

LA QUINTA COLUMNA - PROTOCOL FOR ELIMINATING GRAPHENE OXIDE FROM THE JABBED

Ricardo Delgado discusses what they find works. Following this protocol for 2 weeks, someone who has had 2 doses of Pfizer will have no more magnetism.

Protocol:

1. N.Acetylcysteine (NAC) 750mg a.m. for best absorption. NAC makes glutathione for the body and it is completely used.
2. Glutathione (not as good as NAC with 25-30% absorption only but can alternate with NAC.
3. Zinc 50mg - a.m.
4. Astaxanthin 5mg (another powerful antioxidant - also improves eyesight)
5. Quercetin - raises glutathione levels and a good antioxidant in general
6. Vitamin D3 (or 30 mins morning sun)
7. Milk Thistle - liver and stomach protector. Good antioxidant.
8. Melatonin 1mg - take at night before bed. Radio-protective. EMF inhibit melatonin.

Other antioxidants work but NAC / glutathione / zinc work the best.

NOTE: 5G-radio-frequency towers emit radiation that allows graphene oxide toxicity to increase. In just a few hours, a person can experience an inflammatory syndrome, immune system collapse, oxidative stress, cytokine storm, bilateral pneumonia. If graphene oxide moves from the arm to the head after the vax there will be neurological symptoms.