

Rebecca A Cole, LCSW-S

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EDUCATION

Doctorate in Philosophy (PhD)

University of Texas at Arlington, Arlington, TX

Graduation: May 2024

Masters in Social Work (MSW)

University of Houston, Houston, TX

Graduation: May 2011

Bachelor of Arts (BA)

Stephen F. Austin State University, Nacogdoches, TX

Graduation: May 2001

RESEARCH EXPERIENCE

Doctoral Researcher - Project Coordinator

August 2020 – May 2023

School of Social Work, University of Texas at Arlington

- Recruited, screened and registered participants for qualitative research study
- Conducted qualitative interviews with participants on the subject of moral distress
- Participated in data analysis and worked collaboratively in research assignments

Doctoral Researcher - Project Coordinator

August 2020 – August 2022

School of Social Work, University of Texas at Arlington

- Conducted research with participants in the field of transportation injustice, monitor data collection and provided customer service to research participants
- Conducted weekly supervision meetings with field interns
- Completed research transportation justice and inequities

Research Assistant

May 2015 – January 2016

Graduate College of Social Work, University of Houston

- Identified the prevalence of depressive symptoms and relationship of intake variables in patients receiving acupuncture treatment at the American College of Acupuncture of Oriental Medicine
 - Identified common acupuncture and acupressure points used to treat depression in the literature and in treatment sessions based on patient records
 - Transcribed, entered, and analyzed data collected from patient assessment records
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TEACHING EXPERIENCE

Instructor – University of Texas at Arlington
SOCW 5353-004 Social Policy and Mental Health
Asynchronous

Fall 2023, Spring 2022

- Developed weekly lectures derived from assigned text books; recorded and uploaded weekly lectures
- Maintained and managed Canvas shell for the class
- Provided weekly assignments and readings

AWARDS

National Institute for Transportation and Communities

Spring 2021

University of Texas at Arlington
Total Award: \$2000

School of Social Work Graduate Research Assistantship

Fall 2020 – Spring 2023

University of Texas at Arlington
Total Award: \$12,000

Child Welfare Education Project (CWEP) Stipend

Fall 2009 – Spring 2011

University of Houston
Total Award: \$18,000

ACADEMIC SERVICE

MSW Field Instructor

August 2020 – May 2023

Baylor University

- Provide supervision and feedback to students in MSW field placement
- Met weekly and processed weekly experiences in placement with student
- Support student in meeting goals on field placement contract
- Participate in scheduled meetings with field staff and field instructor to discuss student's progress and development

Treasurer and Social Media Specialist

August 2022 – May 2023

Gerontology Organization

University of Texas at Arlington School of Social Work

- Coordinate and track funds allotted to the Gerontology Organization
- Create and design meeting fliers
- Coordinate meetings, send meeting notices to members

Social Media Specialist

August 2021 – May 2022

Doctoral Student Association

University of Texas at Arlington School of Social Work

- Managed social media accounts
- Created content to reflect experiences in the PhD program and academia

CONFERENCES

Fantus, S., Chakraborty, P., **Cole, R.** (August 2022). *Acts of Moral Resilience to Reduce Moral Distress: Narratives of Healthcare Chaplains*. [Conference Abstract] Rediscovering the Art of Chaplaincy, 2023 Association of Professional Chaplains Annual Conference. Houston, Texas, United States.

Cole, R., Fantus, S., Hawkins, L., & Chakraborty, P. (October 13, 2022). *Understanding the Self-Care Needs of Social Workers During the Pandemic*. [Conference Presentation]. National Association of Social Workers Texas Hybrid Conference, Galveston, Texas, United States.

Cole, R., (2022, March 29). *The Dissemination of Mental Health Crises Resources: A Content Analysis Approach*. [Poster Presentation]. Addiction & Recovery Workforce Symposium. Graduate School of Social Work. Arlington, Texas, United States

Cole, R., (February 2022). *Accessing Mental Health Crisis Intervention Services: A Content Analysis Approach*. [Conference Poster Abstract]. CSWE 68th Annual Program Meeting. Anaheim, California, United States.

Fantus, S., Hawkins, L., & **Cole, R.**, (2022, April 21-23). *The Impact of the Covid-19 Pandemic on Healthcare Social Workers' Experiences of Moral Distress: The Role of Social Justice and Community Health* [Conference presentation]. SSSA 2022 Annual Meeting, San Antonio, TX, United States.

Cole, R., Fantus, S., Hawkins, L., & Chakraborty, P. (2022) *Understanding the Self-Care Needs of Social Workers During the Pandemic*. [Conference Abstract]. National Association of Social Workers Texas Hybrid Conference, Galveston, Texas, United States.

Fantus, S., **Cole, R.**, Hawkins, L., & Chakraborty, P. (2022). *Evidence-Informed Strategies to Mitigate the Negative Effects of Social Worker's Moral Distress* [Conference presentation abstract]. Twenty-seventh annual conference of the Society for Social Work and Research, Phoenix, Arizona, United. States.

Cole, R. & Fantus, S. (2022) *Exploring the Self-Care Practices in Response to the Covid-19 Pandemic: A Qualitative Study* [Conference presentation abstract]. Twenty-seventh annual conference of the Society for Social Work and Research, Phoenix, Arizona, United. States.

Fantus, S., **Cole, R.**, & Hawkins, L. (2021) The impact of the COVID-19 pandemic on healthcare social workers' experiences of moral distress: The role of social justice and community health. Southwestern Social Scientist Association Annual Meeting.

Highfill, M. C., O'Dell, A. G., **Cole, R.**, Gudipati, N.R., Fields, N.L., Cronley, C.M., Mattingly, S., & Iroz-Elardo, N. (2021, September.) Paving the way with mobile data collection strategies: A scoping review and implications for transportation equity. Center for Advancing Transportation Equity/Transportation Research Board, Washington DC. [virtual]

O'Dell, A. G., Highfill, M. C., Gudipati, N., **Cole, R.**, Cronley, C. M., Fields, N., Mattingly, S., Iroz-Elardo, N. (2021, September 13). MyAmble: A Smartphone App to Explore Latent Travel Demand among Environmental Justice Populations. State-of-the-Art demonstration presented at the Conference on Advancing Transportation Equity, Online.

PUBLICATIONS

Fantus, S., **Cole, R.**, Hawkins, L., & Chakraborty, P., (2022) “Have they talked about us at all?” The moral distress of healthcare social workers during the Covid-19 pandemic: A qualitative investigation in the state of Texas. *The British Journal of Social Work*. Under Review.

Cronley, C., O’Dell, A., Fields, N., Mattingly, N., Iroz-Elardo, N., Highfill, C., **Cole, R.**, & Stringfellow, MK., (2022). Designing and Evaluating a Smartphone App to Increase Underserved Communities’ Data representation in Transportation Policy and Planning. *Case Studies on Transport Policy*. Under Review.

Fantus, S., **Cole, R.**, & Hawkins, L., (2022). “The hierarchy is your constraint:” a qualitative investigation of social workers’ moral distress across a U.S. health systems. *Social Work in Health Care*, 1-25. doi: 10.1080/00981389.2022.2128156

Cole, R., Fantus, S, Hawkins, L, & Chakraborty, P., (Writing) Meditating and Exercise Self-Care Practices: Not for Healthcare Social Workers.

Fantus, S., **Cole, R.**, Chakraborty, P. & Hawkins, L. (Under Review) “An emotional tug of war within me:” A qualitative study on reducing the moral distress of social workers and chaplains in a southern U.S. academic medical center.

Highfill, M. C., O’Dell, A. G., **Cole, R.**, Fields, N., Cronley, C. M., & Mattingly, S. (Writing). Paving the way with mobile data collection strategies: A scoping review and implications for transportation equity.

Cole, Rebecca. (Writing). Exploring the Police Officer’s Experiences and Identifying the Barriers Encountered as a Provider of Mental Health Services.

Cole, R., & Fields, N. (Writing). Accessing Mental Health Crisis Intervention Services: A Content Analysis Approach.

Cole, R., Fantus, S., & Hawkins, L. (Writing). A Reconceptualization of the Social Work Self-Care Model.

PROFESSIONAL - PRACTICE EXPERIENCE

Crisis Intervention Response Team Clinician

October 2016 – September 2020

The Harris Center

- Paired with specialized law enforcement officer responding to mental health crisis calls in the community
- Provided crisis intervention to persons in the community
- Conducted mental health assessments using the DSM-V
- After officer determined individual met criteria for emergency detention order, I initiated admission to facility for psychiatric evaluation
- Provided resources and service linkage
- Provided psychoeducation on illness and resources
- Provided crisis intervention on site to individuals and families

- When families and caregivers of persons in crisis required support, provided service referrals, agency referrals, and set appointments based on needs

Master Response Clinician

February 2015 – October 2016

Memorial Hermann Hospital Systems – Baker Street Inmate Referral Clinic

- Co/led this pilot program, completed psychosocial and needs assessments on individuals released from Harris County Jail
- Provided psychoeducation on illness, symptoms, and medications
- Completed referrals for mental health services and community services linkage
- Maintained data base of community referrals and contacts for referrals

Master Response Clinician

May 2012 – January 2020

Memorial Hermann Hospital Systems – Psychiatric Response Team

- Intervened with Patient's with psychosocial needs and provided brief intervention
- Assessed and diagnosed utilizing DSM-V and other psychosocial assessment tools
- Administered psychometric testing to assist with the assessment process
- Evaluated children ages 3 and up, adults and geriatric populations
- Assessed patients with complex co/morbidities and co/occurring disorders
- Liaised with multidisciplinary medical team
- Made treatment recommendations and provided brief intervention solutions
- Provided psychoeducation on patients' illness with recommendations
- Determined and facilitated mental health warrant paperwork
- Facilitated transfers of patients for inpatient psychiatric hospitalization, voluntary or involuntary treatment
- Coordinated and/or make referrals using patient resources and environmental information

MEDIA APPEARANCES/INTERVIEWS

Interview with Stephanie Lamm and Alex Stuckey (March 31, 2022). *Texas Schools don't have enough mental health providers. As leaders fail to fix it, kids suffer.* Houston Chronicle.

Interview with Chelsea Jones-Bibbs (November, 2017). *Meet Rebecca Cole.* African American News & Issues.

PROFESSIONAL LICENSE

License Clinical Social Worker - Supervisor **Effective June 2021 – Expires June 30, 2023**
Texas Board of Social Work Examiners #55666

PROFESSIONAL AFFILIATIONS

National Association of Social Workers – Texas Chapter

National Association for Advancement of Colored People – Houston Chapter