



expressions

DANCE STUDIO

STUDIO HANDBOOK

2025-2026



*Celebrating our
Jackpot Season!!!*

#expsn21



STUDIO INFORMATION

When choosing a dance studio for your family, carefully consider all aspects of dance... curriculum, instruction, staff, facility and customer service. Try a class for FREE prior to registering and see what makes Expressions Dance Studio a QUALITY dance school!

Communication



The studio will need an active email account for each family. Updates, information and newsletters/memos are sent via email. Paper copies will be posted at the studio. Follow us on social media (Facebook and Instagram) to stay up-to-date on the latest news and information. Staff and instructors are always available to talk. Please schedule a time to meet instead of conferencing between classes. Often times, our instructors have another class waiting and cannot afford to lose valuable instruction time. If you have any questions or concerns, please see a staff member or call/email the studio. Studio office hours are Tuesdays - Thursdays 10am-1pm (afternoon office hours are subject to change during class hours).

Download the Expressions Studio App for real-time updates! This is a place to check schedules and studio events with just a look on your phone or mobile device. It is also accessible by computer.

Tuition and Payments

Tuition is an annual fee, broken into monthly installments to accommodate months with more weeks (closings, holidays and extra rehearsals are included in your tuition). TUITION IS NON-REFUNDABLE. You may choose to pay your tuition by credit/debit card, cash or check each month. Tuition is due by the 5th of every month. A \$10 late fee will automatically be added to your account on the 6th. If a dancer needs to drop a class, a two-week written notice is required to the studio office. At that time, accounts can be updated and any outstanding balances will need to be resolved. Accounts past due by 30 or more days are subject to an additional late fee of 10% (\$10 minimum) of the past due balance.

- Credit Card On File: Each family must have a credit card on file. Any overdue fees will be automatically run with the card on file. You can also store your card information online through The Studio Director.
- Online Payments- You can pay all payments online. You can even auto-draft tuition.
- Registration Fee (non-refundable): \$40 (\$5 discount for each additional child)
- Tuition Discounts: Male dancers receive a 50% discount; Families with more than one dancer will receive our 5% Family Discount for each additional dancer; Semester Payment Discount of 5%; Yearly Payment Discount of 10% (these payments are non-refundable)
- Additional classes: Total hours per dancer will use the tuition sliding scale (posted on the website)
- Multiple class discount: ask for details

Annual Spring Recital & Showcase

All dancers are invited and encouraged to participate in our annual recital and showcase. This is a fun way to celebrate the end of the season and how much your dancer has grown. Specific dates will be announced at a later date; however, we plan our recital at the end of May/early June. There is a mandatory recital fee for each dancer- \$70; families with multiple siblings- \$35/additional dancer. This fee includes a recital t-shirt, trophy and tickets to the show. If your dancer will NOT be participating in the recital, we must have that notice in writing before costume & recital fees are applied.

Recital Costumes

Dancers participating in the recital and showcase will need to purchase a costume(s) for their performances. Non-refundable costume balances are due by December 31, 2025 and can be paid in monthly installments from September - December. Costumes cannot be ordered until the payment has been made. If the payment is not made in a timely manner, there is a risk that the dancer will not have a costume in time for the performance. This is a separate fee from the "Recital Fee." If your dancer will NOT be participating in the recital, we must have that notice in writing before costume & recital fees are applied.

Expressions Dance Company

Our competition team, EDC, is comprised of advanced-level dancers, ages 4 and up. These dancers train extensively at the studio and workshops in all studies of dance. They compete and perform regionally and nationally throughout the year. If you are interested in becoming a part of Expressions Dance Company, please speak with a staff member. Placements are by audition only; auditions are held in June/July.

CLASS INFORMATION

At Expressions Dance Studio, every dancer is a STAR! We have a class for every dancer, from beginner to advanced, recreational or competitive.

Classes

We offer classes for dancers ages 9 months and up in Ballet, Pointe, Lyrical, Contemporary, Tap, Jazz, Hip-Hop and Tumbling. Private lessons and studio rental/events are also available. Our season runs from September - May/June. We offer summer class sessions during the months of June & July, but these classes will have a new and separate registration season.

- **Wiggles + Giggles, ages 9 months- 2 years...** An introductory infant/toddler class where a parent, guardian or caretaker joins in for a fun dance class! Wiggles + Giggles is a dance, movement and song class designed to introduce our little ones to the studio and making sure they feel comfortable before our Tiny Tots and Preschool dance classes. It will also be a wonderful way to connect with other families in our community! (\$15 pay-by-class option or \$55 monthly tuition, for both dancer and parent)
- **Tiny Tots, ages 2-3...** This is a 30-minute Ballet and Creative Movement/Tumbling class for our tiniest dancers. This class incorporates creative movements and play with the fundamentals of dance. (30 minutes, \$55 per month)
- **Preschool, ages 3-4...** The preschool course is a 45-minute class for ages 3 to 4 in a creative and motivating atmosphere, to teach your little dancer the fundamentals of ballet, tap and creative movement. (45 minutes, \$63 per month)
- **Preschool Tumble, ages 3-4...** An introduction to floor tumbling for our tiniest dancers. This class will focus on tumbling, flexibility and gross motor skills (30 minutes, \$55 per month)
- **Primary 1, ages 5-6...** This is an upbeat and fun environment to learn beginning/intermediate level technique in ballet and tap, with an introduction to jazz. (1 hour, \$68 per month)
- **Primary 2, ages 6-7...** Primary 2 is a continuation of building intermediate-level techniques in ballet and tap, with an additional focus on jazz technique. (1 hour 15 minutes, \$78 per month)
- **Broadway Bound: Intro to Musical Theater, ages 5-7, 8-10...** An introductory musical theater class-dancing, acting and singing your favorite Broadway hits! (30 minutes, \$55 per month)
- **Intermediate 1 & 2, ages 8-10, 10-12...** A beginning/intermediate level class, this will focus on building technique and style in ballet, tap and jazz, with an introduction to lyrical, in a fun and encouraging atmosphere. (1 ½ hours, \$83 per month)
- **Teen, ages 13+...** This is a class that provides intermediate-level technique in ballet, lyrical, tap and jazz in an encouraging and positive setting. (1 ½ hours, \$83 per month)
- **Primary Jazz & Hip-Hop, ages 5-7...** An introductory class in jazz and hip-hop fundamentals, focusing on stretch, warm-up, isolations, progressions, combos and more! (45 minutes, \$63 per month)
- **Primary Hip-Hop, ages 5-7...** Our primary hip-hop class is a fun and age-appropriate introduction to all of the latest hip-hop styles and moves. (30 minutes, \$55 per month)
- **Intermediate Hip-Hop, ages 8-12...** This is a continuation of our age-appropriate exploration into various styles of hip-hop. (30 minutes, \$55 per month)
- **Teen Hip-Hop, ages 13+...** The teen hip-hop class is very high energy, focusing on various skills and styles found in hip-hop. (30 minutes, \$55 per month)
- **Boyz Crew (Hip-Hop), ages 5-7, 8+...** A class designed just for the BOYZ! Dancers will learn the fundamentals of hip-hop, in a fun, high-energy atmosphere. (30 minutes, \$27.50 per month)
- **Tumble Classes, ages 5 and up...** placement is by age & ability, see a staff member for level requirements (45 minutes, \$63 per month)
- **Company Technique/Ballet Classes...** see staff for placement

Our Mission

Expressions Dance Studio will work together with students, families, staff and the community to ensure a quality, innovative dance education program for the recreational to the professional dancer. We strive to build confidence and self-esteem in each dancer through the outlet of dance.

What sets our studio apart?

We have a curriculum-based instruction, where our instructors have a love for dance and for children that is shown through their instruction in the classroom. Each class syllabus is designed with children in mind, developing their minds and bodies, that is age and developmentally appropriate. We focus on teaching the fundamentals of dance with proper technique. Thank you for choosing Expressions Dance Studio, and for sharing your children and memories with us!

Expressions Staff

Our staff is highly qualified with many years of experience in all areas of dance and tumbling. We are continually training and taking classes from world-renowned instructors from all over the world. Our instructors are loving dance teachers and always keep your child's best interest at heart.

Calendar

**calendar subject to change*

For the most part, we follow the Lincoln County Schools' schedule pertaining to holidays and breaks. We do not close for teacher workdays. In the case of inclement weather, please stay tuned to studio communication platforms.

August 16: Open House + Registration at Main Location, 10am-12pm

September 2: NEW 2025-26 CLASSES BEGIN!

September 22-27: Go Gold Spirit Week & Bring-A-Friend

Oct. 24-30: Costume & Treat Week (Closed October 31)

Nov. 26-29: Thanksgiving Break~ Studio Closed

December: Recital Costume Balances due by December 31

December 12-14: Lincoln County Cultural Center Nutcracker Performances

Dec. 6: Denver Christmas Parade

Dec. 13-19: In-Class Performances (recital classes)

Dec. 20-Jan. 4: Winter Break~ Studio Closed

January 5: Classes resume

April: Recital Fee Due

April 4-10: Spring Break~ Studio Closed (Classes resume April 11)

May: Recital Ads Due

May 18-23: Last week of 2025-2026 Classes

May 25: Memorial Day~ Studio Closed

May 26-28: Recital Pictures

May 29-31: Recital/Showcase- times TBA