

# Healthy Bahamas Coalition

## January 2018

### Promotion of the Healthy Bahamas Coalition

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 New Year's Day	2	3	4	5	6
7	8	9	10 Majority Rule Day	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	NOTES				

# Healthy Bahamas Coalition

## February 2018

### Cancer Awareness

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12 Cancer Awareness SubCommittee	13	14 Mental Health Awareness SubCommittee Meeting/Physical Activity For All Ages SubCommittee Meeting	15 <b>HBC Core Committee Meeting</b>	16	17
18	19 Child & Adolescent Health SubCommittee	20 Alcohol Consumption Reduction SubCommittee	21 Tobacco Cessation & Control SubCommittee Meeting	22 Violence & Injury Prevention SubCommittee Meeting	23	24
25	26	27 Nutrition SubCommittee Meeting/Hypertension & Diabetes	28	1	2	3
4	5	NOTES				

# Healthy Bahamas Coalition

## March 2018

### Nutrition

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	1	2	3
4	5	6	7	8	9	10
11	12	13 Physical Activity For All Ages SubCommittee Meeting	14 Mental Health Awareness SubCommittee Meeting	15	16	17
18	19 Child & Adolescent Health SubCommittee	20 Alcohol Consumption Reduction SubCommittee	21 Tobacco Cessation & Control SubCommittee Meeting	22 Violence & Injury Prevention SubCommittee Meeting	23	24
25	26	27	28	29	30 Good Friday	31
1	2	NOTES				

# Healthy Bahamas Coalition

## April 2018

### Violence & Injury Prevention

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Easter Monday	3	4	5	6	7
8	9	10	11 Mental Health Awareness SubCommittee Meeting	12	13	14
15	16 Child & Adolescent Health SubCommittee/Cancer Awareness SubCommittee	17 Alcohol Consumption Reduction SubCommittee	18 Tobacco Cessation & Control SubCommittee Meeting	19	20	21
22	23	24 Nutrition SubCommittee Meeting/Hypertension & Diabetes	25	26	27	28
29	30	1	2	3	4	5
6	7	NOTES				

# Healthy Bahamas Coalition

## May 2018

### Tobacco Control & Cessation

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3 Violence & Injury Prevention SubCommittee Meeting	4	5
6	7	8	9 Mental Health Awareness SubCommittee Meeting/Physical Activity For All Ages SubCommittee Meeting	10	11	12
13	14	15 Alcohol Consumption Reduction SubCommittee	16 Tobacco Cessation & Control SubCommittee Meeting	17 <b>HBC Core Committee Meeting</b>	18	19
20	21 Whit Monday	22	23	24	25	26
27	28	29	30	31	1	2

3	4	NOTES
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# Healthy Bahamas Coalition

## June 2018

### Alcohol Consumption Reduction

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1 Randolph Fawkes Labour Day	2
3	4	5	6	7 Violence & Injury Prevention SubCommittee Meeting	8	9
10	11 Child & Adolescent Health SubCommittee	12	13 Mental Health Awareness SubCommittee Meeting	14	15	16
17	18	19 Alcohol Consumption Reduction SubCommittee	20 Tobacco Cessation & Control SubCommittee Meeting	21	22	23
24	25	26 Nutrition SubCommittee Meeting/Hypertensio n & Diabetes	27	28	29	30
1	2	NOTES				

# Healthy Bahamas Coalition

## July 2018

### National Non Communicable Diseases (NCD) Strategic Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10 <b>Independence Day</b>	11 Physical Activity For All Ages SubCommittee Meeting	12	13	14
15	16	17 Alcohol Consumption Reduction SubCommittee	18 Tobacco Cessation & Control SubCommittee Meeting	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	NOTES				

# Healthy Bahamas Coalition

## August 2018 Hypertension and Diabetes Awareness & Prevention

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6 <b>Emancipation Day</b>	7 Nutrition SubCommittee Meeting	8	9	10	11
12	13 Child & Adolescent Health SubCommittee	14	15 Tobacco Cessation & Control SubCommittee Meeting	16	17	18
19	20	21 Alcohol Consumption Reduction SubCommittee	22	23 <b>HBC Core Committee Meeting</b>	24	25
26	27	28 Hypertension & Diabetes Awareness SubCommittee Meeting	29	30	31	1
2	3	<b>NOTES</b>				



# Healthy Bahamas Coalition

## September 2018

### Mental Health

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4	5	6 HBC Executive Committee Annual General Meeting	7	8
9	10	11 Physical Activity For All Ages SubCommittee Meeting	12 Mental Health Awareness SubCommittee Meeting	13	14	15
16	17	18 Alcohol Consumption Reduction SubCommittee	19 Tobacco Cessation & Control SubCommittee Meeting	20	21	22
23	24	25	26	27	28	29
30	1	NOTES				

# Healthy Bahamas Coalition

## October 2018

### Older Persons Health

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
7	8 National Heroes Day	9	10	11	12	13
14	15 Child & Adolescent Health SubCommittee/Cancer Awareness SubCommittee	16 Alcohol Consumption Reduction SubCommittee Meeting/Nutrition SubCommittee Meeting	17 Tobacco Cessation & Control SubCommittee Meeting	18	19	20
21	22	23	24	25	26	27
28	29	30 Hypertension & Diabetes Awareness SubCommittee Meeting	31	1	2	3
4	5	NOTES				

# Healthy Bahamas Coalition

## November 2018

### Older Persons Health

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13 Physical Activity For All Ages SubCommittee Meeting	14 Mental Health Awareness SubCommittee Meeting	15 <b>HBC Core Committee Meeting</b>	16	17
18	19	20 Alcohol Consumption Reduction SubCommittee	21 Tobacco Cessation & Control SubCommittee Meeting	22	23	24
25	26	27	28	29	30	1

2	3	NOTES
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# Healthy Bahamas Coalition

## December 2018

### Physical Activity for All Ages

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10 Cancer Awareness SubCommittee	11	12 Hypertension & Diabetes Awareness SubCommittee Meeting	13	14	15
16	17	18 Alcohol Consumption Reduction SubCommittee	19 Tobacco Cessation & Control SubCommittee Meeting	20	21	22
23	24	25 <b>Christmas Day</b>	26 <b>Boxing Day</b>	27	28	29
30	31	NOTES				