



# Pil Sung Taekwondo

10 New Karner Rd (Karner Plaza), Guilderland, NY 12084

Class schedule effective 1/1/2019

All upcoming events: [www.pilsungtkd.com](http://www.pilsungtkd.com)

**Effective June 1, 2019**

## Little Dragons Program (3-5yo)

Monday	Tuesday	Wednesday	Thursday	Saturday
6:00p to 6:30p		6:00p to 6:30p		9:00a to 9:30a

## Martial Arts Classes

Monday	Tuesday	Wednesday	Thursday	Saturday
Youth Inter. & Advanced (Green thru Black)  4:30p to 5:15p	Youth Inter. & Advanced (Green thru Black)  4:30p to 5:15p	Youth Beginner (White & Yellow)  4:30p to 5:15p	Youth Beginner (White & Yellow)  4:30p to 5:15p	All Beginner (White & Yellow)  9:30a to 10:15a
Hanmadang Program  5:15 to 6:00p	Youth Beginner (White & Yellow)  5:15p to 6:00p	Youth Inter. & Advanced (Green thru Black)  5:15p to 6:00p	Youth Inter. & Advanced (Green thru Black)  5:15p to 6:00p	All Intermediate (Green & Blue)  10:15 to 11:00
<b>FAMILY TKD (All ages &amp; ranks)</b>  <b>6:30p to 7:15p</b>	ALL Advanced (Red & Black)  6:15p to 7:15	<b>FAMILY TKD (All ages &amp; ranks)</b>  <b>6:30p to 7:15p</b>	Teen & Adult Open (All ranks) 6:15p to 7:15p	All Advanced (Red & Black)  11:00a to 12:00p
Teen & Adult Open (All ranks)  7:15p to 8:00p	Teen & Adult Beginner & Inter. (White thru Blue)  7:15p to 8:00p	BLACK BELTS & Instructors  7:30p to 8:30p	Weapons Program  7:15p to 8:00p	Sparring Team  1:00p to 3:00p