



# Pil Sung Taekwondo

10 New Karner Rd (Karner Plaza), Guilderland, NY 12084

Class schedule effective 1/25/2021

All upcoming events: [www.pilsungtkd.com](http://www.pilsungtkd.com)

## Martial Arts Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Inter. & Advanced (Green thru Black)  4:30p to 5:15p	Youth Inter. & Advanced (Green thru Black)  4:30p to 5:15p	Youth Beginner (White & Yellow)  4:30p to 5:15p	Youth Beginner (White & Yellow)  4:30p to 5:15p	By private appt	Little Dragons (3yo & 4yo)  9:00a to 9:30a
Youth Beginner (White & Yellow)  5:15p to 6:00p	Youth Beginner (White & Yellow)  5:15p to 6:00p	Youth Inter. & Advanced (Green thru Black)  5:15p to 6:00p	Youth Inter. & Advanced (Green thru Black)  5:15p to 6:00p		All Beginner (White & Yellow)  9:30a to 10:15a
Little Dragons (3yo & 4yo)  6:00p to 6:30p	ALL Advanced (Red & Black)  6:15p to 7:15	Little Dragons (3yo & 4yo)  6:00p to 6:30p	Teen & Adult Open (All ranks)  6:15p to 7:15p		All Intermediate (Green & Blue)  10:15 to 11:00
ALL Ages & Ranks  6:30p to 7:15p	Teen & Adult (White thru Blue)  7:15p to 8:00p	ALL Ages & Ranks  6:30p to 7:15p			All Advanced (Red & Black)  11:00a to 12:00p
Teen & Adult Open (All ranks)  7:15p to 8:00p		BLACK BELTS & Instructors  7:30p to 8:30p			

## TEAM & ADDITIONAL PROGRAMS (incl w. Black Belt Club)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Sparring Team  7:15p to 8:00p		Weapons Class  7:15p to 8:00p	Hanmadang Class  5:15 to 6:00	Sparring Team  Noon to 1:00p