson
 Kelly Odenthal and Lion Kerry Cowden
 Pete Carroll and Lion Marc Underthun
 Beth Jansen and Lion Theresa Burke



CAN DO CANINES – April 2025 Report



Lots of Puppies!

We are busy preparing for the next generation of Can Do Canines. We have birthed and whelped four litters of puppies at our Whelping & Growth (WAG) Center in 2025, totaling 22 puppies.



The WAG Center is a temporary solution to our whelping needs while we move forward with an expansion project at our New Hope site. We hope to have construction completed in 2027.

Pictured: The “T” litter born in February 2025

NEWS AND EVENTS

Open House - Saturday, May 17, 2025, Noon- 2 p.m. - Open houses are held quarterly at Can Do Canines' campus in New Hope. Potential clients, volunteers, or anyone interested in supporting the organization is invited to attend to learn how an assistance dog changes the life of a person with a disability. Registration is not required, and all are welcome to attend. Lions members are especially invited.

Graduation - March 29, 2025; 10:00 a.m. and 2:00 p.m. - We celebrated 20 graduate teams at our March 2025 graduation. You can view our spring graduation video [here](https://www.youtube.com/watch?v=UI3rvaCyBQ0). (<https://www.youtube.com/watch?v=UI3rvaCyBQ0>). Our next graduation will be held on Saturday, June 21, 2025.

Growth and Expansion at Can Do Canines - In December 2024, we launched the Unleashing Independence capital campaign to double the size of our campus and achieve our 10-year growth goal of certifying 70 teams annually by 2033. The campus expansion will increase our capacity, upscaling to 70 qualified pairs annually by 2033, all while ensuring the highest standards of care for our dogs. We will double the size of our current facility to include:

- A **Birthing & Enrichment Center** to centralize breeding and whelping onsite.
- An **Early Learning Center** to provide a consistent, stimulating training environment for puppies 10-20 weeks of age.
- A **Volunteer Center** to grow our pool of volunteers by making the experience more accessible and efficient.
- Additional training spaces, client apartments, and office space.

If you want to learn more about the expansion, contact Sheila Ross at sross@candocanines.org

Lions and Leader Dogs answering a human need

Recently, I had the wonderful opportunity to visit the **Excelsior Lions Club** to share the inspiring story of **Leader Dogs for the Blind**. This organization changes lives by providing guide dogs and mobility training to individuals who are blind or visually impaired — all at no cost to them.

As Lions, supporting Leader Dogs aligns perfectly with our global cause of **Vision**, but more importantly, it reflects our commitment to restoring **hope, dignity, and independence**.

Excelsior Lions made the afternoon truly unforgettable. Their warm welcome, engaging questions, and touching personal stories about Leader Dogs showed the true heart of Lionism in action. The lively discussion that followed my presentation — about puppy raising, fundraising, and witnessing the difference a Leader Dog makes — reminded me why Lions are known worldwide for leading with compassion and service.

Programs like Leader Dogs are a shining example of how we meet the needs of the community — not just by focusing on a cause, but by answering a real human need with real action. As Lions, we proudly support causes such as **Childhood Cancer, Diabetes, Disaster Relief, Environment, Humanitarian Efforts, Hunger, Vision, and Youth**, always keeping service at the center of what we do.

Together, we continue to live out our core values: **Service, Dedication to Excellence, Integrity, Collaboration, Diversity, and Innovation**.

*Together, **We Serve** — and together, we lead.*

Thank you, 5M-5 Lions, for your support!



Lion Michael Crenshaw
5M-5 Leader Dogs for the Blind Chair
651-500-9400
bpLionMichael@gmail.com



July 10th is
MN Lions Childhood Cancer Foundation
Night at the Hamel Rodeo!!



For every ticket sold for the July 10th show,
MNLCCF will receive a portion of the ticket sales!

Rodeo starts at 7:30 PM
Gates open 2 hours before the show

5 shows throughout the weekend

Thu. 7-10	Fri. 7-11	Sat. 7-12	Sat. 7-12	Sun. 7-13
7:30 PM	7:30 PM	1:00 PM	7:30 PM	7:30 PM

Order tickets online: <https://www.hamelrodeo.org>



MINNESOTA LIONS DIABETES FOUNDATION



We support research devoted to identifying treatments, and a cure, for diabetes.

We serve to improve the health and quality of lives of people who live with diabetes.

Thank You! 5M-5 Lions joined with other MD5M Lions and partners in service to put together 1,000 Low-Glucose (Blood Sugar) Diabetes Emergency Kits at the MD5M Convention.

The kits

- are to be used when an individual is experiencing a low blood sugar (glucose) level (Hypoglycemia)
- include an Emergency Action Plan information card, Glucose Gel packs and cracker packs.
- are being distributed to schools and other community organizations throughout Minnesota.

Hypoglycemia (Low Blood Sugar)

- Occurs when an individual's blood sugar (glucose) levels drop below a healthy range.
- *Requires immediate treatment.*
- May occur in someone who is not diabetic.
- May be related to a variety of medical conditions, certain medications, or treatments.
- May be quickly treated, until additional medical help is available, with high-sugar foods, drinks, or medication.
- Glucose is the primary source of energy for a body. If glucose levels continue to drop below a healthy range without treatment, the brain does not receive enough glucose to function as needed to maintain the body and low blood sugar levels occur.
- If the glucose level drops too low for an extended time, a person may experience seizures, lapse into a coma, or die.

Symptoms of Hypoglycemia

- **Severe Hypoglycemia:** person is unresponsive, has lost consciousness, experiencing convulsions, seizures, and coma.
- **Moderate Hypoglycemia:** a person is demonstrating confusion, unusual behavior, blurry vision, tunnel vision, loss of coordination, nightmares when asleep, slurred speech.
- **Mild Hypoglycemia:** a person is alert, but demonstrating difficulty concentrating, dizziness or lightheadedness, fatigue, headache, hunger, irritability or anxiety, tingling or numbness of lips tongue or cheek, nausea; is pale, shaky, sweating.

Diabetes Service Project

Your club can help us distribute the Low-Glucose Diabetes Emergency Kits in your community. Contact us for kits and information. ***Thank you for your support of our mission.***

Lion Sara McFee
LionSaraMcFee@gmail.com
612-269-8709



Lion Paul Newman
PENewman@cbburnett.com
612-799-4165

Summer Festival season is ramping up, so we expect to do a lot of KidSight screenings.

We want to make it to every event where children are expected to attend. There are a few things we need from Lions Clubs to help make this happen.

We like to get a couple of weeks' notice. That way, if there are conflicting events, we have time to make arrangements with Lions who are skilled at doing screenings so we can cover all the action.

We also need to know if the event is outdoors (probably – it's Summer!) because we will need to use one of our custom tents to make sure there is adequate protection from UV rays for our equipment to work. However, some events that are set up next to community centers might allow for an indoor space for vision screenings. It is all part of the planning process, so again, let us know as early as possible.

These events are a great way for Lions who have never done KidSight to learn how the process works and to get some experience with our Welch Allyn Spot scanners. Some clubs need all of their members to put on the event where we screen, so we might reach out to other clubs for assistance.

Remember that 10 to 12 percent of kids we screen will show some sign of a vision problem. Finding these problems early can make a big difference. Giving a kid the opportunity to see clearly will change that kid's life. Be a part of it.

We look forward to hearing from you,

Lion Bill Thurston

wjthurston@comcast.net

612 790 7367

Lion Tim Conaway

liontimconaway@gmail.com

612 269 0027

Opening Eyes for the Summer Games is soon upon us!

Registration is open and Lions can sign up now. Our Lions will be assisting the eye care professionals and doctors in providing a complete eye care examination with free glasses for the athletes.

The screeners used in KidSight will be used as part of the exam.

Opening Eyes is a fun and needed service project being held this year at the U of M.

The clinic will be held in the Field House at the U of M Minneapolis Campus on Saturday June 21 from 8am to 4pm, with set up Friday the 20th 9am to 1pm.

This service project is funded in part by LCI and is a 5M Multiple service project. 5M5 volunteers may be working alongside Lions from other districts.

There are 2 shifts available on Saturday and if volunteers want to stay the entire day, they can sign up for a shift for both periods.

Summer Games are fun for all involved. The athletes get to compete in a sport they love, they get to see friends from around the state, and they can get some health screenings alongside teammates. They might not easily get these screenings at another time as parents of athletes find their kids are difficult to get into medical professionals, that is unless... Unless they are with friends or teammates! For the volunteers, they'll have fun interacting with the athletes as well as Lions from around the state. The athletes usually love to talk about their medals and many like jokes. It's a fun time while helping others!

Sign up using the link below:

https://www.cervistech.com/acts/console.php?console_type=event_list&event_id=3889&console_id=0101&ht=1

Then, go down the page and use the "General Support Non-Clinical" line items to volunteer for the Saturday shifts. There is only one line item for Friday set up.

Any questions, contact

Lion Ray Moonen	952.201.7031
Lion Jim Cain	763.232.0790
Lion Laura Maki	507.381.7417

The Youth Camps & Exchange (YCE) Project has 31 students from abroad who would like to live with an American family for 3 weeks this coming July (7/1 thru 7/24) and attend Minnesota's Camp Spicer (7/25 thru 8/ 2). (Hosting families do not need to be Lions.) Below are just a few comments from some of the 2025 incoming students' applications:

Eirik (19 yr old male from Norway): "I really like the American culture and would like to learn more about it by visiting you."

Aminkhishig (16 yr old female from Mongolia): "...I am just as excited to share aspects of my own culture with you."

Karina (18 yr old female from Faroe Islands (Denmark): ". . . I love going to new places, learning about other cultures and meeting new people."

Tzur (17 yr old male from Israel): "In general, I am curious and I like to learn about diverse topics, like cars, music, history, economics and to learn from people I meet."

Allesandra (17 yr old female from Italy): "I am really looking forward to meeting you and learning more about your culture and lifestyle. I hope we will have a great time together and create beautiful memories."

Sebastian (17 yr old male from Indonesia): "I am looking forward to experiencing your daily life, traditions, and food, and I hope to share some of my own culture with you as well."

Please consider hosting a student (or students) in your home this July.

Contact 5M5 YCE Chair Lion Grant Hendrickson at 612-508-9461 or grant@southsideservices.org.

Also, if you are aware of any local youths (ages 15-19) who would like to live with a family abroad and attend that country's Camp, I can also answer any questions you may have about that.

EVENT FLYERS



Maple Grove Lions Childhood Cancer Fundraiser!!




**Kick-off Cinco De Mayo
with tacos at the American Legion**

Taco Dinner including: **Date:** May 2, 5pm - 8pm
 - Three Beef Tacos **Price:** \$10.00
 - Rice & Beans



Proceeds will benefit the Maple Grove
 Lion's Childhood Cancer initiatives.
Location: Osseo/Maple Grove American Legion
 Brought to you by the Maple Grove Lions




PROJECT NEW HOPE

Military Family Retreats
 at no cost to Veterans




"At Project New Hope, we are driven by our mission - to provide education, training and skills necessary to manage their lives after wartime service."

FOR MORE INFORMATION GO TO
WWW.PROJECTNEWHOPE.NET OR SCAN THIS CODE:



2025 MINNESOTA RETREATS

2025 MAY 2-4 Camp Shetek near Slayton, MN
2025 JUNE 6-8 Osprey Wilds near Sandstone, MN
2025 OCTOBER 3-5 Good Earth Village - Spring Valley, MN
2025 DECEMBER 5-7 Faith Haven Camp near Battle Lake, MN

5M5 CLUB OFFICER TRAINING

**MAY 5, 2025
 6 p.m.**

RSVP due May 1

Hooray! Club officer training is in person again this year!

- Training begins with a light dinner.
- Training presentations will be grouped by officer positions.
- Each session will last 45 minutes, including time for questions and answers.
- **RSVP by May 1** to Jennifer Gilbert: winn0004@gmail.com
- \$10 per participant will be collected at check-in May 5.

If you're a returning officer, this training is for you, fool!
 Come and learn what is new.



TRAINING LOCATION
CAN DO CANINES
 9440 SCIENCE CENTER DRIVE
 NEW HOPE 55428

Training for

Presidents
 Secretaries
 Treasurers
 Membership Chairs
 and
 any Lion interested
 in learning about
 club officer roles

*Returning officers
 and Lions with club
 officer experience
 are welcome!*



Questions?

Contact
 Lion Jennifer Gilbert
 651-226-0205
 or
winn0004@gmail.com

Sponsored by

5M5
 Global Leadership
 Team

5K (Walk or Run)






"Enjoy the beauty of Maple Grove's lakes, streams and our beautiful maple trees"

Maple Grove Nature Run

Saturday May 10, 2025

Brought to you by the Maple Grove Lions



BREWS & BINGO:

A LIONS CLUB SOCIAL AT
WICKED WORT!

COME JOIN YOUR FELLOW LIONS

Join your fellow Lions of District 5M5 for an evening of camaraderie, connection, and fun!

This special fellowship event is the perfect chance to relax, socialize, and strengthen the bonds within our Lions community.

At some point during the night, we'll be playing Human Bingo, so be sure to bring a pen and get ready to mix, mingle, and mark your cards!

DATE: MAY 12, 2025

TIME: 4:00-7:00 PM

Bingo Starts at 5pm

Wicked Wort's Happy Hour Specials are from 4-6pm

LOCATION:

WICKED WORT BREWING COMPANY

4165 W. BROADWAY

ROBBINSDALE, MN 55422

Presented by: GMT (Global Membership Team)

Crystal Lions Steak Fry

May 14, 2025

5:00-7:00 PM

Crystal VFW Post #494

5222 Bass Lake Road, Crystal

\$13

Include:

8 Oz, Sirloin Steak Baked Potato
Coleslaw Texas Toast Beverage

We Appreciate your support!

Proceeds benefit our community & Lions Projects!



Maple Grove Lions Childhood Cancer Fundraiser!



Donate a box of (new/unopened) Legos
Receive a discounted meal!

Proceeds will benefit the Maple Grove Lion's
Childhood Cancer initiatives.

Be a Facebook "influencer"! For a cash
donation of \$100 or more, you can promote
your event or business. Preregister by 5/10
by emailing MGLionsNell@gmail.com,
subject: CCC

May 18
12pm-3pm

Proceeds will benefit the Maple Grove
Lion's Childhood Cancer initiatives.

LOOKOUT
BAR AND GRILL

@ the Lookout in Maple Grove
Brought to you by the Maple Grove Lions



Note: The Lions Leo's will be in attendance making blankets

July 10th is

MN Lions Childhood Cancer Foundation

Night at the Hamel Rodeo!!



For every ticket sold for the July 10th show,

MNLCCF will receive a portion of the ticket sales!


Rodeo starts at 7:30 PM

Gates open 2 hours before the show

5 shows throughout the weekend

Thu. 7-10	Fri. 7-11	Sat. 7-12	Sat. 7-12	Sun. 7-13
7:30 PM	7:30 PM	1:00 PM	7:30 PM	7:30 PM

Order tickets online: <https://www.hamelrodeo.org>




Hairball in Maple Grove!

LIVE MUSIC * BEER * FOOD

SATURDAY 9.13.25

Maple Grove Central Park

Brought to you by the Maple Grove Lions





2029 Lions International Convention fundraiser

Brought to you by the Host Committee for the 2029 Minneapolis International Convention

2029 Convention Pins and Snowman Patches

The International Convention is coming to
Minneapolis, Minnesota

Now is your chance to get a piece of history and help raise the needed funds to Host this great Lions event.
Build the Snowman patch fundraiser.
\$50 per piece for a total of \$200
Limited Edition
2029 Minneapolis Pin with Charms
Pin - \$100
Charms \$25 or all 4 for \$75



To purchase pins or patches, donate to the convention or volunteer:
Contact Lion Jennifer Gilbert, 5M5
winn0004@gmail.com
651-226-0205
Club or Individual donations accepted - Thank you!

MD5M PARADE SHIRT ORDER FORM



These shirts are a button up style shirt and run 1 size small.
(order accordingly)



Date: _____

Submitted By: _____

Phone: _____

Email: _____

Address: _____

City: _____ ST: _____ ZIP: _____

Email order form to Executive Secretary Cindy Walters at:
executivesecretary@lionsmd5m.org

Complete Form and Mail to:
MD5M Lions
1915 Waterford Circle
Chaska, MN 55318

Checks can be made out to MD5M Lions.

ADULT	PRICE EACH	SIZE	QUANTITY	TOTAL AMOUNT
1. Woman's/Men's	\$ 30.00	Small		total small
2. Woman's/Men's	\$ 30.00	Medium		total medium
3. Woman's/Men's	\$ 30.00	Large		total large
4. Woman's/Men's	\$ 30.00	1X		total 1 x
5. Woman's/Men's	\$ 30.00	2X		total 2 x
6. Woman's/Men's	\$ 30.00	3X		total 3 x
7. Woman's/Men's	\$ 30.00	4X		total 4 x
8. Woman's/Men's	\$ 30.00	5X		total 5 x
			total shirts	total
			additional credit card charge:	card fee

Credit Card Information:

Name On card: _____

Number: _____

Expiration Date: _____ CVC Code: _____

CLICK HERE FOR THE LINK TO ORDER



Lions Clubs International

Lions Abbreviations and Terms

This is a helpful reference, but not a complete list.

ALLI	Advanced Lions Leadership Institute	MC	Membership Chair
CBL	Constitutions and By-Laws	MD	Multiple District
CC	Council Chair	MJF	Melvin Jones Fellow
CEP	Club Excellence Process	MMR	LCI monthly membership report
CGL	Certified Guiding Lion	MyLCI	LCI electronic membership database
COG	Council of Governors	MyLion	LCI app for connecting members, setting up and promoting activities, etc.
CP	Club President		
CS	Cabinet Secretary (District)	NPLF	Northern Pride Lions Forum
CT	Cabinet Treasurer (District)		
CSC	Club Service Chair	PCC	Past Council Chair
DA	District Administrator	PDG	Past District Governor
DG	District Governor	PID	Past International Director
DGE	District Governor-Elect	PinS	Partner in Service
		PIP	Past International President
ELLI	Emerging Lions Leadership Institute	PMJF	Progressive Melvin Jones Fellow
FDI	Faculty Development Institute	PU-101	Club Officer Reporting Form
GAT	Global Action Team	RC	Region Zone Chair
GLT	Global Leadership Team	RLLI	Regional Lions Leadership Institute
GMA	Global Membership Approach	STRIDES	Strides for Diabetes Awareness
GMT	Global Membership Team		
GST	Global Service Team	TT	TailTwister
ID	International Director	VDG	Vice District Governor
IP	International President	1VDG	First Vice District Governor
IPCC	Immediate Past Council Chair	2VDG	Second Vice District Governor
IPDG	Immediate Past District Governor	VDGE	Vice District Governor-Elect
IPID	Immediate Past International Director	1VDGE	First Vice District Governor-Elect
IPIP	Immediate Past International President	2VDGE	Second Vice District Governor-Elect
IVP	International Vice President	WCD	White Cane Day
LCI	Lions Club International	WSD	World Sight Day
LCICon	Lions International Convention	YE	Youth Exchange
LCIF	Lions Clubs International Foundation	ZC	Zone Chair
LEHP	Lions Eye Health Program		
LEO	Leadership Experience Opportunity		
LERC	Lions Eyeglass Recycling Center		
LIONS	Liberty, Intelligence, Our Nations' Safety		
LT	LionTamer		

WEB SITES & LINKS

Awards	<u>lions5m5.org/awards</u>
District 5M5	<u>lions5m5.org</u>
Lions Clubs International	<u>lionsclubs.org</u>
Multiple District 5M (MD5M)	<u>lionsmd5m.org</u>

District Approved Projects & Links

Can Do Canines	<u>candocanines.org</u>
Confidence Learning Center	<u>campconfidence.com</u>
Leader Dogs for the Blind	<u>leaderdog.org</u>
Leos	<u>lionsclubs.org/about-leos</u>
Lions Clubs International Foundation	<u>lcif.org-</u>
MD5M Lions KidSight Foundation	<u>kidsightmd5m.org</u>
Minnesota Lions Diabetes Foundation	<u>mnlionsdiabetes.org</u>
Minnesota Lions Hearing Foundation	<u>5mhf.org</u>
Minnesota Lions Vision Foundation	<u>mnlionsvisionfoundation.org</u>
MN Lions Childhood Cancer Foundation	<u>mnlionschildhoodcancerfoundation.org</u>
Project New Hope	<u>projectnewhope.net</u>
Special Olympics Minnesota	<u>specialolympicsminnesota.org</u>
TEAM Sheehan Charitable Foundations	<u>facebook.com/groups/TEAM SHEEHAN</u>
True Friends	<u>truefriends.org</u>
Youth Exchange/Youth Camps	<u>lionsclubs.org/youth/youth-camps-and-exchange</u>