

Week 1: 8/4 - 8/7 (M - Th)
Week 2: 8/11 - 8/14 (M - Th)

Week 1: 8/8 (F)
Week 2: 8/15 (F)

START	END	MITE/6U/8U	SQUIRT	PEEWEE	BANTAM			START	END	MITE/6U/8U	SQUIRT	PEEWEE	BANTAM	
08:00	08:15	ICE 1 Rink: SPR 8:00 - 9:00 am	ATHLETICISM Sanford POWER 8:00 - 9:00 am					08:00	08:15	ICE - 5v5 SCRIMMAGE Rink: SPR 8:00 - 9:00 am				
08:15	08:30							08:15	08:30				ICE - 5V5 SCRIMMAGE Rink: FNR 8:15 - 9:15 am	
08:30	08:45							08:30	08:45					
08:45	09:00							08:45	09:00					
09:00	09:15	CHANGE/SNACK (ICE CUT)	CHANGE/SNACK (ICE CUT)					09:00	09:15	(ICE CUT)				
09:15	09:30	ATHLETICISM Sanford POWER 9:15 - 10:15 am	ICE 1 Rink: SPR 9:15 - 10:15 am					09:15	09:30		ICE - 5v5 SCRIMMAGE Rink: SPR 9:15 - 10:15 am	(ICE CUT)		
09:30	09:45							09:30	09:45				ICE - 5V5 SCRIMMAGE Rink: FNR 9:30 - 10:30 am	
09:45	10:00							09:45	10:00					
10:00	10:15							10:00	10:15					
10:15	10:30	RE-FUEL	RE-FUEL & CLASSROOM					10:15	10:30		(ICE CUT)			
10:30	10:45	10:15 - 10:45 am	10:15 - 10:45 am					10:30	10:45				(ICE CUT)	
10:45	11:00	ICE 2 Rink: FNR 10:45 - 11:45 am	OFF-ICE SKILL & SHOOTING 10:45 - 11:45 am	ATHLETICISM				10:45	11:00					
11:00	11:15			Sanford POWER				11:00	11:15					
11:15	11:30			10:30 - 11:30 am				11:15	11:30					
11:30	11:45					CHANGE/SNACK (ICE CUT)		11:30	11:45					
11:45	12:00	CHANGE/SNACK (ICE CUT)	CHANGE/SNACK (ICE CUT)					11:45	12:00					
12:00	12:15	OFF-ICE SKILL & SHOOTING 12:00 - 1:00 pm	ICE 2 Rink: FNR 12:00 - 1:00 pm	ICE 1				12:00	12:15					
12:15	12:30			Rink: SPR				12:15	12:30					
12:30	12:45			11:45 - 12:45 pm				12:30	12:45					
12:45	01:00					RE-FUEL & CLASSROOM		12:45	01:00					
01:00	01:15			12:45 - 1:15 pm				01:00	01:15					
01:15	01:30			OFF-ICE SKILL & SHOOTING 1:15 - 2:15 pm	ICE 1 Rink: SPR 1:00 - 2:00 pm			01:15	01:30					
01:30	01:45							01:30	01:45					
01:45	02:00							01:45	02:00					
02:00	02:15					CHANGE/ICE CUT		02:00	02:15					
02:15	02:30			CHANGE/SNACK (ICE CUT)				02:15	02:30					
02:30	02:45			ICE 2 Rink: FNR 2:30 - 3:30 pm	ATHLETICISM Sanford POWER 2:15 - 3:15 pm									
02:45	03:00													
03:00	03:15													
03:15	03:30					RE-FUEL & CLASSROOM								
03:30	03:45					3:15 - 3:45 pm								
03:45	04:00					OFF-ICE SKILL & SHOOTING 3:45 - 4:45 pm								
04:00	04:15													
04:15	04:30													
04:30	04:45					CHANGE/ICE CUT								
04:45	05:00													
05:00	05:15													
05:15	05:30					ICE 2 Rink: FNR 5:00 - 6:00 pm								
05:30	05:45													
05:45	06:00													
06:00	06:15					ICE CUT								