



2025-2026 FALL RECREATIONAL SCHEDULE

Please note that class times are subject to change.

Dancers will be placed in recreational classes according to age but, can be moved up if deemed necessary by IDC staff.

Competitive Dance Tech classes will be open to qualified students.

Recreational Dance & Tumble Ages 2-5

Monday

6:00pm-6:45pm Shooting Stars 3-7
*PRE-COMP Class w/Miss Trista. Students will do
 1 local competition in May.
 No Try Out Needed.*

Wednesday

6:15pm-7:00pm Little Stars Age 2-5

Thursdays

5:30pm-6:00pm Tumble Age 2-5
 6:00pm-6:45pm Little Stars Age 2-5

Recreational Dance & Tumble Ages 8-11

Tuesday

5:15pm-5:45pm Hip Hop Age 9 & under
 6:15pm-7:00pm Ballet Age 8-11
 7:00pm-7:30pm Tumble Age 8-11
 7:15pm-7:45pm Musical Theater Age 5 & up

Wednesday

6:30-7:00pm Rec Tumble 8 & up

Thursday

6:45-7:30pm Jazz/Tap Age 8 & up
 7:30pm-8:00pm Poms 8 & up

Recreational Dance & Tumble Ages 5-7

Tuesday

5:15pm-5:45pm Hip Hop Age 9 & under
 5:30pm-6:15pm Ballet Age 5-7
 6:15pm-7:00pm Jazz/Tap Age 5-7

Wednesday

6:30-7:00pm Tumble Age 5-7
 7:15pm-7:45pm Musical Theater Age 5 & up

Recreational Dance & Tumble Ages 12 & up

Wednesday

6:30-7:00pm Rec Tumble 8 & up

Thursday

6:45pm-7:30pm Rec Jazz/Tap 8 & up
 7:30pm-8:00pm Poms 8 & up

COMPETITIVE TECHNIQUE CLASSES

If your dancer is interested in more advance technique classes we will be offering those as well. We will have our competitive class schedule available . Contact us for more information. @
 inspiredanceinfo@gmail.com

ADULT DANCE FIT

A Fun class dancing to music exploring several styles of dance for strength and cardio!

Monday 6:45pm-7:15pm