



**Pil Sung Taekwondo**  
**265 OSBORNE ROAD**  
**Class schedule effective: June 2025**  
[www.pilsungtkd.com](http://www.pilsungtkd.com)

# LOUDONVILLE

## Martial Arts Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
YOUTH (5 to 12) Green to Black  4:30p to 5:15p	YOUTH (5 to 12) Green to Black  4:30p to 5:15p	YOUTH (5 to 12) White & Yellow  4:30p to 5:15p	YOUTH (5 to 12) White & Yellow  4:30p to 5:15p	By appointment	Closed
YOUTH (5 to 12) White & Yellow  5:30p to 6:15p	YOUTH (5 to 12) White & Yellow  5:30p to 6:15p	YOUTH (5 to 12) Green to Black  5:30p to 6:15p	YOUTH (5 to 12) Green to Black  5:30p to 6:15p	By appointment	Closed
ALL AGES & RANKS (5yrs and up)  6:30p to 7:15p	ALL AGES & RANKS (5yrs and up)  6:30p to 7:15p	ALL AGES & RANKS (5yrs and up)  6:30p to 7:15p	ALL AGES & RANKS (5yrs and up)  6:30p to 7:15p	By appointment	Closed
OPEN MAT PRACTICE (All age, All rank)  7:15p to 8:00p			OPEN MAT PRACTICE (All age, All rank)  7:15p to 8:00p	By appointment	Closed

## CLUB & ADDITIONAL PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	STRETCH 7:15p to 8:00p				

**Scan for Trial Special!**



4 weeks!

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Facebook

