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The image displays a musical score for the hymn "Our Help is from the Lord." It is written in 4/4 time and features a melody and a harmony. The melody is written in the treble clef, and the harmony is written in the bass clef. The key signature is one sharp (F#), and the time signature is 4/4. The lyrics are: "Our help is from the Lord, our help is from the Lord, who made heav - en and earth. —". The score includes guitar chords: Em, Bm7, C, G, and Am7. The melody and harmony are written in a simple, accessible style, suitable for a children's songbook.

1 D sus4 D *D.C.* 2-5 D sus4 D to Verses Final D sus4 *rit.*

1 *D.C.* 2-5 to Verses Final *rit.*

322

VERSES

1. I lift up my eyes toward the moun - tains;
 2. 3 May he not suffer your foot to slip;
 3. The LORD is your guardian; the LORD is your shade; he is be -
 4. The LORD will guard you from all e - vil;

1. whence shall help come to me? My help is from the
 2. may he slumber not who guards you: in - deed he neither slumbers nor
 3. side you at your right hand. The sun shall not harm you by
 4. he will guard your life. The LORD will guard your coming and your

1. LORD, who made heav - en and earth. _____
 2. sleeps, the guardian of Is - ra - el. _____
 3. day, nor the moon by night. _____
 4. going, both now and for - ev - er. _____

(a tempo)

D.C.

(a tempo)

D.C.